

***Community Resources  
For Dekalb County  
Smithville  
Head Start Center  
2017-2018***



To locate additional information on Community  
Resources access,  
[www.tennhelp.com](http://www.tennhelp.com) or Call 211

***Developed and Distributed by L.B.J. & C. Head Start***

## **Table of Contents**

### **Resources for:**

Adult Education.....	Page # 3
Adult Job Training.....	Page # 4
Bereavement. ....	Page # 6
Child Care.....	Page # 7
Child Abuse.....	Page # 8
Dental Providers/TennCare.....	Page # 10
Dental Providers/.....	Page # 11
Disabilities.....	Page# 12
Domestic Violence.....	Page # 14
Drug/Alcohol Abuse.....	Page # 15
Emergencies. ....	Page # 17
Food/Clothing& Utilities.....	Page # 18
Housing/Homeless.....	Page # 19
Insurance. ....	Page # 21
Legal/Gov. Assistance.....	Page # 22
Marriage/Strengthening.....	Page # 24
Marriage (Pre-Counseling).....	Page # 24
Medical Providers/TennCare.....	Page # 25
Medical Providers/.....	Page # 28
Mental Health Providers/TennCare.....	Page # 29
Mental Health Providers/.....	Page # 31
Quit Tobacco Resources.....	Page # 33
Raising Children.....	Page # 34
Transportation.....	Page # 36
Youth Involvement.....	Page # 37
Language Asst.....	Page # 38

## **Adult Education:**

### **Cumberland College**

One Cumberland Square

Lebanon, TN. 37087

(615) 444-2562 & (800) 467-0562

*(Assists Adults to further their education and they also sponsor job fairs)*

### **Adult Learning Center**

286 E Main St

Algood, TN. 38506

(931) 528-8685

***They offer: ESOL, GED, Adult High School, Basic Computer Training***

*(Assists Adults to further their education)*

### **Genesis Career College**

880-A East 10<sup>th</sup> Street

Cookeville, TN. 38501

(931) 526-8735

*(Assists Adults to further their education)*

### **Middle Tennessee State University (MTSU)**

1301 East Main Street

Murfreesboro, TN. 37132-0001

(615) 898-2300

*(Assists Adults to further their education and they also sponsor job fairs)*

### **Nashville State Community College**

1000 Neal Street

Cookeville, TN. 38501

(931) 526-2211 & (931) 520-0551

*(Assists Adults to further their education and they also sponsor job fairs)*

### **Tennessee Technology Center**

PO Box 8500 Lynchburg, TN 37352

McMinnville, TN. 37110

(931) 393-1500

*(Assists Adults to further their education and job skills training)*

### **Tennessee Technological University**

1 William Jones Dr. Cookeville, Tennessee 38505

(800) 255-8881 or (931) 372-3888

*(Assists Adults to further their education)*

## **Adult Job Training Services:**

### **Genesis Career College**

880-A East 10<sup>th</sup> Street

Cookeville, TN. 38501

(931) 526-8735

*(Assists Adults to further their education)*

### **Fortis Institute**

Highway 111

Cookeville, TN.

(931) 526-3660

*(Assists Adults to further their education)*

### **Nashville State Community College**

1000 Neal Street

Cookeville, TN. 38501

(931) 526-2211

(931) 520-0551

*(Assists Adults to further their education and they also sponsor job fairs)*

### **NHC Healthcare**

825 Fisher Ave

Smithville, TN 37166

(615) 597-4284

*(Offers training and employment as a Certified Nursing Tech (CNT))*

### **Social Security Administration - SSI Program**

665 S. Jefferson Avenue

Cookeville, TN 38501

**Hotline:** 877-772-2992

*(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)*

### **SMX Staffing**

726 S Congress Blvd

615-215-6120

**Tennessee Department of Human Services - Dekalb County**

Families First Program

715 Walker Dr Smithville, TN 37166

(615)-597-4725

*(Assists with Children's Issues, Disability Services, Food, Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)*

**Motlow Community College**

225 Cadillac LN

McMinnville, TN. 37110

(931) 668-7010

*(Assists Adults to further their education and job skills training)*

**Upper Cumberland Human Resource Agency - Dekalb County**

Smithville, TN 37166

615-597-4504

*(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start; Cumberland Mountain School.)*

