

Glossary of Terms and Acronyms used in the Mental Health system

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Acronym and/or Term	Definition
ACES-Adverse Childhood Experiences Study	Research showing that the more adverse things a child is exposed to, the more likely for mental and physical illnesses to develop in adulthood.
AHCI-AmeriHealth Caritas Iowa	One of the Managed Care Organizations (MCOs)
AG-Amerigroup	One of the Managed Care Organizations (MCOs)
CARF-Commission on Accreditation of Rehabilitation Facilities; The Accreditation Commission	National accrediting body based in Tucson, Arizona that accredits many different types of programs internationally.
CMI- Chronic Mental Illness (now just Mental Illness; MI)	Term previously used by the state of Iowa. Chronic, persistent, mental illness requiring services to maintain necessary daily living, financial & vocational skills.
CMS- Centers for Medicare and Medicaid Services	Federal agency that oversees the Medicaid and Medicare programs and has to approve state plans for the Medicaid waivers http://www.cms.gov
Day Habilitation- Day Hab	Service funded by Intellectual Disability (ID) Waiver and Habilitation Services funding that focuses on increasing and maintaining functional skills through skill building activities and community integration.
DD- Developmental Disability	Disability with onset before the age of 21.
DHS- Iowa Department of Human Services	State agency administers Medicaid services based in Des Moines http://www.dhs.state.ia.us/
DIA- Department of Inspections and Appeals	State agency responsible to inspect Intermediate Care Facilities-Intellectual Disability (ICF-ID) services
DRI- Disability Rights Iowa (formerly Iowa Protection and Advocacy)	Purpose is to defend and promote the human and legal rights of Iowans who have disabilities and mental illness.
ELP- Essential Lifestyle Plan	The name of the service plan written for each person. The plan is based on their strengths and preferences.
Habilitation Services	Funding mechanism through Medicaid for individuals with Mental Illness.
HCBS-BI- Home and Community Based Services- Brain Injury Waiver	Federal Title XIX funds that pay for services for people with brain injuries. "Family Packet" of information found at http://dhs.iowa.gov/sites/default/files/BIPacket.pdf
HCBS-ID- Home and Community Based Services- Intellectual Disability Waiver	Federal Title XIX funds that pay for services for individuals with ID. "Family Packet" of information found at http://dhs.iowa.gov/sites/default/files/IDPacket.pdf
HIPAA- Health Insurance Portability and Accountability Act of 1996	Federal legislation intended to make it easier to switch between insurance companies but also calls for strict adherence to privacy and security in handling Personal Health Information (PHI).
IACP- Iowa Association of Community Providers	State association of providers that meets monthly in Des Moines, provides legislative monitoring, and assists with technical assistance on funding and rule changes.

ICF-ID- Intermediate Care Facility for the Intellectually Disabled	Intensive level of care, monitored by Iowa's Department of Inspections and Appeals.
ID- Intellectual Disability (formerly Mental Retardation)	Problems with cognitive skills, services are needed in order to increase or maintain functional skills.
IEP- Individual Educational Plan	A service plan written for students in school based on strengths and preferences of the individual.
IME- Iowa Medicaid Enterprise	Administers Medicaid services and oversees Managed Care Organizations (MCOs) by authority of DHS.
infoNET Iowa	A free service available to people of all abilities who want to become more informed and effective advocates. http://www.infonetiowa.org/
IHH-Integrated Health Homes	Comprehensive services that deal with both physical and behavioral health provided by a team of professionals led by a Care Coordinator. http://dhs.iowa.gov/ime/providers/integrated-home-health
ISP- Individual Service Plan	A service plan based on strengths and preferences of the individual.
IVRS, VR or "Voc. Rehab." – Iowa Division of Vocational Rehabilitation Services	State agency using federal and state funds to assist individuals with employment and educational services. www.ivrs.iowa.gov/
Jean Oxley Linn County Public Service Center-PCS	Building housing the offices and boardroom of the five Linn County Supervisors, Human Resources, Risk Management, Motor Vehicles, County Auditor and Recorder, and the civil division of the Linn County Attorney's office.
Legal Settlement – County of Legal Settlement	Funding mechanism in which individuals' funding and service coordination were the responsibility of one of Iowa's 99 counties; this was eliminated and replaced with "residency".

LIFTS- Linn Intra-Facilitating Transportation Service (paratransit)	Paratransit is a department of Linn County providing transportation to many individuals with disabilities and seniors holding a contract with the city of Cedar Rapids to provide their paratransit service.
LOC-Level of Care	Determination of level of need a person requires.
MH/DD Services-Case Management	County agency that provides Title XIX (Medicaid) Targeted Case Management.
Mental Health/Disability Services (MHDS) Regions	SF 2315 created regions that are now responsible for funding. MH/DS of the East Central Region or ECR is one of 14 in Iowa http://ecriowa.us/ .
MCO- Managed Care Organization	Organization that provides management of insurance programs (Medicaid).
MCO-Mobile Crisis Outreach	A team of mental health professionals meeting a person in crisis where they are (anywhere in the region).
MHDD Redesign	SF 2315 passed in the 2012 Iowa General Assembly that led to regional administration of services and a list of core services to be provided across the state.
NTS- Neighborhood Transportation Service	Local service funded by the city of Cedar Rapids that provides rides to educational classes or jobs in the evening and overnight when LIFTS and CR Transit are not operating www.nts-cr.org/ .
“Olmstead”- 1999 U.S. Supreme Court Decision in <i>Olmstead v. L.C.</i>	Landmark civil rights decision finding that unjustified institutionalization of people with disabilities is illegal discrimination.
Per Diem- Per Day	Daily charge for services.
Pre-Vocational services or Pre-Voc	Services provided under the ID and BI Waivers, and Habilitation designed to prepare a person with a disability for paid or unpaid work.
RCF- Residential Care Facility	Group living situation, lower level of care than ICF-ID level of care.
RFP- Request for Proposal	Government or entity asking for ideas for a project and defining what they want the company/provider to do.
SDA- Same Day Access (to mental health services)	Policy of a Mental Health Center that anyone seeking mental health services will be seen on the first day they request it.

SIS- Supports Intensity Scale	An assessment used to evaluate the support needs of a person with an Intellectual or Developmental Disability through a positive and thorough interview process. Iowa DHS requires that this be done with all individuals on Medicaid waivers.
SMI- Serious Mental Illness, SPMI- Serious and Persistent Mental Illness	SMI- term used primarily by federal government; dysfunction in mental or emotional processes requiring services.
SW- Sheltered Workshop	Work program in a congregate setting that focuses on subcontract work and preparation for community employment. Funding ending in ECR 6/30/2017.
SE- Supported Employment	Competitive integrated community employment, preferably in an individual placement, but can be in a group setting.
TIC-Trauma Informed Care	The assumption that everyone we have contact has had some type of trauma and using skills to not re-traumatize.
UHC-United Healthcare	One of the Managed Care Organizations (MCOs)
WIOA-Workforce Innovation and Opportunities Act	Federal legislation intended to bring more people with disabilities into integrated, competitive community employment and focuses on youth transitioning out of high school.