

Good morning!

Freedom of movement...these plays can happen with OR without the ball handler. Yesterday's clip was an example of a freedom of movement foul that was NOT on the ball handler.

Today's clip is one ON the ball handler. The important issue is that if we 'pass' on the hand check or freedom of movement foul on the defender then we may end up in a block/charge play.

Take a look at the play [here](#).

The play initiates from C. He has the play into the paint and has a foul. He uses a 'signal; of some sort to indicate that the foul was before the shot (on the floor, but we know we do not have that signal or verbiage). He does give a 'no shot' signal so that mechanic is very good – THAT indicates that he had a foul before the block/charge play.

T has a foul at the contact with the secondary defender that would have been a block/charge play. The T did a couple very good things – 1) did not give a signal, and 2) deferred to C because he was already signaling the foul. In a case like this, we do not know what T had and if a coach asks, he could say 'I had the same thing as the C'.

Getting the FIRST foul, the freedom of movement foul is very important. It may not be the *popular* call, but it is the *right* call. Talk about freedom of movement and getting these early in the game. Waiting until late in the game to get the first one isn't desirable.

Wednesday Extra: Waistbands that are rolled once and show a manufacturer's logo the same as on the front of the shorts is illegal. TAKE CARE OF IT! All we have to do is say to the player(s) – 'you need to roll your waistband one more time or unroll it so we do not see the tag or writing on it.'

Wednesday Bonus: PIAA Championship tickets are now on sale! If you are able to get there, DO IT! The link for the tickets is [here](#).

Have a great game tonight!

Tim