**Vocational Rehabilitation (Also known as TRC)**

1955 E 20<sup>th</sup> St Cookeville, TN. 38501

(931) 526-9783

*(Provides assistance with re-education of disabled individuals and job skills training)*

**Vocational Training Center (Also known as TRC)**

1605 Brown Ave.

Cookeville, TN. 38501

(931) 526-4721

*(Provides assistance with vocational education, work adjustments and job placement for people with disabilities)*

## **Resources for Bereavement:**

### **Gentiva Hospice**

Sponsored by: Lazarus House Hospice  
West 5<sup>th</sup> and Willow  
Cookeville, TN.  
931-520-1705  
931-528-5133

### **Heart of the Cumberland**

P.O.Box 717  
Cookeville, TN 38503  
Phone: 931-525-2600  
[heartofthecumberland@gmail.com](mailto:heartofthecumberland@gmail.com)

*Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances*

### **John & Kay Quintero, Licensed Psychologists**

#### **Haven of Hope**

612 S Congress Blvd  
Smithville, TN 37166  
(615) 597-8978

*(They provide 20 hours per week of free mental health counseling in the areas of grief, child abuse, drug addictions, etc.)*

## **Childcare:**

### **DEKALB WEST ELEMENTARY EARLY CHILDHOOD (Pre-K)**

101 Bull Dog Lane  
LIBERTY, TN 37095  
(615) 536-5247 (*call for fees*)

### **KIDS Putnam**

1130 Chocolate Dr  
Cookeville, TN 38501  
931-526-5437

### **RAINBOW PLAY SCHOOL**

714 WALKER DRIVE  
SMITHVILLE, TN 37166  
(615) 597-8777 (*call for fees*)

### **SHIRLEY'S DAY CARE**

1001 SOUTH MOUNTAIN ST.  
SMITHVILLE, TN 37166  
(615) 597-1435 (*call for fees*)

### **SMITHVILLE ELEMENTARY SCHOOL (Pre-K)**

221 EAST BRYANT STREET  
SMITHVILLE, TN 37166  
(615) 597-2914

### **SMITHVILLE HEAD START**

118 KIMBERLY LANE  
SMITHVILLE, TN 37166  
(615) 597-5168 (*Free Service*)

### **TINY TOT CHILD CARE I**

4026 NASHVILLE HWY  
DOWELLTOWN, TN 37059  
(615) 597-1284 (*call for fees*)

### **TINY TOT CHILD CARE II**

4026 NASHVILLE HWY  
DOWELLTOWN, TN 37059  
(615) 597-1284 (*call for fees*)

## **Resources to help in Child Abuse Situations:**

### **Child Abuse Hotline**

900 2nd Avenue North  
Nashville, TN 37201  
877-237-0004

*(Hotline Only. Provides a 24-hour line to take reports of abuse and neglect from anyone who knows about a child abuse situation.)*

### **Court Appointed Special Advocates for Children (CASA)**

3300 Williams Enterprise Drive  
Cookeville, TN. 38506  
931-520-8733

*(Assist with child placement for best possible outcome when child is taken from home due to abuse and/or neglect)*

### **Dekalb County Sheriff's Department**

100 Public Square  
Smithville, TN 37166  
(615) 597-4935  
9-1-1 Emergencies

*(Assist with emergency needs)*

### **Department Of Children's Services**

1300 Salem Road  
Cookeville, TN 38506  
(931) 646-3002

*(Counties Include: Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Van Buren, Warren, White)*

### **District Attorney General**

1519-East Spring Street  
Cookeville, TN. 38501  
(931) 528-5015

*(Assist with child Abuse/domestic violence and other legal issues)*

### **John & Kay Quintero, Licensed Psychologists Haven of Hope**

612 S Congress Blvd  
Smithville, TN 37166  
(615) 597-8978

*(They provide 20 hours per week of free mental health counseling in the areas of grief, child abuse, drug addictions, etc.)*



