Vol 5: Issue 1 January 2022



RecoveryWerks!

Changing the world through recovery one **under**served community at a time

Our Mission:

RecoveryWerks! provides proven recovery support services in a safe and nurturing environment for teens and families in rural communities affected by substance use. We educate, partner with local agencies, and advocate for strong community support systems to reduce the stigma of addiction and increase recovery success.



Our Beliefs:

Recovery works when there is a belief in a Higher Power.

Recovery works when physical, mental and spiritual issues are addressed as a whole.

Recovery works when clients are empowered to break the cycle of addiction and dependency through the 12 steps.

Recovery works in fellowship when clients feel safe and have access to education, counseling, sponsorship, and support groups.

An end of year donation to RecoveryWerks! is tax deductible and has a huge impact in bringing recovery to teens andfamilies in our community.

Please click on or enter the link below to give today.

Thank you!

http://www.recoverywerks.org/give-now.htm

A New Year's Eve to Remember...

New Year's Eve can be a challenge for those new to recovery or those just trying to stay sober. At RecoveryWerks!, we know the importance of fun in recovery whether you're a teen or the parent of one. On Dec 31, 2021, we hosted an "All Groups New Year's Eve Celebration to Remember". The night started at Santikos in Cibolo with bowling, food, laser tag, and arcade games and ended in New Braunfels with games, ping pong, more food, and a midnight meeting at our new building.

We are grateful for a night we remember!







David Garcia -A Fond Farewell...

The year was 2002, I was 13 years old, and giving up on my dreams of becoming a professional basketball player. I started experimenting with alcohol and marijuana in the beautiful city of McAllen, Texas at that moment in time I did not realize those choices I made at such a young age would affect me for the rest of my life. I never got good

In July 2016, David Garcia was hired as *the very first* employee at RecoveryWerks!. With a solid history of recovery through the Palmer Drug Abuse Program, he brought enthusiasm, commitment, and dedication to the teens in our community and freely gave his hope of recovery to all who asked. We're happy for you as you open a new chapter in life and look forward to your future successes.

David, you will be missed!

grades in middle school and high school was about to get even worse. The choices I made in 2002 have had a lasting effect on how things have ended up for me 20 years later in 2022 with currently over 7 years of sobriety.

I gave up on playing sports when I got to high school to pursue the wonderful world of punk rock and hardcore music. I had already been experimenting with drugs and alcohol for a couple of years before I joined my first band at 15 years old. I looked up to bands like Nirvana and Pink Floyd and thought that drinking and drugs use was going to make me play bass guitar better. I had a bass guitar and joined a band that was playing shows in the Rio Grande Valley & in Mexico. Ironically all the band members were sober and taught me that you could play music and have fun without drugs and alcohol. I cut back on drinking and drug use while being a member of that band, but never became full on sober until I moved away to San Antonio and found out about a 12-step program.

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Meeting Schedule

Teens (up to 18): Monday & Wednesday

7-8pm in person only @ 790 Landa Street, New Braunfels

Thursday

7-8pm in person only @ 1781E Ammann Rd, Bulverde

Young Adults (18+): Monday & Wednesday

7-8pm in person only @ 790 Landa Street, New Braunfels Thursday

7-8pm in person only @ 1781E Ammann Rd, Bulverde

<u>Family Members (18+):</u> Monday & Wednesday

7-8pm in person*
@ 790 Landa Street, New Braunfels
*Call for Zoom option

Thursday

7-8pm in person only @ 1747 E Ammann Rd, Bulverde

New Gens (Family members between 9-17) *Must have a family member participating in the

program **Monday**

7-8pm in person only @ 790 Landa Street, New Braunfels

These services are available at no cost to clients because of generous donors and support from community partners.

















At the age of 17 I was a dishwasher at a restaurant and was thinking about dropping out of high school due to bad grades, drug use, and wanted to play music full time. My parents told me if I drop out of school, I will have to find a new place to live. I knew my parents were not joking so I quit the band I was in at the time and applied to different colleges before graduating high school. I moved to San Antonio at the age of 19 to attend a community college. Between the ages of 20 and 25 my high tolerance for drinking and drugs took control of my body, mind, and soul. After a long list of bad times and consequences I stared making different choices. Choices like getting a sponsor, paying bills, achieving goals, setting boundaries, and learning how to have fun in sobriety. Getting sober and choosing to stay sober is the most rewarding and fun choice I have ever made in my life. 20 years ago, I started experimenting with drugs & with 7 years of sobriety I still choose to take it just one day at a time.

A Grateful Start to 2022...

THANK YOU!! Because of the generosity of those who believe in recovery, we exceeded our End of Year Campaign goal of \$10,000! THANK YOU!!

Goal Exceeded!

\$16, 247!!



Stay Connected!





Like RecoveryWerks! on Facebook and Instagram

For more resources visit www.recoverywerks.org
790 Landa Street, New Braunfels, TX 78130
(830) 310-2456 or (830) 310-2585

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