ANNUAL 40-HOUR VIRTUAL AND IN-PERSON PROGRAM

LOWER EXTREMITY MEDICINE AND SURGERY



ANNUAL 40-HOUR VIRTUAL AND IN-PERSON PROGRAM

LOWER EXTREMITY MEDICINE AND SURGERY





Presented by ACLES • American College of Lower Extremity Surgeons



Unparalleled excellence in medical education

Past attendees will tell you: the annual ACLES 40-Hour Program is a medical educational experience like no other! You'll find no other course in foot and ankle surgery compares with the high-level collegial experience an ACLES meeting provides. You'll train and consult with the nation's leading educators and practitioners of lower extremity medicine and surgery in a relaxed, intimate environment that promotes engagement between presenters and attendees. The 40-hour program features regular opportunity for one-on-one learning in structured lecture sessions, discussions, and workshops. Course content addresses every aspect of lower extremity surgery, from diagnosis to post-operative care. The wide-ranging content enables experienced professionals to stay current with trends and developments in the field, and allows most physicians to acquire their annual requisite CME credits in a single weekend.



Who should attend?

- Podiatrists
- Orthopedic Surgeons
- Osteopaths

...who perform surgery of the foot, ankle or leg, their support teams, and other allied professionals with an interest in lower extremity surgery.



Only 200 conference spaces are available Be sure to reserve your place now — Register TODAY!

Collaborating Society



2023 SPONSORS

BRONZE SPONSOR



Choose Joint Peservation Over Joint Fusion

EXHIBITORS









Bring your tough cases to the Thursday night dinner, case presentation and discussion!**

The 6:00-10:00 pm Thursday evening case presentation and discussion is an excellent opportunity for attendees of the conference to share their own difficult cases with fellow professionals. This is always an interesting and dynamic learning experience for everyone involved! Bring in your own laptop or stick drive to present your case on screen. Dinner and beverages will be provided, and attendees will enjoy time to engage one-on-one with conference speakers.

Accreditation Statement



This activity is been planned and implemented in accordance with the standards and requirements for approval of providers in continuing education in podiatric medicine through a joint provider agreement between ASCENSION SAINT JOSEPH - CHICAGO whereas the American College of Lower Extremity Surgeons is the joint provider.

ASCENSION SAINT JOSEPH - CHICAGO is approved by the Council on Podiatric Medical Education as a provider of continuing education and podiatric medicine.

ASCENSION SAINT JOSEPH - CHICAGO has approved this activity for a maximum of 40 continuing education contact hours.

ANNUAL 40-HOUR VIRTUAL AND IN-PERSON PROGRAM

LOWER EXTREMITY MEDICINE AND SURGERY

FACULTY

DAN ARONOVITZ, DPM grew up in Bloomfield Township and spent his undergraduate education years between the University of Arizona and Michigan State University. He went on to Podiatry school in Cleveland and completed his formal residency training in the St. John Health System, in 1988. Dr. Aronovitz is a second-generation foot and ankle specialist. He worked with his father in Warren, MI where he still maintains an office. He has served on residency training committees, national drug advisory panels and has been a director of the residency-training program in the St. John Health System. Dr. Aronovitz is board-certified with the American Board of Podiatric Surgery. He enjoys being able to help people to better foot and ankle health through a wide variety of treatments.

MICHAEL E. DEMI, RN, CPC, CHC, CPMA, CSFAC is a senior consultant with Medical Compliance Associates, Inc., a Jacksonville, Florida based medical billing, coding, and documentation consulting firm. Prior to joining the firm in 2015, Mike was a registered critical care nurse in the University of Florida health system in Jacksonville. He brings valuable clinical insight from his time working in the trauma surgery and cardiac units at a 750-bed hospital. Mike is a Certified Professional Coder (CPC), Certified Medical Auditor (CPMA), and Certified Surgical Foot and Ankle Coder (CSFAC) through the American Academy of Professional Coders. Mike is also certified in Healthcare Compliance (CHC) through the Health Care Compliance Association and is a member of the American Association of Critical Care Nurses and the Association of Certified Fraud Examiners.