**LifeCare Family Services**

665 S. Jefferson Ave  
Cookeville, TN. 38501  
(931) 528-0051  
1-800- 881-0359  
(615) 781-0688

*(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)*

**Smithville City Police Department****104 E. Main St**

Smithville, TN 37166  
(615) 597-8210

*(Assist with emergency needs)*

**The Exchange Club/Stephens Center for the Prevention of Child Abuse**

616-B North Church Street  
Livingston, TN 38570  
Contact: Carolyn Isbell, Executive Director  
931-823-6432 & 800-635-5199

*(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)*

**Tennessee Commission on Children/Youth**

Andrew Jackson Building, 9<sup>th</sup> Floor,  
502 Deadrick St.  
Nashville, TN 37243  
615-741-2633

## **Dental Providers who take TennCare:**

### **Cookeville Regional Dental Clinic**

327 North Cedar Street  
Cookeville, TN 38501  
(931) 528-5105

### **Dr. Bewick**

07 Short Mountain  
McMinnville, TN.  
931-473-2782

### **Dr. Barnes**

407 Short Mountain  
Smithville, TN. 37166  
(615) 597-1110

### **Dr. Darryl Deason**

801B West Main Street  
Woodbury, TN.  
(615) 563-2266

### **Zoo Crew**

Dr. Charles Burdeshaw  
107 Bon nabrook Drive  
Hermitage, TN 37076  
1-800-373-3330

**Dental Providers, who may not take TennCare,  
but offer services to low-income families:**

**Bread of Life Homeless Shelter and Clinic**

281 4th Street

Crossville, TN 38555

931-707-0569

*(Primary care medical clinic for uninsured no-income and low -income persons.*

*Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)*

**Interfaith Dental Clinic**

1721 Patterson Street

Nashville, TN

(615) 329-4790

*(Based on Income/Proof of income required)*

**Matthew Walker Center**

1305 14<sup>th</sup> Ave M.

Nashville, TN 37208

(615) 327-9400

*(Based on Income/Proof of income required)*

**Murfreesboro Clinic**

210 Robert Rose Dr

Murfreesboro, TN 37129

615-225-4141

## **Resources for Persons with Disabilities:**

### **Children's Special Services**

254 Tiger Dr  
Smithville, TN 37166  
615-597-7590/597-7599

*(Assists with the medical needs of children and young adults from birth to age 21. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)*

### **Friends of T.I.P.S.**

P.O. Box 5095  
Tennessee Tech University  
Cookeville, TN 38505  
931-372-6247

*(Assist with Children's Issues, Disability Services. This group serves the Upper Cumberland Region by providing educational, medical, social, respite, and/or support to families of special needs children from birth to 3 years of age. The service will coordinate with the family's schedule and individual needs to provide home-based services. A parent advisor will initially visit with the family to develop a goal-directed program. Monthly visits are then conducted to help the family meet those goals. These services will also coordinate with other local resources such as daycares, medical providers, etc. This program is limited to special needs/developmentally delayed children ages birth to 3 years, and their family members. Referrals must go through Philomena Palmer with the Tennessee Early Intervention Program at 931-372-3561.)*

### **Independent Opportunities Inc. (I.O.I.)**

25 West Broad Street  
Suite # 8  
Cookeville, TN. 38501  
(931) 528-7701

*(Non-profit organization providing high quality residential services to persons with developmental disabilities)*

### **Pacesetters Inc.**

2511 HWY 111 North  
Algood, TN. 38506  
(931) 537-9100

*(Assist persons with disabilities and mental illness in various ways)*

**Tennessee Department of Human Services - Dekalb County**

Families First Program

715 Walker Dr

Smithville, TN 37166

(615)-597-4725

*(Assists with Children's Issues, Disability Services, Food, Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)*

**TN Early Intervention System (TEIS)**

Education/training

(931) 528-1623

*Assist children/families birth - 3 yrs)*

**Upper Cumberland Human Resource Agency - Dekalb County**

712 S Congress Blvd Smithville, TN 37166

615-597-4504

*(Assists with Children's Issues, Clothing, **Disability Services**, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys)*

**Vocational Rehabilitation**

1955 E 20<sup>th</sup> St Cookeville, TN. 38501

(931) 526-9783

*(Provides assistance with re-education of disabled individuals and job skills training)*

**Vocational Training Center**

1605 Brown Ave.

Cookeville, TN. 38501

(931) 526-4721

*(Provides assistance with vocational education, work adjustments and job placement for people with disabilities)*

