

Sports Pre-participation Physical Waiver

The sports physical is a screening tool required by state law and school regulations in order for athletes to enter into school sports. This physical is meant to detect those student athletes that may be at increased risk for injuries or illness that would be worsened by their participation in athletics. The nature of the sports physical, however, is limited in the detection of some illnesses; even those illnesses that may be life-threatening. Every year catastrophic cases are reported in which student athletes die during sports participation; for example, from uncontrolled or undiagnosed asthma, heart disease (such as hypertrophic cardiomyopathy a.k.a. IHSS), or serious injuries. Most athletes with these conditions remain asymptomatic until their time of death. Even with the use of more involved testing such as extensive heart and lung test, some conditions can be extremely difficult to detect. The sports physical exam merely provides a cursory tool on which high-risk individuals might be detected and sent forth for further evaluation prior to involvement in athletics. If your child has a strong family history of heart disease, a personal history of asthma that is poorly controlled, elevated blood pressure or other risk factors for sudden death during athletics, they will likely need further evaluation prior to their involvement in sports. Signing below indicates that you have read the above statement and understand that certain conditions may not be detected during sports physicals. Furthermore, you will not hold liable Be a Player, Inc or the medical team for failure to diagnose or detect conditions as stated above.

Name of Student Athlete: _____

Parent's Signature: _____

Date: _____