

2018 Legacy Sabers Volleyball

Bismarck Invite

Aug. 24-25

Bismarck, N.D.

Results
 Legacy 2, Fargo Shanley 1
 Legacy 3, Devils Lake 0
 Legacy 2, WF Sheyenne 1
 Legacy 2, Valley City 1
 Legacy 3, G.F. Central 0
 Legacy 2, West Fargo 1
 Fargo Davies 2, Legacy 1
Notes: Legacy won six of seven matches over the two days.
Records: Legacy, 6-1 Overall; 0-0 WDA

Legacy 3, Minot 0

Sept. 11, 7 p.m.

Magic City Campus, Minot, N.D.

	1	2	3	Total
LEG	25	25	25	3
MIN	15	16	17	0

Team stats
Kills: Kaitlyn Emmil, 3; Emma Fricke, 3; Mikayla Fast, 1; Becca Nitsch, 1; Taryn Allmaras, 1
Blocks: Emmil, 1; Ashley Hulm, .5; Nisch, .5
Assists: Fricke, 28; Allmaras, 3; Nitsch, 2; Fast, 2; Hulm, 1
Digs: Fast, 11; Fricke, 10; Mac Boone, 5; Allmaras, 5; Eva Abfalder, 4; Hulm, 3; Emmil, 3
Service Aces: Emmil, 3; Fricke, 3; Nitsch, 1; Allmaras, 1
Notes: Legacy is 3-0 on the road in WDA play...Minot has dropped five straight WDA matches.
Records: Legacy, 10-2 Overall; 4-1 WDA; Minot 5-8 Overall; 1-5 WDA

Legacy 3, Mandan 1

Sept. 27, 7 p.m.

Mandan HS Gymnasium, Mandan, N.D.

	1	2	3	4	Total
LEG	25	25	16	25	3
MAN	20	23	25	20	1

Team stats
Kills: Taryn Allmaras, 15; Becca Nitsch, 10; Eva Abfalder, 6; Ashley Hulm, 5; Kaitlyn Emmil, 3; Emma Fricke, 2
Blocks: Hulm, 3; Emmil, 2.5; Abfalder, 1; Allmaras, .5; Nitsch, .5; Fricke, .5
Assists: Fricke, 35; Nitsch, 2; Hulm, 1; Mikayla Fast, 1
Digs: Fast, 20; Nitsch, 17; Emmil, 16; Fricke, 16; Allmaras, 12; Abfalder, 1; Hulm, 1; Macee Van Vleet, 1
Service Aces: Nitsch, 2; Allmaras, 2; Emmil, 1; Hulm, 1; Fricke, 1
Notes: Legacy has won four straight WDA matches.
Records: Legacy, 14-3 Overall; 8-2 WDA Mandan, 14-3 Overall; 8-2 WDA

Legacy 3, Jamestown 2

Aug. 28, 7 p.m.

Jerry Meyer Arena, Jamestown, N.D.

	1	2	3	4	5	Total
LEG	25	25	21	24	15	3
JAM	10	20	25	26	9	2

Team stats
Kills: Becca Nitsch, 14; Taryn Allmaras, 13; Kaitlyn Emmil, 12; Ashley Hulm, 7; Camaryn Beasley, 1; Emma Fricke, 1
Blocks: Hulm, 3.5; Eva Abfalder, 3; Emmil, 2; Nitsch, 1; Allmaras, .5
Assists: Fricke, 35; Hulm, 4; Emmil, 2; Beasley, 2; Mikayla Fast, 2; Nitsch, 1
Digs: Fast, 20; Nitsch, 17; Fricke, 14; Allmaras, 13; Hulm, 5; Emmil, 4; Beasley, 3; Mac Boone, 3; Ashton Sagaser, 1
Service Aces: Nitsch, 4; Beaseley, 3; Allmaras, 2; Fricke, 1; Fast, 1
Notes: Legacy won the first two matches before Jamestown rallied to force a fifth set.
Records: Legacy, 7-1 Overall; 1-0 WDA; Jamestown, 1-1 Overall; 1-1 WDA

St. Mary's 3, Legacy 2

Sept. 13, 7 p.m.

St. Mary's Gymnasium, Bismarck, N.D.

	1	2	3	4	5	Total
LEG	18	25	29	29	11	2
SM	25	19	31	27	15	3

Team stats
Kills: Kaitlyn Emmil, 15; Taryn Allmaras, 11; Eva Abfalder, 8; Becca Nitsch, 7; Emma Fricke, 4; Mikayla Fast, 1
Blocks: Abfalder, 2; Emmil, 2; Ashley Hulm, 1.5; Allmaras, .5; Nitsch, .5; Fricke, .5
Assists: Fricke, 50; Fast, 4; Nitsch, 2; Allmaras, 2; Emmil, 1; Hulm, 1
Digs: Fast, 30; Nitsch, 29; Allmaras, 20; Fricke, 16; Emmil, 9; Hulm, 5; Abfalder, 2; Camaryn Beasley, 1
Service Aces: Emmil, 3; Nitsch, 2; Fricke, 1; Allmaras, 1
Notes: Sets 3 and 4 were decided by two points...SM is 1-1 in five-set matches.
Records: Legacy, 10-3 Overall; 4-2 WDA; St. Mary's, 7-7 Overall; 4-3 WDA

Legacy 3, TMCHS Belcourt 0

Sept. 1, 1 p.m.

