

2021/2022 WELCOME PACKAGE



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MEET THE DIRECTOR

My name is Janie Charocopos (Owner and Director) and I'm here to give you all the information you need to integrate into our fun-filled little family. I welcome you all to our 11th Season! These are very different circumstances but we are here to ensure you, we can continue to do what we love; DANCE, safely!

Our Mission

At J'Danse Studio we want to give every child an outstanding experience, every time they walk through our doors. Our aim is to help each student foster a deep passion and love for dance by creating a safe and supportive space where they can explore the art of self-expression through movement.

While enjoyment is the name of the game, hard-work and discipline is an important prerequisite.

Studio Space

At J'Danse Studio, our modern studios are designed for maximum impact. Full-length mirrors. Sprung floors. ballet barres in every studio equipped with tumbling mats. We want to give every student the tools they need to succeed. All spaces are equipped with hand sanitizer stations + cleaning before/after classes. See our Covid-19 policies for a comprehensive outline.

Other Resources

Choosing a studio is a big deal and we know you may have a couple of niggling questions about class times, fees, uniforms and more. Our 2021/2022 Information Guide is designed to give you all the details you need to answer those little questions. If you have any further questions please don't hesitate to email us at jdansestudio@gmail.com.

Mrs Janie has a keen eye for detail and is a sought out choreographer. We routines often win the top competition awards.

Thank you for joining our JDS Family! We're excited to see you soon!

Love,

Mrs Janie C



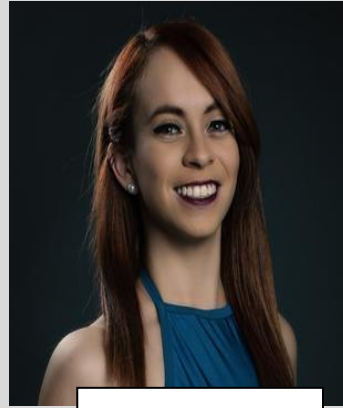
MEET THE TEAM



Mr. George



Miss Sarah



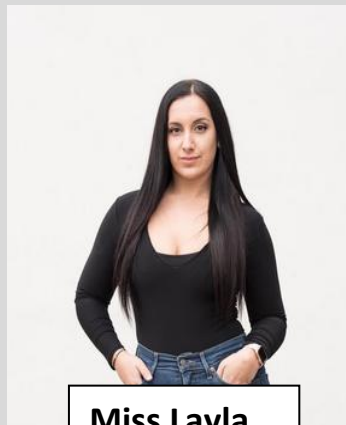
Miss Qristina



Chris



Miss Deanna



Miss Layla



Miss Brianna



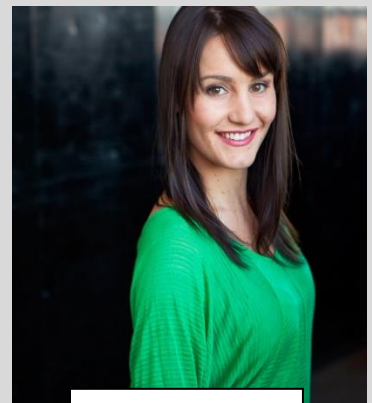
Miss Udanya



Miss Hayley



Miss Hayley



Miss Valerie

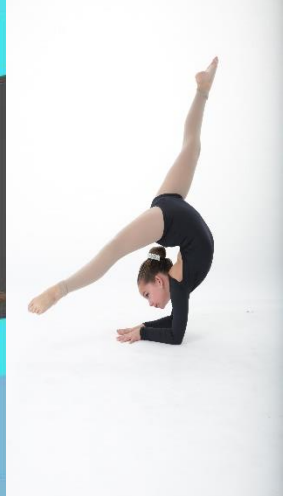


**CANADIAN
RED CROSS**



ASSOCIATED DANCE ARTS FOR PROFESSIONAL TEACHERS

VALUE BASED LEARNING



THIS SEASONS SOCIAL MEDIA HASHTAGS ARE:

#JDSSTRONG * #JDS2K22 * #JDSROX



DANCE SAFE – ONTARIO



J'Danse Studio is a proud member of "Dance Safe Ontario".

We will be adhering to all of the guidelines and regulations set forth by the Government of Canada, the Government of Ontario and City of Toronto.

Your health & safety is our number one priority and we are committed to providing you with the safest environment possible.

We can't wait to dance with you!

