

# Michelle Sarofin, LCSW

435 Toll Gate Road • South Glastonbury, CT 06073 • (203) 886-9193 •  
msarofin@hotmail.com

---

## PROFILE

**Talented and accomplished Licensed Clinical Social Worker with extensive background in multi-disciplinary management and leadership.** Special expertise in the treatment of children, adolescents and young adults in the area of trauma and cognitive behavioral therapy. Exceptional presentation, training, and communication skills.

---

## PROFESSIONAL EXPERIENCE

**Department of Children and Families, Middletown/East Windsor, Ct. 2011-Present**

*Facility Superintendent (Appointed June 1, 2011)*

Appointed by the DCF Commissioner as Facility Superintendent on June 11, 2011. Primary responsibility is to develop, facility and oversee the consolidation of two DCF facilities; Riverview Hospital for Children and Youth and Connecticut Children's Place. Riverview Hospital is a 78 bed, inpatient psychiatric hospital for children and adolescents while the Connecticut Children's Place is a 40 bed adolescent residential treatment facility.

Responsibilities include:

- Develop consolidation report and plan for presentation to the Connecticut legislature.
- Responsible for the reorganization and consolidation of the facility executive and management team.
- Responsible for the development of policy and procedures related to the consolidated entity. Includes ensuring continued compliance with JCAHO standards.
- Serve as a member of the DCF Executive Team.
- Supervise the facility executive team including the Director of Nursing, Assistant Superintendent, Medical Director and Director of Treatment Services.
- Continue as lead of the DCF DBT Resource Team.

**Riverview Hospital for Children and Youth (DCF), Middletown, CT 2006 - Present**

*Director of Program Operations (2007 – 2011)*

- Serve as a member of the hospital Executive Committee.
- Supervise the clinical operations of a 78 bed psychiatric hospital for children and adolescents including an interdisciplinary clinical staff consisting of Masters Level Social Workers, Psychologists, Rehabilitation Therapists, and Occupational Therapists. Facilitate monthly discipline meetings.
- Supervise and oversee the admissions department; collaborate with referral sources.

- Oversee hospital's internship program for Social Work and Psychology; liaison to contracted schools of higher learning.
- Develop, revise and implement hospital policies and procedures; develop and implement clinical best practices and program development; ensure JCAHO accreditation standards are followed.
- Developed hospital's critical incident debriefing process, facilitate reviews and ensure completion of action steps.
- Developed hospital wide clinical supervisory structure, lead the development of unit strategic plans and monitor devise.
- Actively participate in monthly labor management meetings; work closely with P-2 representatives.
- Provide individual, group and family therapy as needed.
- Manage the development and implementation of hospital strategic plan.
- Interview and hire clinical staff.
- Serve as a community liaison.
- Chaired the committee responsible for the revision of the hospital's ABCD milieu program; developed implementation and training plan.
- Lead the implementation and maintenance of a state-wide Dialectical Behavior Therapy initiative; train staff internal and external to the hospital, consult to clinical teams state-wide on individual cases and DBT program implementation.
- Serve on state-wide Department committees including Trauma Informed and Gender Responsive Services and currently serve as a member on the Department's Special Review Unit.
- Provide written communication to the hospital's Governing Body and Central Office.
- Responsible for internal and external training.

***Program Manager (2006 – 2007)***

- Responsible for the administrative and clinical operations of 2 units at Riverview (expanded to 4 units in 2007).
- Responsible for the direct supervision of all clinical staff, including Social Workers, Psychologists and Rehab Staff.
- Manage the patient treatment delivery including treatment plan development, milieu treatment and discharge planning.
- Provide individual, group and family therapy as needed.
- Supervise MSW students.
- Lead the development and implementation of unit strategic plan.

**Treatment Implementation Collaborative, LLC** Seattle, WA 2012 - Current

**Trainer**

- Provide training and consultation in Dialectical Behavior Therapy.

**North American Family Institute - Touchstone**, Litchfield, CT 2000-2006

***Program Director (2002 – 2006)***

- Develop and monitor multi-million dollar operations budget.
- Develop, implement and revise policies as needed.
- Manage the administrative and clinical operations of the facility; responsible for 35 interdisciplinary staff.
- Responsible for the direct supervision of the Clinical Director, Assistant Director, Admissions Coordinator and School Principal.
- Serve as a community liaison; interface extensively with partnering agencies and funding sources.
- Instructor Trainer for the agency; responsible for training staff to be trainers.
- Provide individual, group and family therapy as required.
- Provide 24/7 on-call and respond to crisis after hours as needed.
- Responsible for the hiring of all staff as well as disciplining staff as required.
- Facilitate management meetings and orchestrate the development and implementation of program and agency strategic plan.
- Responsible for the development and start-up of an expanded 6 bed step down program.

***Clinical Director (2000 – 2001)***

***Residential Clinical Director (2001 – 2002)***

- Lead the clinical operations of residential treatment program; including referrals and admissions to program.
- Supervision of all clinical staff; including MSW students.
- Provide individual, group and family therapy.
- Develop and oversee development and implementation of youth's treatment plans.
- Develop and implement a DBT program for all girls in care. Train staff in DBT.
- Provide 24/7 on-call and respond to crisis after hours as needed.
- Facilitate training for staff internal and external to the agency.
- Assisted in the start-up of a 32 bed secure treatment facility.

**Waterbury Hospital Health Care Center, Waterbury, CT 1999 - 2000**

***Crisis Clinician***

- Provide psychiatric assessment to persons presenting to the Emergency Department in acute crisis.
- Collaborate with staff Psychiatrist in diagnosis and determination of appropriate level of care; facilitate referrals as needed.
- Outreach to the Waterbury community for crisis debriefing.
- Acquire insurance authorization to ensure care coverage for appropriate levels of care.

**ADDITIONAL EXPERIENCE**

**Saint Raphael's Adolescent Day Hospital**

9/97 – 5/98

35 Hour/Week Clinical Internship

**Yale Psychiatric Institute Dual Diagnosis Partial Hospital Program** 9/98 – 5/99

35 Hour/Week Clinical Internship

**EDUCATION**

**Assumption College, Worcester, MA**

**BA in Psychology, Social Rehabilitation minor (1994)**

**Smith College School for Social Work, North Hampton, MA**

**Master of Social Work (1999)**

**LICENSURE AND TRAINING**

Licensed Clinical Social Worker (State of Connecticut) October 2001

Intensive Dialectical Behavior Therapy Training on-going since 2000

**PROFESSIONAL MEMBERSHIPS**

National Association of Social Workers (Since 1999)

Member of the NASW CT Nominating Committee 2005 - 2007

Member of the NASW CT Nominating Committee 2009 – Present

**PRESENTATIONS**

Presenter at the annual North American Family Institute Conference: Gender Responsive Treatment, DBT, and crisis intervention.

Presenter at the Department of Children and Families Juvenile Justice Conference (2004) “DBT and Traumatized Youth.”

Co-presenter at the 2010 NASW Connecticut Conference: “Implementation of DBT in an adolescent inpatient hospital: Program Considerations”

Co-presenter at the 2010 NASW Connecticut Trauma Conference: “Self-injury and Childhood Trauma.”