G. "DOCK" DOCKERY, DPM, FACFAS, is a Fellow and Past Board of Director of the American College of Foot & Ankle Surgeons. He is a Fellow of the American Society of Foot & Ankle Dermatology, the American College of Podiatric Medicine and the American College of Foot and Ankle Pediatrics. Dr. Dockery is Board Certified in Foot and Ankle Surgery by the American Board of Foot & Ankle Surgery and is Board Certified in Podiatric Orthopedics by the American Board of Podiatric Medicine. He is a Distinguished Practitioner in the Podiatric Medicine and Surgery Division of the National Academies of Practice. He was voted "One of America's 175 Most Influential Podiatrist" of 2006 and voted as "Movers and Shakers: America's Most Influential Podiatrists" in 2012, by the Podiatry Management Magazine Editors & Advisors. He has published more than 152 scientific articles in peer-reviewed medical journals and he founded the International Foot & Ankle Foundation for Education and Research in 1979 and is currently the Chairman of the Board and the Director of Scientific Affairs of that organization.

ROBERT W. GIERING, MD, MS is a board-certified physician in both Physical Medicine & Rehabilitation and Pain Management. He is currently the medical director and owner of Taconic Spine, a spine center of excellence in Manchester Center, Vermont. Dr. Giering specializes in developing optimized nonsurgical treatment options for spine and chronic pain conditions.

DAY 1	Thursday, April 27
7:00 – 7:45 am	Registration
8:00 – 9:00 am	William J. Sarchino, DPM Hallux Rigidus Solutions
9:00 - 10:00 am	Dedrie Polakof, DPM Forensic medicine for Podiatric consultations
10:00 am – Noon	 Steve Kravitz, DPM, FAPWHc You CAN do it, but SHOULD you? Review of Case Complication of Sclerotherapy Compression Therapy: Management and the Physiologic Response to Venous Disease and Ulcer Healing
Noon	LUNCH
1:00 - 3:00 pm	Edward Glaser, DPM Biomechanics of the Foot - MASS Posture Theory Introducing a New Break in Period Paradigm - RRR
3:00 - 5:00 pm	Mike Demi, RN, CHC, CPC, CPMA, CSFAC • Surgical Dressings • Skin Substitutes
5:00 - 6:00 pm	Mary Schuh, DPM Ultrasound 101

Dinner and Resident presentations - 6:00 - 10:00 pm

Complications Discussion Residents:

- Harris Khan, OCD Repair
- Nil Patel, Case Report on Spindle Cell Lipoma and Deepithelialized Flap
- Shiori Takashima, Achilles repair
- Ahanth Vedanthan, SILO technique for Calcaneal Osteomyelitis

FACULTY

EDWARD S. GLASER, DPM is a dynamic lecturer and researcher in Foot Biomechanics. He studied mechanical engineering at SUNY Stonybrook and received his doctorate in podiatric medicine at the New York College of Podiatric Medicine. Although not a common path for a podiatrist, it turned out to be the right exposure for a future foot biomechanistic. Dr. Glaser developed a thriving practice over thirteen years and then chose to walk away from that success to challenge orthopedic conventions with his revolutionary MASS Posture Theory. 30 years and over a Million Pairs of Orthotics later, Dr. Glaser has made his life'smission a reality with Sole Supports: 'We make people better'.

BRIAN GOLDSTEIN, DPM is board certified and has hospital affiliations with Roxborough Memorial Hospital and Suburban Community Hospital. He has been in practice since 1988. Dr. Goldstein received his master's degree from Temple University and attended medical school at Temple University School of Podiatric Medicine in Philadelphia. After graduating in 1985, he completed his residency in Philadelphia, PA.

MATTHEW HOLTZMAN, MD specializes in General Neurology. He is certified by the American Board of Psychiatry and Neurology. His special interests include Multiple Sclerosis, Parkinson's Disease, Epilepsy, Dementia, Migraine, Fibromyalgia/Chronic Pain, Neck/Back Pain, Stroke, Polyneuropathy, Myasthenia Gravis, Myopathies, Traumatic Brain Injuries/Concussions, and Traumatic/Repetitive use Nerve Injuries.

STEVEN R. KRAVITZ, DPM, FAPWHc, FACFAS is a

Diplomate of the American Board of Foot and Ankle Surgery and the American Board of Podiatric Medicine. He is also a Fellow of the American College of Foot and Ankle Surgeons, and Certified in Wound Healing by the Council for Medical Education and Testing. He is the Founder and President of the Academy of Physicians in Wound Healing (APWH) and the Council for Medical Education and Testing (CMET). He is an Assistant Professor for the Advanced Wound Healing Center, Temple University School of Podiatric Medicine where he has served continuously as faculty for 35 years. He continues to do research and author multiple articles; he is an internationally known speaker on wound healing and related topics.

