



Marietta Martial Arts

at Shallowford

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
L' Dragons (4-7) White-Black 45-min	-- 4:45 or 5:30 --	4:00 or 4:45 or -- or 6:15	-- 4:45 or 5:30 --	4:00 or 4:45 or -- or 6:15	Special Events	9:00 am or 9:45am
Jr. TKD (7-11) White-Black 45-min	-- 4:45 or 5:30 or 6:15 or --	4:00 or 4:45 or 5:30 or 6:15 or --	-- 4:45 or 5:30 or 6:15 or --	4:00 or 4:45 or 5:30 or 6:15 or --	Special Events	9:00 am or 9:45am or 10:30
Leadership	??	??	??	??	--	--
Teen / Adult TKD White – Black 45-min	5:30 fam or 6:15 fam or --	5:30 fam or 6:15 fam or --	5:30 fam or 6:15 fam or --	5:30 fam or 6:15 fam or --	Special Events	9:00am or 9:45 or 10:30
Sparring	??	5:30	??	5:30	--	10:30
Hapkido 45-min	7:00 Adults Only	--	7:00 Adults Only	--	--	--

Marietta Martial Arts @ East Lake 2145 Roswell Rd, Ste 200 770-321-1371	Marietta Martial Arts @ Lower Roswell 4970 Lower Roswell Rd, Ste 12 404-200-8957	Marietta Martial Arts @ Shallowford 4401 Shallowford Rd, Ste 154 404-369-9712
---	--	---