## **Resources to help in Domestic Violence Situations:**

### **Dekalb County Sheriff's Department**

Smithville, TN 37166

(615) 597-4935

911 Emergencies

*(Assist with emergency needs)*

### **District Attorney General**

1519-East Spring Street

Cookeville, TN 38501

(931) 528-5015

*(Assist with child Abuse/domestic violence and other legal issues)*

### **Genesis House**

Street location is confidential

Cookeville, TN N/A

(931) 526-4730

**Hotline:** 800-707-5197

*(This shelter offers a 24 hour crisis line (will accept collect calls), emergency shelter for women and children, legal advocacy, children's advocacy, case plans for employment and housing, supportive and transitional housing, and individual counseling for domestic violence issues. They will also provide services in non-crisis situation as well. They offer support groups for victims of domestic violence and rape/sexual assault).*

### **LifeCare Family Services**

Cookeville, TN. 38501

(931) 528-0051

1-800- 881-0359

(615) 781-0688

*(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)*

### **Smithville City Police Department**

Smithville, TN 37166

(615) 597-8210

*(Assist with emergency needs)*

### **The Exchange Club/Stephens Center for the Prevention of Child Abuse**

616-B North Church Street

Livingston, TN 38570

Contact: Carolyn Isbell, Executive Director

931-823-6432 & 800-635-5199

*(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)*

**Resources available to help fight the Alcohol and Drug Abuse**  
**(Including METH) Problems in your area:**

*All Local Churches in Area*

**Bradford Health Center @ Cookeville Regional Office**

1330 Neal Street, Suite D

Cookeville, TN 38501

931-528-6803

*(Treatment Facilities for Alcoholism and drug addiction for adults & children)*

**Dekalb County Sheriff's Department**

Smithville, TN 37166

(615) 597-4935

911 Emergencies

*(Assist with emergency needs)*

**Dekalb County Crime Stoppers**

Smithville, TN 37166

(615) 597-4935/ 464-6046

*(Assist with emergency needs)*

**John & Kay Quintero, Licensed Psychologists**

Haven of Hope

612 S Congress Blvd

Smithville, TN 37166

(615) 597-8978

*(They provide 20 hours per week of free mental health counseling in the areas of grief, child abuse, drug addictions, etc.)*

**LifeCare Family Services**

Cookeville, TN. 38501

(931) 528-0051

1-800- 881-0359

(615) 781-0688

*(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)*

**Meth Hotline**

Spring Street

Cookeville, TN. 38501

(931) 525-6384

*(Call to report suspected Meth activity)*

**Meth Hotline/Statewide**

1-877-866-6384 (*Call to report suspected Meth activity*)

**Plateau Mental Health Center**

Substance Abuse Services

1200 South Willow Avenue

Cookeville TN 38502

Phone: (931) 432-4123

Hotline: (877) 567-6051 (*Assist persons with disabilities/mental illness& Drug abuse in various ways*)

**Smithville City Police Department**

Smithville, TN 37166

(615) 597-8210 (*Assist with emergency needs*)

**Thirteenth Judicial Task Force**

Cookeville, TN. 38501

(931) 528-5400 (*Drug Task Force*)

**Upper Cumberland-Community Services Agency**

417 East Broad Street

Suite A.200

Cookeville, TN 38501

(931) 520-0200

*(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)*

**Upper Cumberland Human Resource Agency - Dekalb County**

712 S Congress Blvd Smithville, TN 37166

615-597-4504

*(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start; Cumberland Mountain School.)*



## **Assistance in the event of an Emergency Situation:**

### **American Red Cross**

Smithville, TN 37166

931-473-2595

*(Assistance with clothing, food & shelter in the event of a disaster, such as house fires)*

### **Dekalb Community Hospital**

520 W Main St. Smithville, TN 37166

(615) 215-5000 *(Assist in emergency medical needs)*

### **Dekalb County Ambulance Department**

248 Meadowbrook

Smithville, TN. 37166

(615) 597-6768

9-1-1 Emergencies *(Assist with emergency needs)*

### **Dekalb County Fire Department**

782 King Ridge Rd

Dowelltown, TN. 37059

(615) 597-4141

9-1-1 Emergencies *(Assist with emergency needs)*

### **Dekalb County Rescue Squad**

Smithville, TN. 37166

9-1-1 Emergencies *(Assist with emergency needs)*

### **Poison Control/National**

1-800-222-1222

### **Shriners of Tennessee**

1354 Brick Church Pike

Nashville, TN. 37207

*(615) 226-7676 (Helping children with orthopedic and burn conditions at no cost to the families or outside agencies)*

