

The importance of building up oneself and one's own personality

One of the most important and crucial things to do for any single human being is to build up himself/herself and his/her own personality.

Without building up oneself and the own personality and its virtues as well as a good character and the true inner values, not a single human being can find his/her true fortune and happiness or achieve a true success in his/her life at all.

Therefore if anyone is unhappy and unsatisfied in his/her own life, it is always due to a lack of profound knowledge, a lack of rationality and intellect, a lack of the right thinking and feeling as well as a lack of true virtues and of the true inner values.

Thus if anyone is unhappy and unsatisfied in his/her own life, there is no real reason or way, with regard to one's own unsatisfactory inner state, to push away the self-responsibility by blaming anyone else or the society, the government and its politicians or even an imaginary divinity etc.

It is always up to oneself to choose either to be lazy and take the apparently easy-going path which leads into the dark abyss of ignorance, unknowledgeness, unhappiness, oppressive unfreedom and deep dissatisfaction, or to choose self-responsibly and bravely take the hard-going stony-path of building up oneself and one's own personality which leads to the bright horizon of knowledge, true happiness, true freedom and true satisfaction.

This therefore also leads to the cognition that happiness, freedom and satisfaction, which are desired eagerly by any normal human being, has to be considered only as an inner state of the human being and is therefore just the effect and the result of the right thinking and feeling, of rationality and intellect, of the profound knowledge about the reality of life and its truth and of the virtues and the inner values.

Thus true happiness, true freedom and true satisfaction do not depend on the environment, the society etc. or the circumstances, irrespective of whatever or however they may be.

But why does the majority of all human beings not know these very important and crucial facts? Well, due to the wrong religious-based way of thinking, which is not based on knowledge but on belief, the human being loses his/her access to himself/herself, or rather his/her innermost self.

Solely with a religious-based way of thinking and without any profound and real knowledge, the human being becomes unable to build up rationality and intellect as well as all the true virtues and inner values such as true love, inner peace, inner freedom and inner harmony.

This means that only if the human being can muster enough courage in order to face the reality and its truth and thus does not avoid all stresses and strains and all the difficulties that comes along with them, can he/her become really capable of building up himself/herself and his/her personality.

This is probably the biggest and most difficult work one can do but also the most worthwhile and fruitful for one's own evolution.

But this work and duty has to be done self-responsibly by oneself and cannot be shifted onto anyone else or onto any imaginary god.

For only by facing the reality and its truth can the human being really grow, not however by indulging in any religious- or even sectarian-based belief and its beguiling and seductive illusion.

If a human being does not receive the right education and the necessary knowledge – neither from his parents nor from his/her teachers or society –, but rather receives a religious-based education, then it is almost impossible to build up oneself and one's personality in a valuable and worthwhile way.

Those poor human beings become empty and unsatisfied in the inside of themselves and remain being small minded, which means that they remain being very “little” and “small” in terms of their consciousness.

And in this unsatisfactory inner state the human being eventually starts to strive for any compensation that could bring him/her any kind of satisfaction, which usually means that he/she not only starts to want to be better than other human beings or want to become wealthier with more privileges etc. than other people, which in turn means that he/her also wants to prevail over other human beings etc. and wants to control everything, which eventually leads to greed for might and imperiousness.

And all these attitudes are actually a kind of addictive behaviour that are the major cause for all the huge and almost unbearable problems we have on Earth.

And all the human beings such as the majority of politicians, the majority of religious leaders, the majority of financial leaders and the majority of economic leaders are therefore just captives of their own wrong and unfree thoughts and attitudes and confined to their own delusions and addictive behaviours.

The only remedy to solve this very unfortunate and unsatisfactory inner state of the majority of all human beings is to return consciously towards the reality and its truth.

And this can only be done through thinking and reflecting on everything —, especially on oneself —, and through questioning and scrutinizing everything meditatively and neutrally.

Only in this way can the human being find and explore not only the reality and its truth but also his/her true inner self and his/her true nature.

And only in this way can he/she find and work out the necessary and useful knowledge as well as the necessary tools that are unavoidably essential in order to build up oneself, one's consciousness, one's personality and one's rationality and intellect.

Through this the human being learns how to think, how to feel and how to act in a logical and neutral way according to the creational-natural laws and recommendations and therefore how to responsibly apply his/her own real knowledge in his/her personal and daily life.

Although it is very hard to follow and to cope with this stony and often very uncomfortable path of life, all the human beings who are not reluctant in taking and fulfilling this hard task, will eventually become the true human beings that every human being is supposed to become sooner or later according to the creational-natural laws and recommendations.

And only when a human being reaches this high and venerable state and follows the true path of life by building up his/her personality in a venerable and dignified way, can he/she then become really free in his/her thoughts and feelings and become capable of making self-determined decisions for himself and his/her own personal and natural direction of life.

Thus he/she will achieve more and more fortune and happiness as well as more and more honour and dignity and will therefore become more and more truly satisfied due to the hard work of building up rationality and intellect, all the inner values and all the inner virtues etc.

And if a human being has achieved a reasonable amount of rationality and intellect as well as a crucial level of all virtues and inner values – at least primarily – then he/she will subsequently start to think, to feel and to act in a more peaceful and in a more loving way.

In this regard he/she eventually has to be considered as a role model, in which case his/her rational, peaceful, unconstrained and non-coercive behaviour will be the key to successfully spreading all the good and positive values outside of himself/herself toward his environment and all of his fellow human beings.

Spreading the necessary knowledge and acting as a role model is the only peaceful and neutral way to help other human beings to find and build up themselves.

This is therefore the only true and possible way of changing the world, which can only be done by changing oneself in the first place, because there is no one single human being around the world who really and successfully could change another fellow human being.

Therefore firstly building up oneself and one's own personality, through the aforementioned logical and neutral process, and subsequently acting as a role-model, will eventually bring the high values such as love, peace, freedom and harmony to all other human beings as well.

And as a matter of fact this is also the only way and the very beginning of ending all of the countless and enormous problems and atrocities such as overpopulation, countless wars, brutal terror and other inhumanities, famine, dictatorships, unfreedom, destruction of the climate and nature etc. etc. with which mankind is struggling so much and so intensely.

Therefore: If one has the courage not to be reluctant in building up oneself and one's own personality in the first place and subsequently acts rationally, peacefully and non-coercively as a role-model, then and only then will all of the high values and their positive effects be conveyed comprehensively step by step around the world and will eventually bring love,

peace, freedom and harmony among all human beings, for which mankind is striving so eagerly since time immemorial.

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