



# KUKANA COLONICS

## *Colon Hydrotherapy*

Please answer the following questions regarding your bowel habits

1. How many bowel movements do you have per day? \_\_\_\_\_
2. What is the nature of the stool formation (loose, watery, hard, small, tar-like etc) \_\_\_\_\_  
\_\_\_\_\_
3. Are you troubled with excessive gas? \_\_\_\_\_
4. Do you experience pain during or after elimination? \_\_\_\_\_
5. Are you aware of any pain or inflammation in the rectum? \_\_\_\_\_
6. Do you pass blood after stool? \_\_\_\_\_
7. What position do you assume for defecation? \_\_\_\_\_
8. Must you strain to eliminate? \_\_\_\_\_
9. Do you answer nature's call promptly? \_\_\_\_\_
10. Is there any mucous in the stool? \_\_\_\_\_
11. Do you take Laxatives? \_\_\_\_\_
  - A. What kind? \_\_\_\_\_
  - B. For how long? \_\_\_\_\_
12. Have you had any surgeries? \_\_\_\_\_