

Aiding Independence Newsletter

Birthdays

Happy Birthday to Tom, Ian, Ralph, Mark, Patrik, Bryan, Gavin and Rebecca! Hope you all have had lovely birthdays!



Tuesday Movers!



Tuesday Movers enjoying a group trip to the Driving Range in Manston. Four!

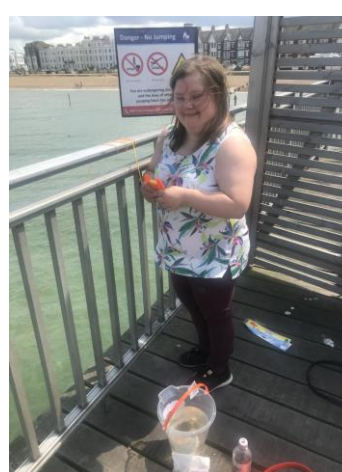


Next up was a trip to Monkton Nature Reserve where they had a great day looking for butterflies, bugs and fairies!

12th Aug – 9th September



Tuesday movers also went on a trip to Thornden Woods on a hunt for mushrooms!



Neil and Leanne at the car show and crabbing!

Avenue road and Brunswick enjoying ABBA on the pier.



Mark and Paul ready for their football match.



Lauren enjoying herself in Whitstable.



Marianne having fun on the Park and Ride!

12th Aug – 9th September



Daniel
enjoying the
local artwork
on Herne Bay
pier.



Danielle
embracing the
weather on
Whitstable beach.



Big thanks to
everyone who
came to Patrik's
birthday Party!



Mark
having an
interesting
time at
Wingham
wildlife
park!



A few photos of
Joe and Amy at
Reading
Festival!
Featuring the
Foo Fighters!

12th Aug – 9th September



Amy, Laura, Natalie and Elisabeth enjoying Margate Caves, Dreamland open air cinema, Broadstairs town and Wingham wildlife park!

Singer enjoying a sunny day out and Mark out on the bikes!



A Special thank you to Naomi for organising the Drop-In activities!

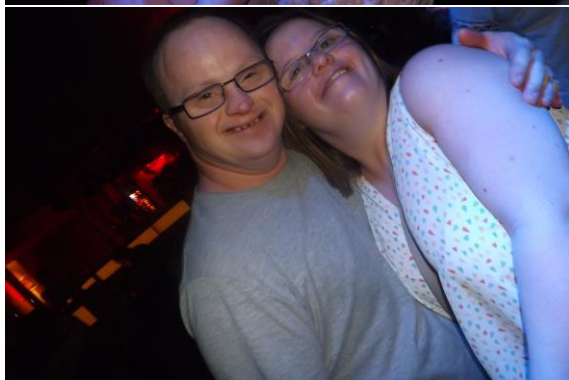
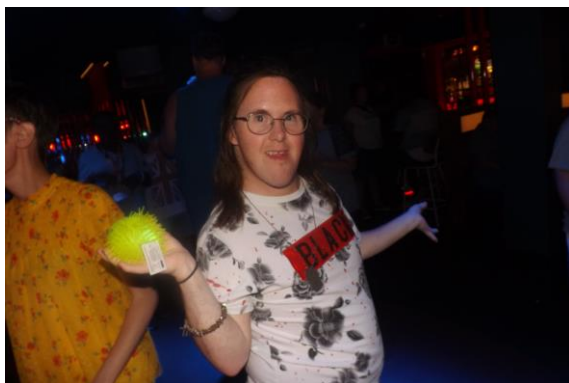
Danielle, Joe and Daniel enjoying their supported sailing session!



12th Aug – 9th September



David loving his day out at the Football!



Gems Nightclub!



Puzzle of the week!

Disney Animated Movies

M	O	N	S	T	E	R	S	I	N	C	T	H	B
I	T	E	A	N	I	N	U	B	W	A	A	A	A
T	E	N	L	D	L	R	N	S	A	P	I	L	M
A	O	S	A	L	K	A	A	A	L	C	S	A	B
R	A	A	D	M	O	E	L	C	L	A	A	O	I
Z	S	T	D	P	O	B	U	I	E	I	T	R	O
A	E	N	I	I	B	R	M	N	P	N	N	A	A
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U	E	O	R	H	U	R	S	L	P	T	T	A	E
D	H	P	R	I	J	B	E	L	A	C	R	D	S
A	L	A	S	O	T	R	T	A	N	G	L	E	D

PINOCCHIO
BROTHER BEAR
CARS
WALL-E
TANGLED
MONSTERS INC
POCAHONTAS
JUNGLE BOOK
CINDERELLA
MULAN
BOLT
TARZAN
ALADDIN
HERCULES
DUMBO
FANTASIA
BAMBI
PETER PAN

Joke of the week!

I keep randomly shouting out ‘broccoli’ and ‘cauliflower’ – I think I might have florets!



Don't forget to sponsor Scott, Jamie Howard and Ed in Kent's toughest military obstacle course race, "Survival Reloaded" this October! All donations will go towards the Christmas show and drop in activities.