### **Smithville City Fire Department**

Smithville, TN. 37166

(615) 597-4141

9-1-1 Emergencies *(Assist with emergency needs)*

### **Smithville City Police Department**

Smithville, TN 37166

(615) 597-8210 *(Assist with emergency needs)*

### **Thirteenth Judicial Task Force**

Cookeville, TN. 38501

(931) 528-5400

*(Drug Task Force)*

## **Assistance with Food/Clothing/Utilities Needs:**

### **American Red Cross**

Smithville, TN. 37166

931-473-2595 (*Assistance with clothing, food & shelter in the event of a disaster, such as house fires*)

### **Community Education Office for the Food Stamp Program**

#### ***Legal Aid Society of Middle Tennessee and the Cumberlands***

9 South Jefferson Avenue Cookeville, Tennessee 38501

Phone: 931.528.7436 Toll Free: 800.262.6817 (*Provides Pre-screenings and information for the Food Stamp program. Serves all counties in the LBJ&C Head Start Service area.*)

### **Dry Creek Baptist Church**

5521 Dry Creek Rd

Dowelltown, TN. 37059

(615) 536-5075 (*Assist with food/clothing needs*)

### **Keltonburg Church of Christ**

5526 Keltonburg Rd

Smithville, TN 37166

(615) 597-1866 (*Assist with food/clothing needs*)

### **Smithville Church of Christ**

520 Dry Creek Rd

Smithville, TN 37166

(615) 597-4159 (*Assist with food/clothing needs*)

### **Salvation Army**

Cookeville, TN. 38501

(931) 520-1654 (*Assists with various needs*)

### **Tennessee Department of Human Services - Dekalb County**

Families First Program

715 Walker Dr Smithville, TN 37166

(615)-597-4725

(*Assists with Children's Issues, Disability Services, **Food**, Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities*)

### **Upper Cumberland Human Resource Agency - Dekalb County**

712 S Congress Blvd Smithville, TN 37166

615-597-4504 (*Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys*)

## **Resources to assist with Housing/Homeless Needs:**

### **Bread of Life Homeless Shelter and Clinic**

281 4th Street

Crossville, TN 38555

931-707-0569

*(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)*

### **Bell Street Apartments**

318 Bell St

Smithville, TN 37166

(615) 597-1276

*(Low-income Housing)*

### **Evins Manor Apartments**

848 Foster Rd

Smithville, TN 37166

(615) 597-5902

*(Low-income Housing)*

### **Royal Oaks Apartments**

Smithville, TN 37166

(615) 597-6330

*(Low-income Housing)*

### **Smithville Housing Authority**

415 S Jackson St

Smithville, TN 37166

(615) 597-4140

*(This program offers low-income or no-income housing, is a waiting list for eligible persons depending on the type of housing being applied for.)*

### **Cookeville Rescue Mission**

Cookeville, TN.

(931) 528-5819

*(Homeless shelter)*

### **Habitat for Humanity**

PO Box 750

Smithville, TN

615-215-8181

*(Habitat builds and sells houses to “partner families” at cost with no-interest mortgages)*

**United States Department of Agriculture**

Rural Development

390 South Lowe Avenue Suite K

Cookeville, TN 38501

(931) 528-6539

*(Provides affordable home loans. Assists low-income homeowners finance needed home repairs)*

**Upper Cumberland Human Resource Agency - Dekalb County**

712 S Congress Blvd

Smithville, TN 37166

615-597-4504

*(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys)*

## **Assistance with Insurance Needs:**

### **Blue Cross Blue Shield**

(865) 588-4612 Group Insurance

1-800-845-2738

*(Affordable Insurance for Families & Individuals)*

### **Tennessee Department of Human Services - Dekalb County**

Families First Program

715 Walker Dr

Smithville, TN 37166

(615)-597-4725

*(Assists with Children's Issues, Disability Services, Food, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)*

