

What's Cooking in the Kitchen:

For the week February 16 - 20, 2026

MONDAY

BREAKFAST: Cheerios, Bananas, Milk

LUNCH: Turkey Ranch Roll-ups (Turkey, Cream Cheese, Ranch Seasoning, Shredded Cheese),
Cucumber Spears, Mango Slices, Milk

PM SNACK: Cheddar Cheese Sticks, Black Olives, Ritz Crackers, Water

TUESDAY

BREAKFAST: Scrambled Eggs, Hashbrowns, Crispy Bacon, Orange Wedges, Milk

LUNCH: Chicken Alfredo, **ORGANIC** Broccoli (from Frozen), **RED** Apple Slices, Milk

PM SNACK: Wheat Thins, Laughing Cow Cheese, Dried Mangos, Water

WEDNESDAY

BREAKFAST: Waffles, **ORGANIC** Maple Syrup on the Side, Blueberries (from Frozen)

LUNCH: Vegetable Lasagna, **ORGANIC** Normandy Vegetables (from Frozen), Cantaloupe, Milk

PM SNACK: Cottage Cheese, Peaches (from Jarred), Water

THURSDAY

BREAKFAST: Oatmeal, Brown Sugar on the Side, Chicken Sausage, Strawberries, Milk

LUNCH: Italian Wedding Soup, Low Sodium Crackers, Honeydew Melon, Milk

PM SNACK: Pretzel Sticks, Baby Bell Cheese, Water

FRIDAY

BREAKFAST: Greek Yogurt mixed w/ Vanilla Yogurt, Mixed Berries (from Frozen), Milk

LUNCH Spaghetti w/ Rao's Marinara, Green Beans (from Frozen), Fruit Salad, Milk

PM SNACK: Go-Gurts, **ORGANIC** Aussie Bites, Water