VISIT OUR WEBSITE FOR A PDF WITH OUR COMPREHENSIVE POLICIES

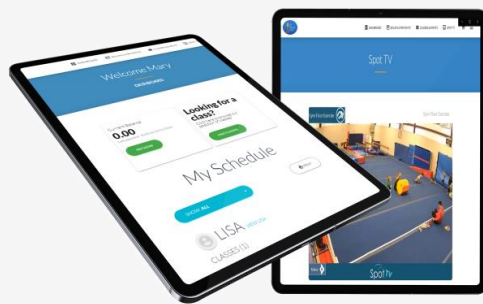
<https://www.jdansestudio.com/covid-19.html>

SCAN QR CODE TO COMPLETE SELF ASSESSMENT FORM BEFORE COMING TO THE STUDIO DAILY, OR COMPLETE PAPER FORM AND SUBMIT UPON ENTERING



SPOT TV – LIVE STREAMING

Since dance families are not allowed to wait in our parents lobby this season and view from our live stream TVs, we are offering live streaming of our classes remotely. Parents will be able to login to a secured Parents Portal and access the cameras to watch their children dance. You will only be able to view the cameras during your child's scheduled class(es). You will have to select this option in your Jackrabbit Parent Portal. There will be a \$45+ hst fee.



CLASS LIVE STREAMING



<https://www.jdansestudio.com/streaming.html>



PICK UP/DROP OFF AREAS

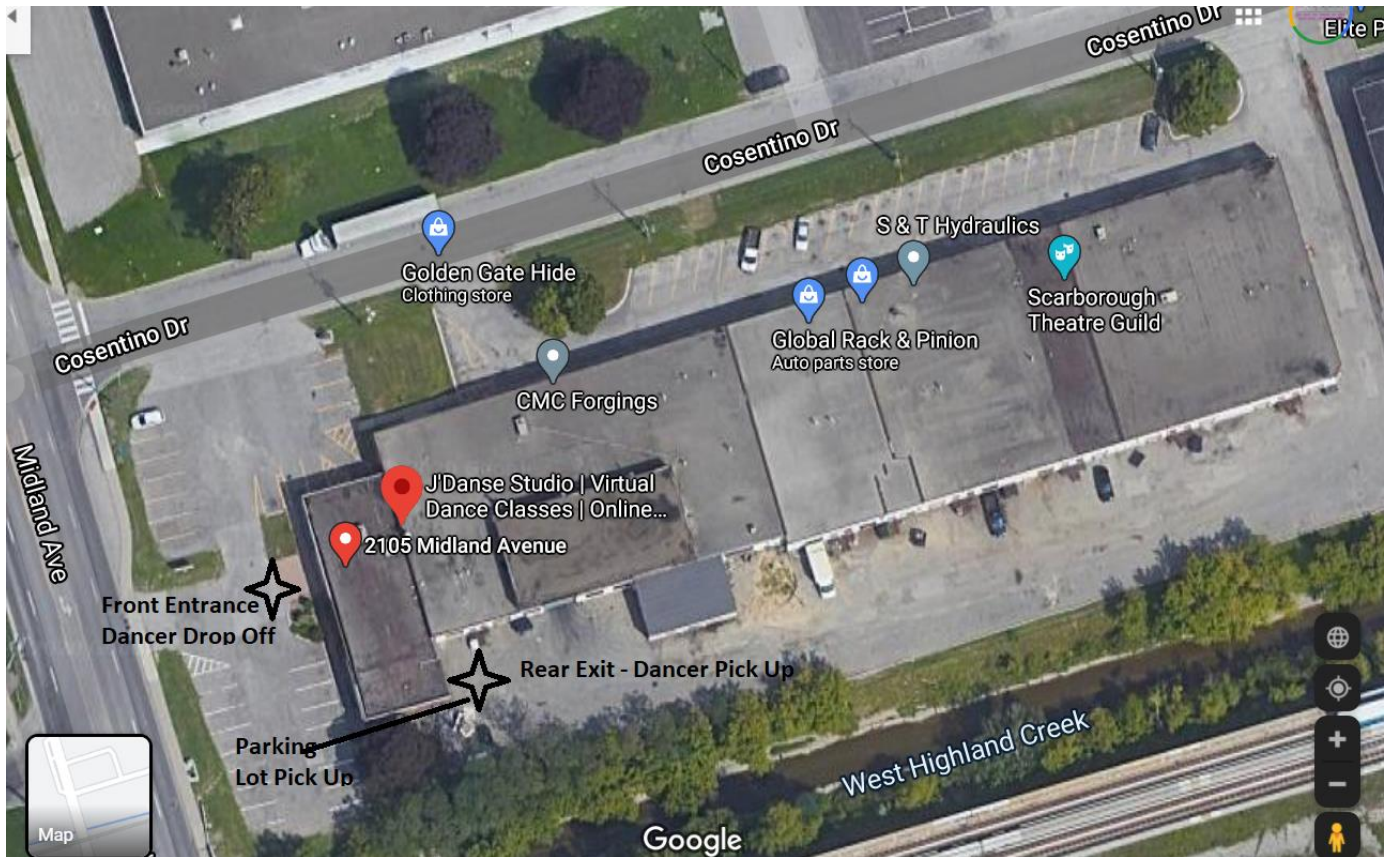
Drop off: Parents will drop off their dancer(s) at the front of the building off of Midland Ave. The parking lot can be entered from Midland Ave or Cosentino Dr. Please drive safely through the parking lot and into a parking spot. Please bring your dancer to the front doors, where an instructor will greet you and complete the necessary Health Screening. Masks are required for all dancers when entering the building. If a parent has to accompany a little one to use the washroom facilities they must wear a mask upon entry.