### **Tennessee Justice Center**

Nashville, TN

615-255-0331

*Assists with strategies for obtaining TennCare and appeals process, etc.*

## **Legal/Governmental Assistance:**

### **Child Support Services of Tennessee - Cookeville**

1525 East Spring Street

Suite G

Cookeville, TN 38506

931-528-8598

*(Helps locate parents who are not paying child support. They will provide legal representation in child support hearings. They also provide paternity testing)*

### **Smithville Housing Authority**

415 Jackson St

Smithville, TN 37166

(615) 597-4140

*(This program offers low-income or no-income housing, is a waiting list for eligible persons depending on the type of housing being applied for.)*

### **Legal Aid Society of Middle Tennessee and the Cumberlands**

9 South Jefferson Avenue

Cookeville, Tennessee 38501

Phone: 931.528.7436

Toll Free: 800.262.6817

*(Serves all counties in the LBJ&C Head Start Service area. Provides free legal assistance to low-income persons on such issues as TennCare, Medicare, Domestic Violence, Housing Problems, Special Education Issues, and Consumer Issues. )*

### ***Rape and Sexual Assault Response Center***

1519 East Spring, Suite F

Cookeville, TN 38506

Hours of operation = 24 hrs/day, 7 days a week

Phone: = 931-526-5197

Hotline: 800-707-5197

Translation services offered: Yes

*(Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).*

**Upper Cumberland-Community Services Agency**

417 East Broad Street

Suite A.200

Cookeville, TN 38501

(931) 520-0200

*(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)*

**Upper Cumberland Human Resource Agency - Dekalb County**

Smithville, TN 37166

615-597-4504

*(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start; Cumberland Mountain School.)*

## **Resources to Strengthen Marriages:**

### **Assessment/Counseling/training Services (ACTS)**

Cookeville, TN. 38501

(931) 528-9399

*(Provide Assistance with Marriage & Mental Health Counseling)*

### **First Baptist Church**

101 W Church St

Smithville, TN 37166

(615) 597-4275

Contact: Donald Davidson

*(Upon request and by appt)*

### **LifeCare Family Services**

Cookeville, TN. 38501

(931) 528-0051

1-800- 881-0359

(615) 781-0688

*(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)*

### **Upper Cumberland Development District**

1225 South Willow Avenue

Cookeville, TN 38501

(931) 432-4111

*(Provide assistance with Disability Services, Housing, Legal/Governmental Assistance, Money/Employment Assistance, Parenting and Marriage Issues, Transportation/Utilities)*

## **Pre- Marriage Counselors:**

### **Assessment/Counseling/training Services (ACTS)**

Cookeville, TN. 38501

(931) 528-9399

*(Provide Assistance with Marriage & Mental Health Counseling)*

### **First Baptist Church**

101 W Church St

Smithville, TN 37166

(615) 597-4275

Contact: Donald Davidson

*(Upon request and by appt)*



## **Medical Providers who take TennCare:**

### **Dekalb Community Hospital**

520 W Main St  
Smithville, TN 37166  
(615) 215-5000  
*(Assist in emergency medical needs)*

### **Children's Special Services**

Cookeville Regional Health Office  
200 W. 10th Street  
Cookeville, TN 38501  
931-528-7531  
*(Assists with the medical needs of children and young adults from birth to age 21. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)*

### **Cookeville Pediatrics Associates**

345 West Broad Street  
Cookeville, TN. 38501  
(931) 528-1485  
*(Takes TennCare)*

### **Cookeville Regional Medical Center**

142 West 5<sup>th</sup> Street  
Cookeville, TN. 38501  
(931) 528-2541  
*(Takes TennCare)*

### **Dekalb County Health Department**

254 Tiger Dr  
Smithville, TN. 37166  
(615) 597-7590/ 597-7599

### **Dr. Thorton Bryan**

302 North Congress Blvd  
Smithville, TN. 37166  
(615) 597-4395  
*(Takes TennCare)*

### **Dr. Cooper**

302 North Congress Blvd  
Smithville, TN. 37166  
(615) 597-4395*(Takes TennCare)*

**Dr. David Foutch/Eye Doctor**

517 West Broad Street  
Smithville, TN. 37166  
(615) 597-2255

**Dr. Doug Hooper**

Family Medical Center  
Smithville, TN. 37166  
(615) 597-4395  
(Takes TennCare)

