

Education: BA in Psychology from San Diego State University and MA in Marriage and Family Therapy from St. Mary's University.

Previous Work Experience: Child and Adolescent Therapist - New Alternatives Foster Family Agency, Family Support Specialist - Occupations, Inc., Social Worker - St. John Bosco Child and Family Services.

Additional Training/Specialty: Children/adolescents, trauma, anxiety, depression, family/marriage, adjustment disorders and young adults 18-30. Trained in using play therapy.