Pick Up: The dancer(s) will exit from the rear of the building to ensure less foot traffic at the front entrance. You may choose to drive around to the back of the building to pick up your dancer(s). You can also park on the south side of the parking lot (near the ravine) and park. There is an open entrance that you can walk through to pick up your dancer from the exit. Again masks are required in the building when leaving or waiting.

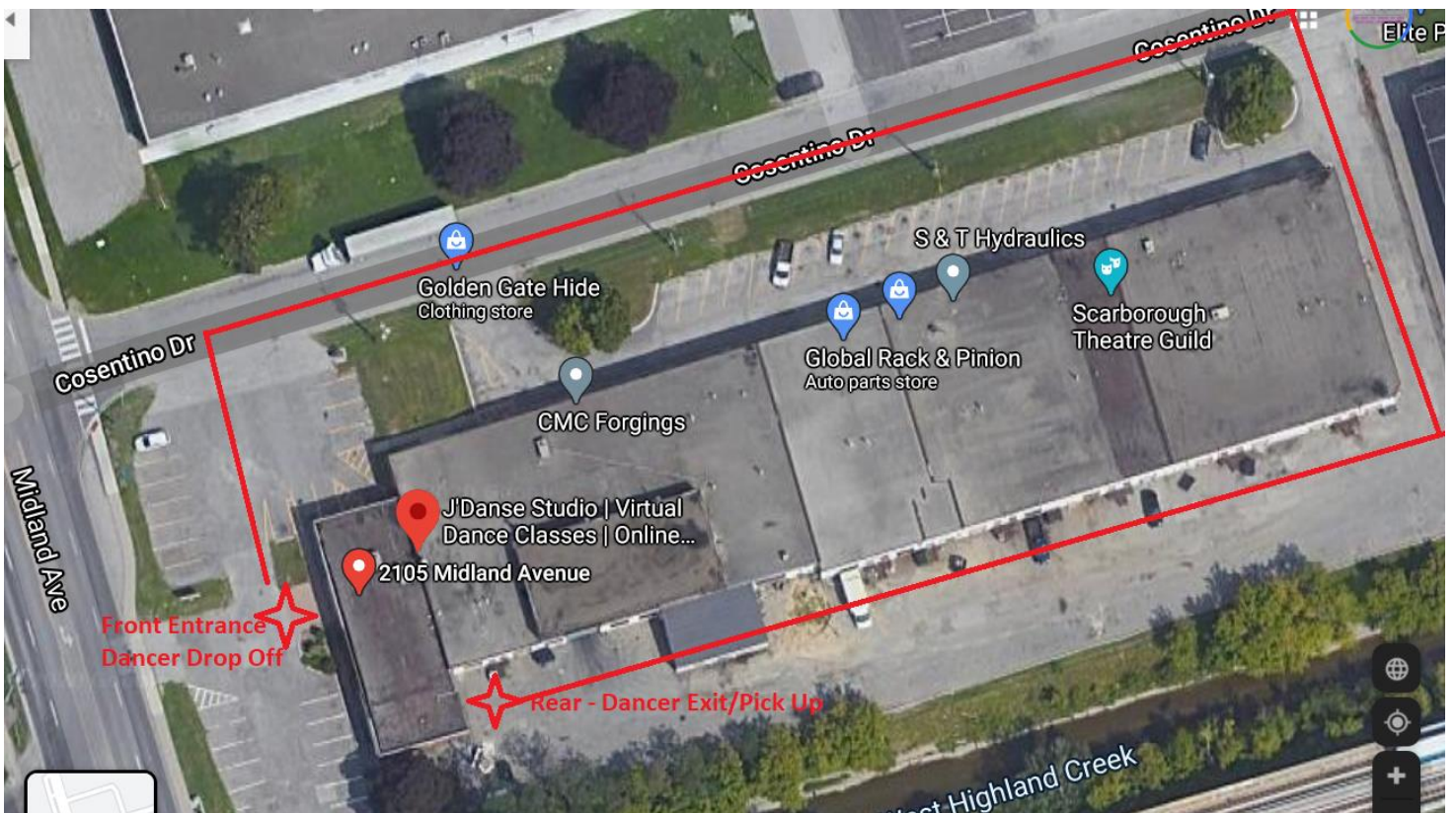
See the maps on next page. Please refer to our COVID-19 policies