**Dr. Starla Meigs**

107 North Congress Blvd  
Smithville, TN. 37166  
(615) 597-4218  
(Takes TennCare)

**Dr. Jack & Kevin Rhody**

302 North Congress Blvd  
Smithville, TN. 37166  
(615) 597-4395  
(Takes TennCare)

**Dr. William Sherwood**

302 North Congress Blvd  
Smithville, TN. 37166  
(615) 597-4395  
(Takes TennCare)

**Dr. David Snodgrass**

4761 Andrew Jackson Parkway  
Hermitage, TN. 37076  
(615) 885-3525  
(Takes TennCare)

**Dr. J.C. Wall**

518 West Main Street  
Smithville, TN. 37166  
(615) 597-4005  
(Takes TennCare)

**Family Medical Center**

**302 N Congress Blvd.**  
Smithville, TN. 37166  
(615) 597-4395  
(Takes TennCare)

**Kids Kare**

Dr. Climico

758 South Willow Ave.

Cookeville, TN. 38501

(931) 526-6173

*(Takes TennCare)*

**Tennessee Pediatrics**

435 North Cedar Street

Cookeville, TN. 38501

(931) 526-6100

*(Takes TennCare)*

**Medical Providers, who may not take TennCare, but  
offer services to low-income families:**

**Dekalb Community Hospital**

520 W. Main St  
Smithville, TN 37166  
(615) 215-5000  
*(Assist in emergency medical needs)*

**Bread of Life Homeless Shelter and Clinic**

281 4th Street  
Crossville, TN 38555  
931-707-0569  
*(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)*

**Children's Special Services**

Cookeville Regional Health Office  
200 W. 10th Street  
Cookeville, TN 38501  
931-528-7531  
*(Assists with the medical needs of children and young adults from birth to age 21. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)*

**Cookeville Regional Medical Center**

142 West 5<sup>th</sup> Street  
Cookeville, TN. 38501  
(931) 528-2541  
*(Takes TennCare)*

**Dekalb County Health Department**

254 Tiger Dr  
Smithville, TN. 37166  
(615) 597-7590/ 615-597-7599

## **Mental Health Providers who take TennCare:**

### **Cumberland Plateau Recovery**

550 North Church Street

Livingston, TN. 38570

(931) 403-3577

(931) 265-5382 (*Assists those recovering from substance abuse with counseling and support services*)

### **Dale Hollow Mental Health Center**

501 Spruce Street

Livingston, TN. 38570

(931) 823-5678 (*Assist with family or individual counseling for drugs/alcohol/etc.*)

### **Personal Growth and Learning Center**

509 North Cedar Avenue

Cookeville, TN 38501

931-520-8435

(*Provides out-patient psychiatric and psychotherapy services (individual - adult and child, family, couples, groups) with specialties in trauma and abuse recovery, eating disorders, child/play therapy, EMDR, employee assistance programs, expert witness, and other generalized mental health services*)

### **Plateau Mental Health Center**

Substance Abuse Services

1200 South Willow Avenue

Cookeville TN 38502

Phone: (931) 432-4123

Hotline: (877) 567-6051 (*Assist persons with disabilities and mental illness in various ways*)

### **Rape and Sexual Assault Response Center**

1519 East Spring, Suite F

Cookeville, TN 38506

Hours of operation = 24 hrs/day, 7 days a week

Phone: = 931-526-5197

**Hotline:** 800-707-5197

(*Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service.*)

**Volunteer Behavioral Health Care System - Plateau Mental Health Center**

1200 South Willow

PO Box 3165

Cookeville, TN 38502

931-432-4123 **Hotline:** 1-800-281-4943

*(Volunteer Behavioral Health Care provide a broad array of services and treatment strategies which include: psychiatric evaluations; individual, family, and group counseling; psychological assessments; chemotherapy; case management; residential facilities; crisis response; rehabilitative and supportive services – thus providing opportunity for people to help themselves)*

