

# Mossman Hall Class and Event Calendar

2020

SEPTEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	01 1030-12p Tai Chi 330-5p MBCA Mtg. 6-7p Yoga w/Hope	02	03	04 1030-1130 Beginner's Tai Chi & Qigong 6-9p Art Walk featuring Anita Lenas	05 10-12p Clay Station
06 930-12p Conscious Awakening Service	07 10-12p Clay Station 1230-230p Women's Intermediate Yoga 530-630p Zumba	08 1030-12p Tai Chi 6-7p Yoga w/Hope	09 11-1230p Low/slow Yoga 530-630p Zumba 6-8p Pottery Throwing	10 530-7 Stetch & Flex Yoga	11 1030-1130 Beginner's Tai Chi & Qigong	12 10-12p Clay Station
13 930-12p Conscious Awakening Service	14 10-12p Clay Station 1230-230p Women's Intermediate Yoga 530-630p Zumba	15 1030-12p Tai Chi 6-7p Yoga w/Hope	16 11-1230p Low/slow Yoga 530-630p Zumba 6-8p Pottery Throwing	17 530-7 Stetch & Flex Yoga	18 1030-1130 Beginner's Tai Chi & Qigong 5-8p MBCA Social	19 10-12p Clay Station
20 930-12p Conscious Awakening Service	21 10-12p Clay Station 1230-230p Women's Intermediate Yoga 530-630p Zumba	22 10-12p Homeschool Meetup 1030-12p Tai Chi 6-7p Yoga w/Hope	23 11-1230p Low/slow Yoga 530-630p Zumba 6-8p Pottery Throwing	24 530-7 Stetch & Flex Yoga	25 1030-1130 Beginner's Tai Chi & Qigong	26 10-12p Clay Station
27 930-12p Conscious Awakening Service	28 10-12p Clay Station 1230-230p Women's Intermediate Yoga 530-630p Zumba	29 1030-12p Tai Chi 6-7p Yoga w/Hope	30 11-1230p Low/slow Yoga 530-630p Zumba 6-8p Pottery Throwing	01	02	03

**LEGEND:**

PURPLE = Art/Music Class

GREEN = Health/Fitness Class

RED = Special Event

*See reverse for details*