



**TORONTO TRACK & FIELD CENTRE  
OMA - THROWERS CLUB MEET  
June 29, 2013 RESULTS**

**THROWS PENTATHLON**

**Men**

	<b>HT</b>	<b>SP</b>	<b>DT</b>	<b>JT</b>	<b>WT</b>	<b>PTS</b>
<b>Men 70-74</b>						
<b>Dave Morris</b> 75						
Meters	24.71	8.39	24.74	0.00	0.00	
AG Mark	42.66	12.40	35.45	0.00	0.00	
Perf.%	49.19%	53.67%	47.86%	0.00%	0.00%	
Points	556	631	573	0	0	<b>1,760</b>
<b>Men 60-64</b>						
<b>Bill Pearson</b> 61						
Meters	35.70	11.85	39.57	29.35	12.60	
AG Mark	46.70	14.79	42.05	41.50	13.13	
Perf.%	53.84%	63.98%	56.77%	42.14%	50.79%	
Points	622	777	706	464	628	<b>3,197</b>
<b>Men 55-59</b>						
<b>Ralph Cilevitz</b> 58						
Meters	21.58	8.03	21.97	24.87	8.23	
AG Mark	28.36	10.20	24.39	33.27	9.23	
Perf.%	32.70%	44.13%	32.93%	33.79%	35.72%	
Points	324	498	355	345	409	<b>1,931</b>

**Women**

	<b>HT</b>	<b>SP</b>	<b>DT</b>	<b>JT</b>	<b>WT</b>	<b>PTS</b>
<b>Women 60-64</b>						
<b>Rhona Trott</b> 64						
Meters	25.81	7.21	17.75	15.44	10.34	
AG Mark	39.62	10.82	28.33	23.78	12.51	
Perf.%	51.46%	47.84%	36.89%	32.59%	53.05%	
Points	703	583	431	359	647	<b>2,723</b>

**TRIATHLON**

**Men**

		<b>SP</b>	<b>DT</b>	<b>JT</b>		<b>PTS</b>
<b>Men 85-89</b>						
<b>Evalds Viskers</b> 87						
Meters	0.00	6.75	18.66	14.48	0.00	
AG Mark	0.00	12.17	36.40	35.29	0.00	
Perf.%	0.00%	52.66%	49.14%	35.84%	0.00%	
Points	0	617	592	374	0	<b>1,583</b>
<b>Men 60-64</b>						
<b>Peter Zowkewych</b> 62						
Meters	0.00	10.71	28.75	31.79	0.00	
AG Mark	0.00	13.36	30.55	44.95	0.00	
Perf.%	0.00%	57.82%	41.25%	45.64%	0.00%	
Points	0	689	475	514	0	<b>1,678</b>



**TRIATHLON****Women**

		<b>SP</b>	<b>DT</b>	<b>JT</b>		<b>PTS</b>
Women 70-74						
Adri Rowsell	72					
Meters		0.00	7.27	19.42	16.50	0.00
AG Mark		0.00	13.49	39.89	32.45	0.00
Perf.%		0.00%	59.62%	51.94%	44.46%	0.00%
Points		0	760	652	523	0
						<b>1,935</b>

**SINGLE EVENTS****MASTERS****Men****Hammer**

	<b>M</b>	<b>AG Mark</b>	<b>Perf.%</b>	<b>Points</b>	
Men 75-79					
Dave Morris	75	25.58	44.17	50.92%	580
Men 60-64					
Bill Pearson	61	35.70	46.70	53.84%	622
Men 55-59					
Ralph Cilevitz	58	21.58	28.36	32.70%	324

**Shot Put**

	<b>M</b>	<b>AG Mark</b>	<b>Perf.%</b>	<b>Points</b>	
Men 85-89					
Evalds Viskers	87	7.02	12.66	54.77%	647
Men 60-64					
Bill Pearson	61	11.96	14.92	64.57%	785
Peter Zowkewych	62	10.93	13.64	59.01%	706
Men 55-59					
Ralph Cilevitz	58	8.03	10.20	44.13%	498

**Discus**

	<b>M</b>	<b>AG Mark</b>	<b>Perf.%</b>	<b>Points</b>	
Men 85-89					
Evalds Viskers	87	18.66	36.40	49.14%	592
Men 60-64					
Bill Pearson	61	39.57	42.05	56.77%	706
Peter Zowkewych	62	28.75	30.55	41.25%	475
Men 55-59					
Ralph Cilevitz	58	22.98	25.51	34.44%	377

**Javelin**

	<b>M</b>	<b>AG Mark</b>	<b>Perf.%</b>	<b>Points</b>	
Men 85-89					
Evalds Viskers	87	14.84	36.17	36.74%	387
Men 60-64					
Peter Zowkewych	62	31.79	44.95	45.64%	514
Bill Pearson	61	31.50	44.54	45.23%	508
Men 55-59					
Ralph Cilevitz	58	24.87	33.27	33.79%	345
Men 40-44					
Sharaz Shaikh	41	48.15	52.30	53.11%	623

**Weight**

	<b>M</b>	<b>AG Mark</b>	<b>Perf.%</b>	<b>Points</b>	
Men 60-64					
Bill Pearson	61	12.60	13.13	50.79%	628
Men 55-59					
Ralph Cilevitz	58	8.23	9.23	35.72%	409



**SINGLE EVENTS****MASTERS****Women****Hammer**

	<b>M</b>	<b>AG Mark</b>	<b>Perf.%</b>	<b>Points</b>	
Women 60-64					
Rhona Trott	64	27.71	42.54	55.25%	767

**Shot Put**

	<b>M</b>	<b>AG Mark</b>	<b>Perf.%</b>	<b>Points</b>	
Women 85-90					
Velta Tomsons	85	5.98	12.40	54.81%	688
Women 70-74					
Adri Rowsell	72	7.27	13.49	59.62%	760
Women 60-64					
Rhona Trott	64	7.24	10.87	48.04%	587

**Discus**

	<b>M</b>	<b>AG Mark</b>	<b>Perf.%</b>	<b>Points</b>	
Women 85-90					
Velta Tomsons	85	11.87	29.93	38.98%	461
Women 70-74					
Adri Rowsell	72	19.42	39.89	51.94%	652
Women 60-64					
Rhona Trott	64	17.75	28.33	36.89%	431
Women 45-49					
Michelle Baptie	46	18.23	21.98	28.62%	314

**Javelin**

	<b>M</b>	<b>AG Mark</b>	<b>Perf.%</b>	<b>Points</b>	
Women 55-59					
Barb Dabrowski	55	34.49	49.94	68.42%	859

**Weight**

	<b>M</b>	<b>AG Mark</b>	<b>Perf.%</b>	<b>Points</b>	
Women 60-64					
Rhona Trott	64	10.37	12.55	53.20%	649



**SINGLE EVENTS**

**MIDGET/JUVENILE/JUNIOR/SENIOR**

**Men**

**Hammer**

**M**

*Midget*

John Reston 14 41.90

**Shot Put**

**M**

*Midget*

John Reston 14 12.09

**Discus**

**M**

*Midget*

John Reston 14 36.85

**Javelin**

**M**

*Midget*

John Reston 14 34.98

*Juvenile*

Harry Harran 17 42.68

**Weight**

**M**

none

**Women**

**Hammer**

**M**

*Juvenile*

Cyerra Cassell 16 41.48

**Shot Put**

**M**

none

**Discus**

**M**

*Senior*

Marie-Josée Le Jour 34 48.84

*Juvenile*

Cyerra Cassell 16 32.94

**Javelin**

**M**

none

**Weight**

**M**

none