BRYAN C. MARKINSON, DPM is the Chief of Podiatric Medicine and Surgery and Associate Professor in the Leni and Peter W. May Dept. of Orthopedic Surgery of the Icahn School of Medicine at Mount Sinai in New York City. He is certified by the American Board of Podiatric Medicine. Dr. Markinson founded the Podiatric Pathology service at the Mount Sinai School of Medicine. Currently, he is an instructor in the Department of Dermatologic Surgery and Team Member of the Skin Cancer and Melanoma Unit of the Tisch Cancer Center. He is a frequent lecturer nationally on various aspects of podiatric dermatology and nail pathology. In 2004, he was elected to the Board of Trustees of the Council for Nail Disorders, a position he still holds His areas of special interest are skin and nail fungal infections, pedal melanoma, soft tissue masses, pedal dermatitis, longitudinal melanonychia, and podiatric dermatological risk management.

7:30 – 8:30 am	Alex Makenna, DPM
	Tarroad a a alitia na

DAY 2

Tarsal coalitions

8:30 - 10:30 am **David Yeager, DPM**

Implementing MIS surgery Into Your Practice

• Cartilage Replacement in Our Patients

10:30 am - Noon Daniel Schulman, DPM

 Highly Versatile Fixation Method for Forefoot Reconstruction (Primary and Revision)

• Using Human Allograft Cortical Bone Pins

Noon	LUNCH	
1:00 - 2:00 pm	Matthew Holtzman, MD Topics in Neurology	
2:00 - 4:00 pm	 Dock Dockery, DPM Cutaneous Biopsy Techniques: When, Where, and Why Pediatric Dermatology 	?
4:00 - 5:00 pm	Bryan Markinson, DPM	

Interesting Podiatric Cases Part 1







FACULTY

ALEX MCKANNA, DPM received his BS in biology with two minors in chemical instrumental analysis and Spanish at the University of St. Francis in Joliet, IL and attended medical school at Dr. William Scholl College of Podiatric Medicine in Chicago, IL. After graduating in 2015, he completed a three-year residency at Franciscan Health/Midwestern University. He is board qualified by the American Board of Foot and Ankle Surgery in foot surgery and rearfoot and ankle reconstruction. He has a special interest in pediatric podiatry focusing on lower extremity conditions in children. He has professional memberships with the Illinois Podiatric Medical Association, the Association of Extremity Nerve Surgeons, the American College of Foot and Ankle Surgeons, and the American Podiatric Medical Association. He specializes in diabetic wound care and limb salvage and has been in practice since

DAVID NOVICKI, DPM is an assistant professor of surgery, Yale University School of Medicine, Department.

NADEER A. PIRANI, MD, FRSCPS is a radiologist in North Las Vegas, Nevada and is affiliated with multiple hospitals in the area, including North Vista Hospital and St. Rose Dominican Hospitals-Siena Campus. His research objectives include: Diagnostic Radiology/Cardiovascular Imaging, Clinical Vascular & Interventional Therapies, Interventional Oncology/ Minimally Invasive Tumor Therapies, Wound Care, Hyperbaric & Vascular Medicine

DEDRIE M. POLAKOF, MD, DPM is a Podiatry specialist in Surprise, Arizona. She attended and graduated from Ohio College Of Podiatric Medicine in 1982, having over 40 years of experience.

WILLIAM J. SARCHINO, DPM, FAPWHc, FACLES, FRCPS is President of the American College of

Lower Extremity Surgeons and Chair of ACLES' annual 40-hour and 18-hour Programs. Residency director, Southwestern Vermont Medical Center

MARY SCHUH, DPM is Board Certified in Podiatric Medicine, has over 20 years experience in podiatric medicine and surgery with a focal interest in biomechanics, sports medicine and athletic optimization and has enduring special place in her heart for pediatric Podiatry. She completed a POR at the Maine V.A. Hospital and a PSR-24 with the Baja Project for Crippled Children/Surgery Center of South Bay, as well as working in the Gait Lab and Orthotic Lab at Scholl during her graduate years. Her work experience includes over 10 years working into Mary podiatric and sports medicine clinics in Los Angeles CA and currently over 7 years working in a rural Area of Need in Vermont.

DANIEL SCHULMAN, DPM has been Board Certified since September of 2002 by the American Board of Podiatric Surgery and licensed by the State of Arizona since 1998, Dr. Schulman has been honored with the Bergmann Award for Proficiency in Orthopedics in May of 1997, as well as the Illinois Podiatric Medical Association Award for Meritorious Service (1997) Currently, Dr. Schulman had been recognized by the medical community as a "Top Doc" in Phoenix Magazine for multiple years.

