



Norfolk State University | School of Education
Future Teacher Academy 2017 Spring Conference
EVALUATION
 (April 2017)

Session Title: Workshop B: Avoiding Burnout: Teacher Self-Care

Name of Presenter: Mr. Jahkari Taylor, 2017 Chesapeake Teacher of the Year

N=33

OVERALL SESSION		Maximum Score = 4 (This Section)			
Statement	OVERALL MEAN	Session #1	Session #2	Session #3	
1. The information was presented in a way that I can use it immediately to promote diversity as an education professional.	3.97	4.0	3.91	4.0	
2. Participants were given an opportunity to interact in ways that were helpful to understanding the information.	3.95	4.0	3.91	3.93	
3. I would recommend this session topic for future conferences.	3.97	4.0	3.92	4.0	
SESSION PRESENTER		Maximum Score = 5 (This Section)			
4. The <u>presenter</u> communicated information clearly.	4.0	4.0	4.0	4.0	
5. The <u>presenter</u> responded to participants' questions with helpful answers.	3.85	4.0	3.56	4.0	
		OVERALL MEAN	Session #1	Session #2	Session #3
6. Overall quality of the session was . . .	4.97	5.0	4.92	5.0	
7. Before this workshop, <u>my understanding</u> of this topic <i>was</i> . . .	4.10	4.0	4.42	3.87	
8. After this workshop, <u>my understanding</u> of this topic <i>is</i> . . .	4.89	5.0	4.75	4.93	

9. Please share one way in which you will now use the information you received in this workshop?

Workshop B Comments from Session #1	Workshop B Comments from Session #2	Workshop B Comments from Session #3
<ul style="list-style-type: none"> I plan to implement support circles with my team 	<ul style="list-style-type: none"> In my life! 	<ul style="list-style-type: none"> Yes I need him to talk to my agency
<ul style="list-style-type: none"> Discuss burnout with my masters students who want to become administrators 	<ul style="list-style-type: none"> To help motivate people around me 	<ul style="list-style-type: none"> Exercising as well as sharing the information with others.

Workshop B Comments from Session #1	Workshop B Comments from Session #2	Workshop B Comments from Session #3
<ul style="list-style-type: none"> Discuss burnout with my masters students who want to become administrators 	<ul style="list-style-type: none"> To help motivate people around me 	<ul style="list-style-type: none"> Exercising as well as sharing the information with others.
<ul style="list-style-type: none"> Excellent! Related well to audience 	<ul style="list-style-type: none"> A message that should be heard by persons of all professions and not just educators 	<ul style="list-style-type: none"> I will apply these various strategies to my future career in education.
<ul style="list-style-type: none"> 	<ul style="list-style-type: none"> This was an excellent presentation, particularly in applying theory in the classroom 	<ul style="list-style-type: none"> Support career and know your purpose
<ul style="list-style-type: none"> 	<ul style="list-style-type: none"> Phenomenal! Great use of research, storytelling and reality. 	<ul style="list-style-type: none"> Find my purpose and put it into full speed
	<ul style="list-style-type: none"> Very informative session. Great tips to prevent a recover from burnout! 	<ul style="list-style-type: none"> I will be setting up a support system and producing a reminder for my purpose for myself as well as others.
	<ul style="list-style-type: none"> Developing a purpose for anything you do in life, which help you overcome burnout 	<ul style="list-style-type: none"> That I believe I have to know my purpose and why I am here.
	<ul style="list-style-type: none"> This was the best workshop that I've ever attended that pushed me to put into perspective how I will be different type of teacher during my future career as an educator 	<ul style="list-style-type: none"> As a teacher be inspired motivated, don't let burnout get me.
	<ul style="list-style-type: none"> I will definitely share the support circles in my school if they allow me to do so. If not, I will do so with my team. 	<ul style="list-style-type: none"> In the future be more of burn out. Such a tough subject that most people (teachers) do not mention.
		<ul style="list-style-type: none"> Making sure my students know my purpose
		<ul style="list-style-type: none"> Amazing! 100% relevant

10. General Comments:

- I really, really admire Mr. Taylor. I'm glad he represents God, NSU, teachers and students everywhere.
- Glad you spoke about "burn out"!
- He basically inspired me to hold on just a little while longer
- Burnout is relevant in any organization.
- Great information
- Excellent and very engaging workshop. Thank you.
- Great Session!
- I will be a different type of teacher with a purpose
- Loved this workshop. Eye opener to Burn out. Did an amazing job Mr. Taylor, thank you so much for coming.
- You can see the passion and enthusiasm that comes from the presenter and it impacts you as a future teacher.
- Excellent, where can get a book
- Very Informational!
- Great food for thought. Sometimes we get so busy we forget.
- Get this guy back next year!! I'll be looking for him!