



Blood thinners and Pain Medicine Interventions.

It is most important to inform staff if you are taking such medicines. These drugs can cause uncontrolled internal bleeding which can compress spinal cord and nerves – which then can result in undesirable complications. To minimize the risk of bleeding, please do NOT take these medications as listed below prior to your procedure.

Please ask the MD if you have any questions. Please ALSO consult with your regular MD and/or Cardiologist prior to temporarily discontinuing these medications – as stopping them may increase risk of certain disease conditions for which they are prescribed.

- Coumadin (Warfarin) within last 5 days. Some patients need 7 days. You must have an INR of 1.5 or less prior to the procedure. Restart the day AFTER the procedure day.
- Plavix (Clopidogrel) within last 8 days. Restart the the procedure
- Pradaxa (dabigatran) within last 8 days. Restart the day AFTER the procedure
- Xarelto (Rivaroxaban) within last 4 days. Restart the day AFTER the procedure
- Effient (Prasugrel) within last 8 days. Restart the day AFTER the procedure
- Aggrenox within last 8 days. Restart the day AFTER the procedure
- Aspirin or Aspirin containing products (Alka Seltzer, Anacin, Bufferin, Ecotrin, Fiorinal, etc) within last 8 days. Restart the day AFTER the procedure
- Anti-Inflammatory medication such as Ibuprofen, Motrin, Advil, Aleve, Naprosyn, Voltaren, Arthrotec, Daypro, Indocin, Relafen etc within last 5 days.
- Vitamin E Products within last 2 weeks. Restart the day AFTER the procedure

This is not a complete list. These are only guidelines. Labs are usually required prior to your procedure if you are taking these drugs. Please contact our staff with any questions.