If a parent has to accompany a little one who has to use the washroom, the parent will be called and they must wear a mask when entering the building.

Option 1 – Park near south side of lot and walkthrough gate to pick up



Option 2 – Drive to the back of building, park and pick up



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					Creative Dance 2-3yrs w/parent 9:00am-9:30am	Creative Dance 2-3yrs w/ parent 9:30am-10:00am
					Mini Ballet 4-5yrs 9:30am-10:00am	Mini Ballet 4-5yrs 10:00am-10:30am
					Mini Acro 4-5yrs 10:00am-10:30am	Mini Acro 4-5yrs 10:30am-11:00am
					Mini Jazz 4-5yrs 10:30-11:00am	Mini Jazz 4-5yrs 11:00am-11:30am
					Mini Tap 4-5yrs 11:00am-11:30am	Mini Tap 4-5yrs 11:30pm-12:00pm
					Ballet 1/2 6-10yrs 11:45am-12:30pm	Tap 1/2 6-10yrs 12:00pm-12:45pm
					Acro 1/2 6-10yrs 12:30pm-1:15pm	Tap 3/4 11-16yrs 12:45pm-1:30pm
Competitive Choreography	Creative Dance 2-3yrs 5:00-5:30pm		Competitive Choreography	Mini Hip Hop 4-5yrs 5:00pm-5:30pm	Jazz 1/2 6-10yrs 1:15pm-2pm	Ballet 3/4 11-16yrs 1:30pm-2:15pm
Competitive Choreography	Intro to Lyrical 4-5yrs 5:30-6:15pm	Stretch n Strength Comp Students 9+ 5:00pm-5:45pm	Acro 1/2 6-10yrs 5:00pm-5:45pm	Hip Hop 1/2 6-10yrs 5:30-6:15pm	Intro to Pointe Beginner 10+yrs 2:15pm-3:00pm	Jazz 3/4 11-16yrs 2:15pm-3:00pm
Competitive Choreography	Ballet 1/2 6-10yrs 6:15-7:00pm	Technique & Jumps/Turns 9+yrs 6:00pm-6:45pm	Acro 3 10+ or skill 5:45pm-6:30pm	Teen Hip Hop 11+ yrs 6:15pm-7:00pm		Elite Cont/Lyrical 16+ or Selection 3:00pm-3:45pm
Competitive Choreography	Acro 1/2 6-10yrs 7-7:45pm		Elite Acro Skill level 6:30pm-7:15pm	Musical Theatre Open Age 7:00pm-7:45pm		Elite Jazz 16+ or Selection 3:45pm-4:30pm
	Jazz 1/2 6-10yrs 7:45-8:30pm		Elite Tumbling Advanced Only 7:15pm - 8pm			Elite Ballet/Pointe 16+ or Selection 4:30pm-5:15pm

