



Sri Lanka: Colombo, Habarana & Kandy
November 6-14, 2023 *arrival in US on 11/15
\$5,999 (based on double occupancy)
\$1,299 (single supplement)

BOOK NOW 888.747.7501

Introduction to Healthcare & Medical Systems

CAREER ENRICHMENT

The Democratic Socialist Republic of Sri Lanka is an island country in South Asia, located in the Indian Ocean near the Bay of Bengal and Arabian Sea. They have a documented history of over 3,000 years, with pre-historic human settlements dating back 125,000 years. They have a population of 22.5 million people made up of mostly Sinhalese, Sri Lankan and Indian Tamil, and Sri Lankan Moors.

Program Highlights

- **7-nights / 9-day journey through Sri Lanka**
- Smaller group size and private guided journey will allow for a high level of **interaction with your peers and time for networking** with your travel companions and meeting hosts.
- **Accompanying guest** program is available.
- **Optional extension to Nuwara Eliya & Galle** will be offered.
- **6.0 - 8.0 Continuing Medical Education (CME) credits** will be sought for this journey. **This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the Wilderness Medical Society and Nanda Journeys. The Wilderness Medical Society is accredited by the ACCME to provide continuing medical education for physicians.**

Focus on Healthcare & Medicine

- Establish connections with medical professionals in Sri Lanka during visits to a hospital such as the **National Hospital of Sri Lanka**.
- Learn about the **role of nurse practitioners and physician assistants** in the health system as well as discuss the **medical education system** in Sri Lanka compared to that in the U.S. during a visit to the Faculty of Medicine at the **University of Colombo**.

Local community & culture

- Giving back and engaging with the community face to face is an important part of your journey. Spend time with staff during a **visit to a rural school** in route to Habarana.
- Explore the **Dambulla Cave Temple** complex, dating back to the 1st century BC, and see some of the most iconic and evocative examples of religious art in the country.

Program Leader: Rebecca Dean, MA, FACMPE

Rebecca owns Management Solutions Integration in Fairbanks, Alaska. They focus on health care operations consulting, strategic planning, and leadership training. She is also CEO of Sportsmedicine Fairbanks (since 1987). She has a master's degree in Business Administration and is a Fellow of the American College of Medical Practice Executives, the first Alaskan to attain Fellow status from ACMPE (1994).



Why Nanda Journeys?
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Tel: 888.747.7501

Email: info@nandajourneys.com

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