Legacy Haussler Gym, Bismarck, N.D.

	1	2	3	Total
TM	9	14	7	0
LEG	25	25	25	3

Team stats
Kills: Becca Nitsch, 7; Eva Abfalder, 6; Taryn Allmaras, 5; Ashton Sagaser, 5; Kaitlyn Emmil, 4; Emma Fricke, 2; Sierra Knoll, 1
Blocks: -
Assists: Fricke, 15; Camaryn Beasley, 7; Sagaser, 3; Ashley Hulm, 2
Digs: Nitsch, 5; Sagaser, 4; Fricke, 4; Emmil, 3; Mikayla Fast, 3; Allmaras, 3; Macee Van Vleet, 3; Hulm, 2; Kelsie Murrey, 1; Beasley, 1
Service Aces: Fricke, 9; Hulm, 5; Beasley, 2; Knoll, 1; Mac Boone, 1; Allmaras, 1; Nitsch, 1; Fast, 1
Notes: Legacy's Emma Fricke had a season-high nine aces...Legacy is 2-0 in WDA play.
Records: TMCHS, 0-5 Overall; 0-4 WDA; Legacy, 8-1 Overall; 2-0 WDA

Legacy 3, Bismarck High 1

Sept. 18, 7 p.m.

Karlaard Gymnasium, Bismarck, N.D.

	1	2	3	4	Total
LEG	10	26	25	25	3
BHS	25	24	19	18	1

Team stats
Kills: Becca Nitsch, 19; Taryn Allmaras, 17; Kaitlyn Emmil, 9; Eva Abfalder, 1; Ashley Hulm, 1; Emma Fricke, 1
Blocks: Abfalder, 4; Emmil, 1; Allmaras, 1; Hulm, .5
Assists: Fricke, 39; Nitsch, 3; Emmil, 2; Fast, 2; Camaryn Beasley, 2
Digs: Fast, 30; Nitsch, 23; Allmaras, 18; Fricke, 16; Emmil, 6; Hulm, 3
Service Aces: Emmil, 3; Allmaras, 2; Hulm, 1
Notes: BHS won the first set...Legacy won its fourth WDA road match.
Records: Legacy, 11-3 Overall; 5-2 WDA; Bismarck High, 10-3 Overall; 3-3 WDA

Century 3, Legacy 0

Sept. 4, 7 p.m.

Haussler Gymnasium, Bismarck, N.D.

	1	2	3	Total
CEN	25	25	26	3
LEG	18	15	24	0

Team stats
Kills: Taryn Allmaras, 8; Becca Nitsch, 7; Ashley Hulm, 5; Eva Abfalder, 4; Kaitlyn Emmil, 3; Ashton Sagaser, 1
Blocks: -
Assists: Emma Fricke, 20; Camaryn Beasley, 3; Mikayla Fast, 2; Hulm, 1
Digs: Fast, 12; Allmaras, 10; Fricke, 9; Nitsch, 8; Emmil, 5; Sagaser, 1; Abfalder, 1
Service Aces: Emmil, 1; Fast, 1; Nitsch, 1; Allmaras, 1
Notes: Century's L. Ware had a match-best 21 kills...Century remains unbeaten in WDA play...Legacy suffered its first WDA loss.
Records: Century, 7-3 Overall; 3-0 WDA; Legacy, 8-2 Overall; 2-1 WDA

Legacy 3, TMCHS 0

Sept. 21, 6 p.m.

TMCHS Gymnasium, Belcourt, N.D.

	1	2	3	Total
LEG	25	25	25	3
TM	1	7	13	0

Team stats
Kills: Taryn Allmaras, 6; Becca Nitsch, 6; Eva Abfalder, 6; Kaitlyn Emmil, 4; Ashley Hulm, 2; Camaryn Beasley, 1; Abby Bjornson, 1; Bella Ternes, 1
Blocks: Hulm, 1.5; Abfalder, 1.5; Allmaras, 5; Mac Boone, .5
Assists: Fricke, 16; Beasley, 5; Emmil, 2; Mikayla Fast, 2; Kelsie Murrey, 1
Digs: Fast, 6; Fricke, 5; Nitsch, 4; Allmaras, 3; Bjornson, 3; Abfalder, 3; Ellie Miller, 2; Beasley, 2; Boone, 1; Emmil, 1
Service Aces: Fast, 7; Fricke, 4; Allmaras, 2; Boone, 2; Nitsch, 2; Murrey, 1; Beasley, 1; Ashton Sagaser, 1
Notes: Legacy won both meetings.
Records: Legacy, 12-3 Overall; 6-2 WDA; TMCHS, 0-8 Overall; 0-7 WDA

Legacy 3, Dickinson 0

Sept. 6, 8 p.m.

Dickinson Gymnasium, Dickinson, N.D.

