

**Willistown Troop 78**  
**Kandersteg International Scout Centre (KISC) 2016 trip**  
**Packing List**

Items must be packed in a duffle bag. Plan to wash and re-use articles of clothing. Number of articles of each item is a suggested number only. Pack light and pack efficiently! Keep in mind that we will have days that go from cold to hot in Switzerland. Removable layers will be the key to comfortable dressing. We will be traveling to and from Zurich in uniform – articles marked “\*.” A daypack used as your carry-on bag is to be packed with items marked “#”. Good sources for clothing and equipment: [www.campmor.com](http://www.campmor.com); [www.rei.com](http://www.rei.com); [www.ems.com](http://www.ems.com); [www.cabelas.com](http://www.cabelas.com).

**Clothes**

- \* Class A uniform (shirt, both shorts and pants, belt, pen, 2 neckerchiefs and slide, 2 pair long socks)
- # Troop jacket
- # Troop tee shirts - 4 (when we travel in Switzerland, which will be most days, we will be wearing these for identification purposes)
- # Troop hat
- Regular tee shirts (recommend “quick-dry shirts”) – 2
- Long-sleeve shirts – 2 (recommend at least 1 be “quick-dry”)
- Regular shorts – 2 (recommend “quick-dry” shorts)
- Long pants (recommend “quick-dry” pants that convert to shorts) - 2
- Hiking socks (wool/synthetic) – 4
- Sock liners – 3
- \* Hiking boots – make sure they will provide needed support and are “broken in”
- 1 pair sneakers
- Synthetic fleece
- Swim suit
- Lightweight synthetic long underwear
- Underwear – 5 (recommend synthetic “quick dry”)
- Raincoat
- Towel (consider getting a “swimmer’s chamois” or a trek towel) and shower towel
- Sleep shorts or pants
- Watch

**Equipment**

- Full-sized back pack (recommended, may be needed for overnight hikes)
- # Day pack (carry-on bag to be packed with items marked “#”)
- # Hostel travel sheet
- # Toothbrush
- Nalgene water bottles (2) or bladder hydration system
- # Lip balm
- # Hand sanitizer (3 oz or less)
- Flashlight/headlamp

- ❑ # Disposable cameras or regular camera (note – we do not recommend bringing expensive cameras on trip)
- ❑ Camp Suds or equivalent (for hand-washing clothes)
- ❑ 10 ft. clothesline and 6 clothespins
- ❑ Toiletries (toothpaste, toothbrush, floss, deodorant, soap, shampoo, etc.)
- ❑ Personal first aid kit
- ❑ Small laundry bag; powdered laundry detergent (limited facilities are available)
- ❑ Sunscreen
- ❑ Extra batteries for flashlight
- ❑ # Journal / Notebook w/ pen
- ❑ Book
- ❑ # Sunglasses (prescription lens wearers should bring extra lenses) and spare glasses
- ❑ Plastic bag for wet items
- ❑ Hiking poles (optional)

### **Snow and ice trip**

- ❑ Waterproof jacket
- ❑ Waterproof pants
- ❑ Gloves
- ❑ Knit hat

**Other items** –Knife, electronic devices, patches and neckerchiefs for trading, spending money, medications, phones, playing cards

**DO NOT FORGET YOUR PASSPORT!**