

Diamond Blast

8/27/2009

Newsletter of the Boca Raton ATA Taekwondo Club: Issue 78 (Online at <http://www.bocaata.com>)

Birthdays in Aug/Sep

Aug 04: Gus O'Hare
Aug 08: Mahmoud Hamdy
Aug 09: Valerie Lewis
Aug 12: Yulisa James
Aug 13: Michelle Mylott
Aug 19: Joseph Conti
Aug 20: Jessica Escalera
Aug 29: Robert Oliver
Aug 30: Miguel Nelson
Aug 30: Ryan Recio
Sep 06: Joepy Cortez
Sep 07: Claudelyn Finance
Sep 09: Freddy Reimer
Sep 10: Pamela Oliver
Sep 10: Nicolas Yezekyan
Sep 13: Gianni Galluzzi
Sep 16: Oscar Rosalez
Sep 22: Andrew Bowdry
Sep 29: Patrick Lewis

Upcoming Events

Aug 29: Ssahng Nat 12:15p*
Sep 07: Closed (Labor Day)
Sep 26: Key West Tourn.
Oct 02: Black Belt Test
Oct 15: Color Belt Test
Oct 21-24: Orlando Nat'ls
* = 2nd degrees and higher

Membership Drive

Interested in bringing more students to your school (family, friends and neighbors)? For each person you bring who signs up, you will get a free month of tuition or your choice of equipment or uniform of comparable value.

Ssahng Nat Seminar

Dr. Lewis invites second degree black belts and higher to learn the Ssahng Nat form this Saturday, Aug 29, starting at 12:15pm until about 3:00pm. If interested, please send a note to: jimlewis@us.ibm.com.



Student of the Month

**Parham Amini
Congratulations!!!**

Join us at the ATA Fall Nationals in Orlando!

The ATA Fall National Tournament in Orlando is right around the corner, with competition for all ages and ranks from white through 3rd degree black belt on Saturday, Oct 24.

If you're not planning to attend – why not? The ATA has only three national events each year – Las Vegas, Little Rock, and Orlando. Orlando is practically in our back yard! Attending ATA tournaments is a lot of fun – just ask any of the instructors. Winning is nice, but we don't put a lot of pressure on people to win. At an ATA tournament, the first priority is safety, and the second priority is fun – the fun of seeing the talent at a national event, and the fun of meeting other members of the ATA from all around the world. We encourage ALL of our students to attend this tournament. If you have any questions or concerns, please let us know. If you're planning to attend, please let us know so we can make sure you know everything you need to know to enjoy the tournament.



Family Picnic

We had our annual family picnic and volleyball marathon (and this year, our first annual run) on Sunday, Aug 23. Like always, we had a great time. If you couldn't make it this year, then be sure to join us next year!



Study Tips for School

School Is Your Job. As long as you are a student, studying for school is your main job. Study, study, study!

Listen And Take Notes. If you know what the teacher talked about in class, then you know what to study for the tests.

Parents – Keep in Touch with Teachers. Keep in touch with the teacher or teachers to be fully aware of the quantity and the quality of the homework turned in.