	1	2	3	Total
LEG	25	25	25	3
DCK	18	20	12	0

Team stats
Kills: Becca Nitsch, 11; Kaitlyn Emmil, 8; Taryn Allmaras, 8; Ashley Hulm, 5; Mikayla Fast, 2; Emma Fricke, 2; Eva Abfalder, 1
Blocks: Hulm, 2.5; Emmil, 1; Fast, .5
Assists: Fricke, 28; Fast, 2; Emmil, 2; Nitsch, 1
Digs: Nitsch, 10; Fast, 10; Allmaras, 9; Fricke, 8; Emmil, 6; Abfalder, 4; Hulm, 1
Service Aces: Fricke, 5; Nitsch, 3; Allmaras, 2; Fast, 1
Notes: Legacy earned its second conference road win...Dickinson's setter, Lauren Jorda, played her first match.
Records: Legacy, 9-2 Overall; 3-1 WDA; Dickinson, 1-9 Overall; 0-3 WDA

Legacy 3, Jamestown 0

Sept. 25, 7 p.m.

Haussler Gymnasium, Bismarck, N.D.

	1	2	3	Total
JAM	25	25	25	0
LEG	17	23	12	3

Team stats
Kills: Kaitlyn Emmil, 10; Becca Nitsch, 8; Taryn Allmaras, 6; Eva Abfalder, 3; Emma Fricke, 2; Ashley Hulm, 1
Blocks: Hulm, 5.5; Abfalder, 1.5; Emmil, 1.5; Allmaras, 1
Assists: Fricke, 21; Emmil, 2; Mikayla Fast, 2; Hulm, 1; Nitsch, 1; Allmaras, 1
Digs: Fast, 15; Allmaras, 10; Fricke, 8; Nitsch, 8; Emmil, 6; Abfalder, 4; Hulm, 4
Service Aces: Fricke, 5; Nitsch, 3; Hulm, 1; Camaryn Beasley, 1
Notes: Legacy won both regular season meetings.
Records: Jamestown, 8-8 Overall; 7-4 WDA; Legacy, 13-3 Overall; 7-2 WDA

2018 Legacy Sabers Volleyball

Team/Individual Stats (WDA matches only)

2018 Season

Date	Opponent	Score	Record
8-24/25	Bismarck Inv.	--	6-1
8-28	@Jamestown	3-2W	7-1
9-1	TMCHS	3-0W	8-1
9-4	CENTURY	0-3L	8-2
9-6	@Dickinson	3-0W	9-2
9-11	@Minot	3-0W	10-2
9-13	@St. Mary's	2-3L	10-3
9-18	@Bismarck High	3-1W	11-3
9-21	@TMCHS	3-0W	12-3
9-25	JAMESTOWN	3-0W	13-3
9-27	@Mandan	3-1W	14-3

Kills

Player	MP	Total	Avg
Becca Nitsch	10	90	9.0
Taryn Allmaras	10	90	9.0
Katlyn Emmil	10	71	7.1
Eva Abfalter	10	35	3.5
Ashley Hulm	10	26	2.6
Emma Fricke	10	17	1.7
Ashton Sagaser	10	6	-
Mikayla Fast	10	4	-
Sierra Knoll	10	2	-
Camaryn Beasley	10	2	-
Abby Bjornson	10	1	-
Bella Ternes	10	1	-

-Less than 1

Blocks

Player	MP	Total	Avg
A. Hulm	10	18.5	1.8
Eva Abfalter	10	13.0	1.3
K. Emmil	10	11.0	1.1
T. Allmaras	10	4.0	-
E. Fricke	10	1.0	-
B. Nitsch	10	2.5	-
M. Fast	10	.5	-
Mac Boone	10	.5	-

-Less than 1

Assists

Player	MP	Total	Avg
E. Fricke	10	287	28.7
C. Beasley	10	39	3.9
Mikayla Fast	10	19	1.9
B. Nitsch	10	12	1.2
A. Hulm	10	11	1.1
K. Emmil	10	9	-
T. Allmaras	10	6	-
A. Sagaser	10	3	-
Keslie Murrey	10	1	-

-Less than 1

Digs

Player	MP	Total	Avg
M. Fast	10	157	15.7
B. Nitsch	10	117	11.7
T. Allmaras	10	103	10.3
E. Fricke	10	98	9.8
K. Emmil	10	59	5.9
A. Hulm	10	24	2.4
E. Abfalter	10	19	1.9
Mac Boone	10	9	-
C. Beasley	10	7	-
Macee Van Vleet	10	4	-
A. Bjornson	10	3	-
Ellie Miller	10	2	-
A. Sagaser	10	2	-
Kelsie Murrey	10	1	-

-Less than 1

Service Aces

Player	MP	Total	Avg
E. Fricke	10	26	2.6
B. Nitsch	10	19	1.9
T. Allmaras	10	14	1.4
M. Fast	10	11	1.1
K. Emmil	10	11	1.1
A. Hulm	10	8	-
C. Beasley	10	4	-
Mac Boone	10	3	-
S. Knoll	10	1	-
K. Murrey	10	1	-
A. Sagaser	10	1	-

-Less than 1