

2019 Xcel State Championships

at Niles Wellness Center 213 Sharkey Drive, Niles Ohio 44446
hosted by Olympic Dreams (330)759-1916

Sunday, March 31, 2019

Stars		Stripes	
Diamond	Session 6	Platinum division 1	Session 6
8:00 - 8:30	Stretch and Presentation	8:00 - 8:30	Stretch and Presentation
8:30 - 8:50	Flight 1 Warm up	8:30 - 8:50	Flight 1 Warm up
8:50-10:50	Competiton Team and Individual Awards to Follow	8:50-10:50	Competiton Individual Awards to Follow. Team awards after Session 7
Bronze division 1	Session 7	Platinum division 2	Session 7
11:00 - 11:30	Stretch and Presentation	11:00 - 11:30	Stretch and Presentation
11:30 - 11:45	Flight 1 Warm up	11:30 - 11:45	Flight 1 Warm up
11:45 - 12:55	Competiton Individual Awards to Follow. Team awards after Session 8	11:45 - 1:45	Competiton Team and Individual Awards to Follow
Bronze division 2	Session 8		
1:00 - 1:20	Stretch		
1:20 - 1:30	Flight 1 Warm up		
1:30 - 1:40	Presentation		
1:40 - 2:35	Competiton Team and Individual Awards to Follow		