

Soccer Drills and Soccer Tips for Coaching Youth Soccer!

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
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












ON NOW 10:40 am

AOL.com

Partner Pass and Move Warm-up

This soccer passing drill will help you focus and teach young kid how to pass with the correct surface on the foot, how to receive a ball, and move after receiving the pass.

Drill Rating 3.30 from 13 user votes. Viewed 16428 times.

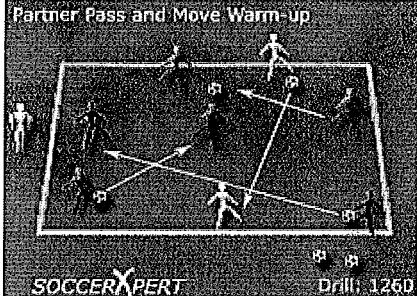
soccer pass and move drill, soccer passing drill, soccer move drill

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SOCCERXPERT

Drill: 1260

Setup

Create a 20X20 yard grid (you can change the size of the grid based on the number of players). Organize the players into groups of two with only one ball per group.

Instructions

Each group of two should only pass to their partner while moving around the grid. Each player should be instructed to pass and receive with the inside of the foot.

Variations

Restrict the number of touches.

Coaching Points

- * Make sure the players are using the inside of the foot for both trapping and passing
- * Make sure the receiving player moves his body behind the path of the ball when receiving.
- * Make sure the players move after making the pass to their partner.
- * Make sure the players are putting the right amount of weight and pace on each pass.

Focus


- o Passing Drills
- o Receiving Drills

Titled: [Partner Pass and Move Warm-up](#)
 Tagged: [soccer pass and move drill](#), [soccer passing drill](#), [soccer move drill](#)
 URL: <http://www.soccerxpert.com/soccerdrills/id1260.aspx>
 Published by: [Chris Johnson](#)

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