## Kittitas County Prehospital Care Protocols

**General Chest Pain Protocol** 

### Subject: CHEST PAIN OF MYOCARDIAL ORIGIN / SUSPECTED STEMI

# 12-Lead Electrocardiogram Variations in Acute Coronary Syndromes

$\sim \sim$	Non-diagnostic or baseline— no abnormalities	
	Suspicious for ischemia—ST segment depressed, T wave may invert	
	Suspicious for injury—ST segment elevated, T wave may invert	
$\sim \sim \sim$	Suspicious for injury or infarction— ST segment elevated, T wave may invert, abnormal Q wave may be present	
~/~	Suspicion for injury—new onset bundle branch block	

#### **AMI Recognition**

Limb Leads		Chest Leads	
l	aVR	V1	V4
Lateral		Septal	Anterior
<b>II</b>	aVL	<b>V2</b>	V5
Inferior	Lateral	Septal	Lateral
III	aVF	V3	V6
Inferior	Inferior	Anterior	Lateral

#### **Adult Heparin Protocol Initial Dosing Chart**

For patients <40kg, give 60 units/kg loading dose. Maximum does is 4000 units

#### Contraindications:

Heparin should **not** be used in patients:

- with severe thrombocytopenia
- with any uncontrollable active bleeding

Weight (kg)	Initial Loading Dose
40	2400
45	2700
50	3000
55	3300
60	3600
65	3900
>65	4000

#### Effective Date: 8-2016

A.	If stable, administer O2 @ 4-6 lpm per nasal Cannula.
В.	If unstable, administer <u>O2 @ 12-15 lpm per non-</u> rebreather mask.
C.	Establish Cardiac Monitor.
D.	Establish 2 peripheral IVs with <u>0.9% Normal Saline @ TKO</u> .
E.	Establish 12 lead ECG (include printout with PCR).
F.	If 12 lead ECG indicates ST- elevation, myocardial infarction (STEMI).
	1. Transport directly to the nearest facility with cardiac cath lab capabilities.
	2. Initiate Heparin protocol.
G.	<u>324 mg of ASA</u> (chewable) if equal radial pulses are present, no aspirin allergy, and have not taken aspirin in the last four hours
H.	Administer Plavix 600 mg
I.	Administer <b>Nitroglycerin</b> <u>0.4 mg sublingual or spray q 3</u> <u>minutes</u> , up to a total of 1.2 mg, unless BP $\leq$ 100 mm Hg systolic. (If hypotension occurs, consider 250 cc fluid challenge.)
J.	If pain unrelieved and BP > 100 mm Hg systolic, administer <b>Morphine</b> $2-5 \text{ mg IV initially}$ , followed in 2 mg increments q 5 minutes, up to a total of 20 mg, or until pain is relieved or BP drops below 100 mm Hg

# 1. Should respiratory depression occur secondary to **Morphine** administration, consider **Naloxone**.

systolic. (If hypotension occurs, consider 250cc fluid

2. If patient is allergic/hypersensitive to **Morphine Sulfate,** consider **Fentanyl** <u>3 mcg/kg</u>, up to 150 mcg in 25 mcg increments.

Notify Yakima Regional ED before transporting STEMI patients. If Yakima Regional ED is not willing to accept patient, contact local ED for on-line medical direction.

Medical Program Director: Signed copy on file.

K.

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