DAY 3	Saturday, April 29
7:30 – 9:00 am	David Novicki, DPM • Hallux Rigidus • Stump Neuroma
9:00 – 11:00 am	Robert Giering, MD Topics in Pain Management
11:00 am - Noon	Narendra Patel, DPM Surgical Management of Chronic Peripheral Nerve Pain
Noon	LUNCH
1:00 – 3:00 pm	Dock Dockery, DPM • Lower Extremity Warts • Excision vs Flaps
3:00 - 4:00 pm	Bryan Markinson, DPM Interesting Podiatric Cases Part 2
4:00 - 6:00 pm	 Dan Aronovitz, DPM Management of Surgical Complications Why some cases fall short of expectations despite solid planning and perfect execution?
DAY 4	Sunday, April 30
7:30 – 8:30 am	Helen Xu, DPM Surgical Management of Benign Bone Tumors
8:30 – 9:30 am	Mary Schuh, DPM What's New in Wound Care: Choices to move healing forward: How to determine what you need when you have choices of 70+ skin substitutes, 100's of wound dressings, multiple irrigation choices, and which lab tests will help you move your patient forward with wound healing.
9:30 – 11:30 am	Scott Pickett, DPM Osteomyelitis Charcot, When Surgery is Not an Option
12:00 - 2:00 pm	Ira Weiner, DPM & Nadeer Pirani, MD Collaborative Limb Salvage and Wound Care
2:00 - 4:00 pm	Charles Sutherland, DPM
	Orthotic Solutions to Compensation Induced Pathomechanics of the Lower Extremity

FACULTY

Charles C. Southerland Jr. DPM, FACFAS, DABPM, CWS-P, FACFAP is a well-known educator and lecturer of Biomechanics and Orthotic Therapy. For over 33 years, Dr. Southerland has been a full-time academic and clinical faculty member at Barry University School of Podiatric Medicine. He has published over fifty academic papers and three professional textbooks, has completed fellowships nationally and internationally, and proudly served in the United States Army Special Forces Green Berets. He has been the Director of Research and Education for Sole Supports Inc. since 2021, following his retirement from active practice. His emphasis is on the use of orthotic therapy to correct clinical pathomechanics.

IRA WEINER, DPM has developed and co-developed a number of innovative podiatric surgical techniques. In addition to his surgical practice with Genesis Vascular Healthcare, he co-directs the North Vista Hospital Wound Care Hyperbaric Oxygen and Limb Salvage program. He is also an adjunct professor at Avalon University School of Medicine and Universidad Autonoma de Guadalajara, a consultant for Mimedx Biologics and a panel member for Orthofix Trulock. He is a Diplomate, ABLES, ACHCA, UHMS

HELEN XU, DPM, DABPM, FACFAS is a foot and ankle surgeon specializing in the treatment of complex foot and ankle disorders. Dr. Xu joined Las Vegas Vascular and Limb Salvage in 2019. She specializes in a wide variety of foot and ankle conditions, ranging from diabetic ulcers, bunions, hammertoes, flatfoot, plantar fasciitis, charcot reconstruction, limb salvage, ligament and tendon repair, and lower extremity trauma. Prior to joining Las Vegas Vascular, Dr. Xu completed her surgical residency at Yale New Haven Hospital in New Haven, Connecticut, where she served as Chief Resident. She received her Doctorate of Podiatric Medicine DPM degree from Scholl College of Podiatric Medicine in Chicago, IL. and completed her undergraduate education at Georgia Institute of Technology majoring in Biomedical Engineering. She is an associate of the American College of Foot and Ankle Surgeons, and she is qualified by the American Board of Foot and Ankle Surgery in foot and reconstructive hindfoot and ankle surgery as well as board certified by American Board of Podiatric Medicine

DAVID YEAGER, DPM attended Seattle University where he graduated from the Honors Program in addition to graduating with two degrees; one in General Science and the other in English. He went on to attend Scholl College of Podiatric Medicine affiliated with Rosalind Franklin Medical School at Finch University where he attained not only another degree in Basic Science but also his Doctorate in Podiatric Medicine and Surgery. Upon graduation, he completed two years of residency at Jesse Brown Veterans Hospital in Chicago, Illinois. He finished his last year of residency at Cambridge Hospital which is affiliated with Harvard Medical School in Boston, Massachusetts. He is Board Certified in Foot and also in Foot and Ankle Reconstruction by the American Board of Foot and Ankle Surgery and is also a fellow of the American Society of Podiatric Surgeons and the American College of Foot and Ankle Surgeons. He has performed research as well; being published in several different journals. He was Past President of the Illinois Podiatric Medical Association and Past Board Member of the American Podiatric Medical Association.

BRONZE SPONSOR

