

☐☐☐☐ Bike Packing List ☐☐☐☐. Basic List

 Bike

 Helmet

Water bottle

Spare inner tube

Bike shorts

Bike jerseys

Bike gloves

Buff or ear warmers

May like thin glove

Bike shoes

Handlebar bag and or a pannier. 1 works great.

 ☐ Raincoat

 ☐ Cap or rain cap

 Gloves if cold

 ☐ Sunscreen

Legging or tights

 ☐ Tent with poles

Rain fly

Ground cover


Flashlight 

Sleeping pad

Sleeping bag-remember it may be cold.

Bags to keep clothes dry

Headlamp☐

Portable chair 

Wine opener 

Vest and or polar fleece

 + 'Toiletries 

Personals (you know)

Skirt (this is becoming a tradition)

## □□□□ Bike Packing List □□□□. Basic List

 ear plugs may come in handy

bike shorts

Bike shirt

Casual clothes for evening

Polar fleece or something warm

Socks

Shower shoes

Walking shoes

Washcloth and towel

Money   

 Medicine and insurance card

 Cell phone

By Mary Daniels