STUDIO A

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					Competitive Choreography	Competitive Choreography
					Competitive Choreography	Competitive Choreography
					Competitive Choreography	Competitive Choreography
					Competitive Choreography	Competitive Choreography
Competitive Choreography	Competitive Choreography		Mini Ballet 4-5yrs 5:00pm – 5:30pm	Competitive Choreography		
Competitive Choreography	Competitive Choreography	Stretch n Strength Comp Students 9+ 5pm-5:45pm	Mini Jazz 4-5yrs 5:30pm – 6:00pm	Competitive Choreography		
Competitive Choreography	Competitive Choreography	Comp Technique 9+yrs 6pm-6:45pm	Mini Acro 4-5yrs 6:00pm – 6:30pm	Competitive Choreography		
				Competitive Choreography		

STUDIO B



2021-2022 Dress Code: There will be NO changing between classes except shoes. It is mandatory that all students come to class dressed in the proper dance attire as outlined otherwise they may be asked to sit out. **Hair must be pulled back in a bun and off the face (bobby pins necessary to ensure the bun doesn't fall out – hair net optional).** Dance attire should be clean, nails groomed and fragrances limited

1) SIZE KITS AVAILABLE AT STUDIO FOR SHOES/BODYSUIT/TIGHTS – BY APPOINTMENT ONLY

2) PLEASE ENSURE THAT DANCE SHOES ARE SIZED TO FIT, NOT WORN OUT or TOO LARGE

CLASS	REQUIRED CLOTHING	REQUIRED SHOES
Creative Dance	<u>Black bodysuit</u> short sleeve Danskin #1988 or long sleeve Capezio #CC450c <u>Tights</u> -Mondor Convertible Foot Ultra Soft #319 in Classic Pink Boys: White tshirt/Black pants or shorts *no shorts/skirts allowed*	Capezio Daisy #205c – Ballet Pink Boys: Capezio Daisy #205c – Black (bows must be tucked in)
Mini Classes (Ballet,Jazz,Acro,Tap, Musical Theatre) & All Classes: Levels 1-4 & Adv/Elite &	<u>Black bodysuit</u> short sleeve Danskin #1988 or long sleeve Capezio #CC450c or #CC450 <u>Tights</u> -Mondor Convertible Foot Ultra Soft #319 in Light Tan Or -JDS black tank top/JDS crop top -Black leggings or shorts (plain, no writing or print)	Ballet: Capezio Juliet Canvas Split Sole #2028c(kids) #2028 in light ballet pink Jazz/Musical Theatre: Capezio EOS Jazz Shoes in Black # PP17c (kids) # PP17 or EJ2c(toddlers) Acro/Tumbling: Capezio foot Undeez in nude #H07c(kids) #H07, barefoot under size 11 Tap: Capezio Mary Jane Tap Shoe Black#3800c (kids) #3800 Lyrical: Body wrappers TotalStretch Canvas pleated half-sole slipper #BW620A #BW620C in Jazz Tan Pointe: Must be fitted - Recommend MALABAR or NBC SHOE ROOM
Stretch n Strength(SNS) & Hip Hop	Comfortable clothing/ workout wear	SNS: clean indoor running shoes(no outdoor shoes allowed) Hip Hop: Pop Tart Grid Sneakers Black #PK153105
COMPETITIVE	Class wear as above	Class shoes above, comp shoes tba

There will be no lost and found at this time

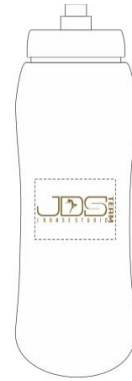
*Return Policy https://jdansestudio.johnnybrown.ca/return-policy?_store=en

WE HAVE ADJUSTED THE CLASS ATTIRE THIS SEASON DUE TO FAMILIES NOT BEING ALLOWED INTO THE STUDIO TO ASSIST WITH CHANGING

WHAT TO HAVE IN YOUR BAG



Dance Shoes



Non glass water bottle

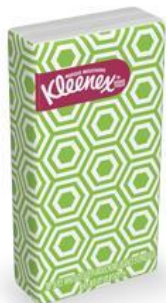


1 face mask

1 back up face mask



Small hand sanitizer bottle



Small Kleenex pack

The studio is equipped with multiple hand sanitizer stations throughout the building, upon entering, at front entrance and exit, near washrooms and in each studio.



2105 Midland Ave, Unit 2, Lower Level
Toronto, ON M1P 3E3
416 830 5601
jdansestudio@gmail.com
www.jdansestudio.com

J'Danse Studio is proud to be associated with Johnny Brown, official supplier for all of our dance wear, shoes and accessories.

