

2023 SC AAU District Championships

Competition Schedule

Apr 28-30, 2023

Friday, April 28, 2023

Session: 1

-- Level 6-8/XG/XP/XD

Open Warmup 4:00 PM
Introduction 4:20 PM

Warmup 4:30 PM
Awards 7:35 PM


Gymnasts: 78

All Ages

Flight: A - 37


 **11**
Acrosmith - 11

 **8**
Balance Point - 5
Champions - 3


 **10**
Hartsville - 5
Rhythms - 5


 **8**
Balance Point - 8

Flight: B - 41

 **12**
LMG - 12

 **9**
Coastal - 9

 **10**
77 & Sunny - 4
Olympia - 6

 **10**
Cheraw - 7
Foothills - 1
Gym South - 2

Saturday, April 29, 2023

Session: 2

-- Lv 3/4/Xcel Bronze

Open Warmup 8:00 AM
Introduction 8:20 AM


Warmup 8:30 AM
Awards 10:35 AM


Gymnasts: 66


Lv 3/4 - All Ages - XB - 12/11/14-1/1/20

Flight: A - 31


 **5**
LMG - 5


 **8**
77 & Sunny - 1
Balance Point - 6
Cheraw - 1


 **10**
LMG - 10


 **8**
Gym South - 2
PAC - 6

Flight: B - 35

 **9**
Coastal - 1
Olympia - 8

 **9**
Acrosmith - 3
Champions - 6

 **9**
Cayce Gymn. - 4
Miss Libby's - 5

 **8**
Champions - 7
GAC West - 1

Competition Address

Crooked Creek Park
1098 Old Lexington Hwy
Chapin SC 29036

Host Club

Lake Murray Gymnastics
info@lakemurraygym.net
803-233-1460

Spectator Tickets - \$20/adult - \$10/Student & Senior - 5 & under Free

Spectator Tickets will NOT be sold on site. Ticket takers will be present at the venue, and tickets can be purchased on the day of competition. Tickets can be purchased [HERE](#), or there is a direct link on LakeMurrayGym.net

Concessions

Steel Horse Smokehouse BBQ will be providing concessions from 11:00 AM until 5:00 PM on Saturday and Sunday. Lake Murray Gymnastics will have a limited concession stand available while Steel Horse is not present.

Host Hotel - Hampton Inn Columbia I-26/Harbison 101 Woodcross Dr - Columbia SC 29212 - 803-749-6999

[Website](#)

2023 SC AAU District Championships

Competition Schedule

Apr 28-30, 2023

Saturday, April 29, 2023

Session: 3

-- Lv 1/2/Xcel Bronze

Open Warmup 11:25 AM
Introduction 11:45 AM

Warmup 11:55 AM
Awards 1:40 PM

Gymnasts: 68

Lv 1/2 - All Ages - XB - 7/5/14-12/10/14

Flight: A - 35



8

Olympia - 1
PAC - 1
Rock Solid - 1
Spirit - 5



8

Balance Point - 6
Coastal - 2



9

Spirit - 9



10

Cheraw - 10

Flight: B - 33



8

Acrosmith - 1
LMG - 7



8

Champions - 4
Gym South - 1
Hartsville - 1
Miss Libby's - 2



8

LMG - 8



9

77 & Sunny - 3
GAC - 1
GAC West - 1
Spartanburg - 4

Saturday, April 29, 2023

Session: 4

-- Xcel Bronze

Open Warmup 2:35 PM
Introduction 2:55 PM

Warmup 3:05 PM
Awards 5:00 PM

Gymnasts: 68

XB - 2/28/13-7/4/14

Flight: A - 36



10

Olympia - 10



9

77 & Sunny - 3
Champions - 4
GAC West - 1
LMG - 1



9

Gym South - 1
Hartsville - 1
PAC - 7



8

Cayce Gymn. - 2
Cheraw - 4
TGAB - 2

Flight: B - 32



8

Coastal - 4
Miss Libby's - 4



8

Foothills - 4
Rock Solid - 4



8

Balance Point - 6
Envi - 2



8

Acrosmith - 1
GAC - 7

2023 SC AAU District Championships

Competition Schedule

Apr 28-30, 2023

Saturday, April 29, 2023

Session: 5

-- Xcel Bronze

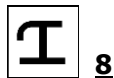
Open Warmup 5:45 PM
Introduction 6:05 PM

Warmup 6:15 PM
Awards 8:10 PM

Gymnasts: 68

XB - 1/1/99-2/27/13

Flight: A - 33



8

Olympia - 2
Rock Solid - 6



8

77 & Sunny - 4
GAC West - 4



8

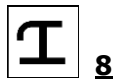
Acrosmith - 3
Coastal - 5



9

Envi - 6
Hartsville - 1
Miss Libby's - 2

Flight: B - 35



8

PAC - 5
TGAB - 3



9

Cayce Gymn. - 2
Champions - 2
GAC - 5



9

Balance Point - 9



9

Cheraw - 5
Foothills - 1
LMG - 3

Sunday, April 30, 2023

Session: 6

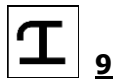
-- XS-5/5/13-1/1/20

Open Warmup 9:00 AM
Introduction 9:20 AM

Warmup 9:30 AM
Awards 11:25 AM

Gymnasts: 58

Flight: A - 30



9

Coastal - 9



7

Balance Point - 6
Spartanburg - 1



7

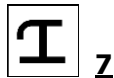
Champions - 6
Hartsville - 1



7

Balance Point - 5
Cheraw - 2

Flight: B - 28



7

Spirit - 7



7

Acrosmith - 5
LMG - 2



7

77 & Sunny - 2
Foothills - 1
PAC - 4



7

Envi - 2
GAC - 5

2023 SC AAU District Championships

Competition Schedule

Apr 28-30, 2023

Sunday, April 30, 2023

Session: 7

-- XS-1/26/12-5/4/13

Open Warmup 12:10 PM
Introduction 12:30 PM

Warmup 12:40 PM
Awards 2:40 PM

Gymnasts: 58

Flight: A - 28



7

Champions - 2
GAC West - 2
Rock Solid - 3



7

GAC - 3
PAC - 3
Spirit - 1



6

Gym South - 2
Hartsville - 4



8

Acrosmith - 6
LMG - 2

Flight: B - 30



8

Balance Point - 6
Cheraw - 2



7

Coastal - 5
Envi - 2



7

77 & Sunny - 3
Foothills - 1
Rhythms - 3



8

Olympia - 6
Spartanburg - 2

Sunday, April 30, 2023

Session: 8

-- XS-1/25/12-1/1/99

Open Warmup 3:00 PM
Introduction 3:20 PM

Warmup 3:30 PM
Awards 5:20 PM

Gymnasts: 58

Flight: A - 29



7

Coastal - 5
Foothills - 2



7

GAC - 3
GAC West - 3
Hartsville - 1



7

Cheraw - 4
Spartanburg - 3



8

Gym South - 1
PAC - 6
Spirit - 1

Flight: B - 29



7

Cayce Gymn. - 2
Champions - 5



7

Acrosmith - 3
Rock Solid - 4



8

Champions - 6
Envi - 1
Rhythms - 1



7

Balance Point - 4
LMG - 3