



ODE CNP CACFP Menu Form



Sponsor name/site name Gentog Menu C 2020

Month and Year November 22-24, 2021

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast <ul style="list-style-type: none"> Grains, or meat/meat alternate (no more than 3 times per week) Vegetables or Fruits Fluid Milk Other Foods 	English Muffins (WG) with Sausage Patties Apples Whole or 1% Milk	Cheerios (WG) Raisins Toast (WG) Whole or 1% Milk	Breakfast Fried Rice (HM) With Veggies & Eggs Bananas Toast (WG) Whole or 1% Milk		
AM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 	Great Value Light Vanilla Low-fat Yogurt Pretzels	Graham Crackers Cheese Slices	Peaches English Muffins (WW)		
Lunch <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits/Veg Grains Other Foods 	Pork Tenderloin Scalloped Potatoes Carrots & Peas Bread Mandarin Oranges Whole or 1% Milk	Cheeseburgers (Meat, Cheese, Lettuce & Tomatoes) French Fries Peas Pear Slices Whole or 1% Milk	Pancakes Scrambled Eggs Sausage Links Hash Browns Applesauce Whole or 1% Milk		<p style="text-align: center;">Happy Thanksgiving!</p> <p style="text-align: center;">Center Closed</p>
PM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 	Ritz Crackers Cheese	Trailmix (Grains & Dried Fruit) <i>Lambs – Ritz crackers & Mandarin Oranges</i>	Cheese Its Grapes		

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.
This institution is an equal opportunity provider.