Johnny Brown is offering a Partnership Program with dance studios across Canada which allows dancers to purchase the perfect required uniform simply visiting the online store of their school:

<https://www.jdansestudio.com/dress-code.html>

• **Free Shipping on your first order with code JDSWELCOME**

Several advantages to make your life easier

- Shopping for dancewear in September only is over. You can order all year long.
 - No minimum purchase required.
- Affordable prices and great quality products (capezio, Mondor, etc).
 - Fast delivery to your house (approximately 2 days).
- Easily find the right uniform for your kid's class or for yourself. Each Collection is clearly labelled, so you know exactly where to look.
- Sizing guides which make it easy to order the right size are available at your studio all year long.
 - Special discount codes provided throughout the season

Please contact us if you have any questions regarding our online dance store or call Johnny Brown at [1-800-363-7604](tel:1-800-363-7604)



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Free Returns



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Best Brands



HOUSE KEEPING RULES

J'Danse Studio is committed to providing excellent dance education in a clean, friendly and family oriented environment. These policies are to ensure that all dancers receive the education they deserve.

Studio:

1) No outdoor shoes are allowed in the reception area, parent lobby, hallway, change rooms and studio space. Outside debris can damage the floors and become a safety hazard. Please leave shoes on the shoe racks and feel free to wear the slippers provided in the studio space and return them upon leaving.

2) Change rooms are closed at this time during COVID-19

3) No food, drinks or chewing gum are permitted in the dance studio area (except for plastic/sports water bottles – no glass bottles).

4) Valuables should not be brought into the studio. We are not responsible for any lost or stolen items. The lost & found will not be available or permitted this season.

5) The viewing cameras are accessible by logging into the Jackrabbit parent portal and will only be accessible for your specific classes.

6) ONLY Students and Instructors are allowed in the studio (except for Creative Dance Classes).

7) Children who are not dancing may not be left unsupervised at the studio, unless discussed in advance. The staff's attention is on the dancers and cannot be monitoring waiting students.

Attendance and Admin:

9) In the event of an absence, as a courtesy, parents are required to notify the studio or inform the teacher. **Correspondence should be sent via email or the online portal.** You can call or make an appointment to discuss the matter in person if it is urgent.

10) During extreme weather conditions, classes may be cancelled and a cancellation message will be emailed to everyone. The message will also be announced on the portal, website,

Facebook and Instagram. If you do not have access to internet or email, please advise us so that we can ensure a call is placed.

11) If your child has an injury or special need, it is vital that you notify the teacher so that we can monitor the child during class.

12) Any concerns should be addressed directly with Janie or George. Staff are unable to accommodate lengthy conversations during/between a class. Janie or George will be happy to give you our undivided attention at a scheduled date/time.

13) Please update the portal with any changes in contact information. Please ensure the emergency contact section is completed in your portal in case it is required and kept updated.

14) Please keep yourself up to date and familiar with the studio calendar/closures/important dates

Etiquette & Conduct:

14) PLEASE DO NOT SPEED in the parking lot. There are kids crossing at all times. Safety is a priority. Please park in the designated spot only. Please do not block entrance ways.

15) Please be considerate with respect to limiting scents in the studio

16) Belongings should be kept in small dance bags. Please double check your bag to ensure you have all your belongings before you leave and you don't have someone else's belongings. We don't send emails for lost items.

17) Please ensure that you are wearing the proper dance attire, including hair in a bun and proper shoes/foot wear for every class. Our dress code has been made available online and on the studio bulletin board. Dancers not wearing the proper dance attire may be asked to sit out of class.

18) Students are expected to observe good personal hygiene habits. Ensure dance attire is clean, nails are neatly groomed and that deodorant is used if required.

19) All students should keep their bodies healthy! Proper rest, drink lots water and eat healthy foods for good health and injury prevention.

20) Students are not to leave the studio and enter the reception area during class time unless dismissed by the instructor. Instructors need to know where their students are at all times.

21) Please do not place your feet/shoes/boots up on the chairs to help in minimize wear and tear.

22) Here at J'Danse Studio, we promote that all dancers/parents/guardians treat each other with respect, support and encouragement.

Thank you for you co-operation

2105 MIDLAND AVE, LOWER LEVEL TORONTO, ON M1P 3E3
TEL # 416 830 5601

DANCE@JDANSESTUDIO.COM

There is a lan line at the studio for teachers/students to make outgoing calls should they need to contact parent(s)/guardians. Please ensure contact information is always updated in the parent portal

