

NASHVILLE ACADEMY OF REFLEXOLOGY
Professional Reflexology Certification Program – Accelerated Schedule

EVENING CLASS CALENDAR 2023

Starting Date: June 5, 2023 Ending Date: December 19, 2023

| | Time of Class | Hours |
|---------------------------------|----------------|---------|
| JUNE 2023 | | |
| M – June 5 | 6:00 – 10:00 p | 2 O 2 A |
| T – June 6 | 6:00 – 10:00 p | 4 R |
| M – June 12 | 6:00 – 10:00 p | 4 A |
| T – June 13 | 6:00 – 10:00 p | 4 R |
| M – June 19 | 6:00 – 10:00 p | 4 R |
| T – June 20 | 6:00 – 10:00 p | 4 R |
| M – June 26 | 6:00 – 10:00 p | 4 R(20) |
| T – June 27 | 6:00 – 10:00 p | 4 R |
| JULY | | |
| M – July 3 – Holiday Break | | |
| T – July 4 – Holiday Break | | |
| M – July 10 | 6:00 – 10:00 p | 4 A |
| T – July 11 | 6:00 – 10:00 p | 4 R |
| M – July 17 | 6:00 – 10:00 p | 4 A |
| T – July 18 | 6:00 – 10:00 p | 4 R |
| M – July 24 | | |
| T – July 25 | 6:00 – 10:00 p | 4 R(36) |
| M – July 31 | 6:00 – 10:00 p | 4 A |
| AUGUST | | |
| T – August 1 | 6:00 – 10:00 p | 4 R |
| M – August 7 | 6:00 – 10:00 p | 4 A |
| T – August 8 | 6:00 – 10:00 p | 4 R |
| M – August 14 | 6:00 – 10:00 p | 4 A |
| T – August 15 | 6:00 – 10:00 p | 4 R |
| M – August 21 | 6:00 – 10:00 p | 4 A |
| T – August 22 – Practice Clinic | 6:00 – 10:00 p | 4 C |
| M – August 28 | 6:00 – 10:00 p | 4 A |
| T – August 29 – First Clinic | 6:00 – 10:00 p | 4 C |

| SEPTEMBER | | |
|---|----------------|------------|
| M – September 4 – Labor Day | | |
| T – September 5-- | 6:00 – 10:00 p | 4 C |
| M – September 11 -- Hand 1 | 6:00 – 10:00 p | 4 R |
| T – September 12 | 6:00 – 10:00 p | 4 C |
| M – September 18 -- Hand 2 | 6:00 – 10:00 p | 4 R |
| T – September 19 | 6:00 – 10:00 p | 4 C |
| M – September 25 -- Hand 3 | 6:00 – 10:00 p | 4 R |
| T – September 26 | 6:00 – 10:00 p | 4 C |
| OCTOBER | | |
| M – October 2 | 6:00 – 10:00 p | 4 A |
| T – October 3 | 6:00 – 10:00 p | 4 C |
| M – October 9 -- Reflexology Test | 6:00 – 9:00 p | 4 R |
| T – October 10 | 6:00 – 10:00 p | 4 C |
| M – October 16 | 6:00 – 10:00 p | 4 A |
| T – October 17 | 6:00 – 10:00 p | 4 C |
| M – October 23 | 6:00 – 10:00 p | 4 A |
| T – October 24 | 6:00 – 10:00 p | 4 C |
| M -- October 30 -- A&P Test | 6:00 – 8:00 p | 2 A |
| T – October 31 -- Halloween | | |
| NOVEMBER | | |
| M – November 6 | 6:00 – 9:00 p | 3 B |
| T – November 7 | 6:00 – 10:00 p | 4 C |
| M – November 13 | 6:00 – 9:00 p | 3 B |
| T – November 14 | 6:00 – 10:00 p | 4 C |
| M – November 20 | 6:00 – 9:00 p | 3 L |
| T – November 21 | 6:00 – 10:00 p | 4 C |
| M – November 27 | 6:00 – 9:00 p | 3 B |
| T – November 28 | 6:00 – 10:00 p | 4 C |
| DECEMBER | | |
| M – December 4 | 6:00 – 10:00 p | 4 C |
| T – December 5 | 6:00 – 10:00 p | 4 C |
| M – December 11 | 6:00 – 10:00 p | 4 C |
| T – December 12 | 6:00 – 10:00 p | 4 C |
| M – December 18 | 6:00 – 9:00 p | 3 C |
| T – December 19 | 6:00 – 7:00 p | G |
| TOTAL HOURS | | |
| Orientation | | 2 |
| Classroom | | 123 |
| Clinic Hours | | 75 |
| TOTAL PROGRAM HOURS NEEDED FOR CERTIFICATE | | |
| | | 200 |

Abbreviations: O = Orientation
R = Reflexology (end of 20-hour CE class; end of 36-hour CE class)
A = Anatomy & Physiology
C = Clinic
H = Hand Reflexology Classes 1, 2, and 3
B = Business Practices & Marketing
L = Reflexology Law & Ethics
G = Graduation