**Mental Health Providers, who may not take  
TennCare, but offer services to low-income  
families:**

**Assessment/Counseling/training Services (ACTS)**

Cookeville, TN. 38501

(931) 528-9399 (*Provide Assistance with Marriage & Mental Health Counseling*)

**LifeCare Family Services**

Cookeville, TN. 38501

(931) 528-0051

1-800- 881-0359

(615) 781-0688 (*A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; **Child & adolescent counseling:** intensive and therapeutic case management: and family preservation.*)

**Plateau Mental Health**

1200 S. Willow Ave.

Cookeville, TN. 38501

(931) 432-4357 **24-hour hotline** (*Assist persons with disabilities and mental illness in various ways*)

**Pacesetters Inc.**

2511 HWY 111 North

Algood, TN. 38506

(931) 537-9100 (*Assist persons with disabilities and mental illness in various ways*)

**John & Kay Quintero, Licensed Psychologists**

Haven of Hope

Smithville, TN 37166

(615) 597-8978 (*They provide 20 hours per week of free mental health counseling in the areas of grief, child abuse, drug addictions, etc.*)

**Upper Cumberland-Community Services Agency**

417 East Broad Street

Suite A.200

Cookeville, TN 38501

(931) 520-0200

(*Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available*)

**Upper Cumberland Human Resource Agency - Dekalb County**

Smithville, TN 37166

615-597-4504

*(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start; Cumberland Mountain School.)*



## **Quit Tobacco Resources**

### **Tennessee Tobacco Quitline**

1-800-784-8669

### **Cumberland County Health Department**

Smoking Cessation

Ruth Lucas

1503 South Main St

Crossville, TN

931-484-6196

### **Highlands Medical Center**

Quit 4 Life Smoking Cessation

931-738-9211

### **March of Dimes and Tennessee Department of Health, WIC Program**

S.M.A.R.T. – Smart Mothers are Resisting Tobacco

1-800-884-9301

### **Nicotine Anonymous**

[www.nicotine-anonymos.org](http://www.nicotine-anonymos.org)

### **American Lung Association**

Freedom From Smoking

[www.lung.org](http://www.lung.org)

### **American Lung Association of Tennessee**

1-800-432-5864

[www.lung.org](http://www.lung.org)

### **Former Smokers**

The No Smoke Café

<http://clever.net/chrisco/nosmoke/stop.html>

## **Resources to assist persons raising children possibly other than their own:**

### **Agricultural Extension Service - Dekalb County**

712 S Congress Blvd  
Smithville, TN 37166  
615-597-4945

*The Agricultural Extension Service of Putnam County offers information on basic food preparation, storage, safety and/or preservation. The service also offers family life skills information and referrals related to parenting, communication, discipline, economics, and nutrition. Information relating to health issues such as exercise, health risks, stress, personal grooming, eating disorders, etc. is also available.*

### **Department Of Children's Services**

1300 Salem Road  
Cookeville, TN 38506  
(931) 646-3002

*(Counties Include:* Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Van Buren, Warren, White)

### **Relatives as Caregivers**

1225 South Willow Ave.  
Cookeville, TN. 38501  
(931) 432-4111

*(Assists in various ways, such as support groups, etc.)*

### **The Exchange Club/Stephens Center for the Prevention of Child Abuse**

Livingston, TN 38570  
Contact: Carolyn Isbell, Executive Director  
931-823-6432 & 800-635-5199

*(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)*

### **Upper Cumberland-Community Services Agency**

417 East Broad Street Suite A.200  
Cookeville, TN 38501  
(931) 520-0200

*(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)*

**Upper Cumberland Human Resource Agency - Dekalb County**

Smithville, TN 37166

615-597-4504

*Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start; Cumberland Mountain School.)*

**Youth Villages**

448 Neal Street

Cookeville, TN. 38501

(931) 525-6900

*(Assists Foster Parents in the Upper Cumberland)*

## **Resources to assist with Transportation Needs:**

### **Upper Cumberland-Community Services Agency**

417 East Broad Street

Suite A.200

Cookeville, TN 38501

(931) 520-0200

*(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)*

### **Upper Cumberland Human Resource Agency - Dekalb County**

Smithville, TN 37166

615-597-4504

*(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start; Cumberland Mountain School.)*

### **Upper Cumberland Development District**

1225 South Willow Avenue

Cookeville, TN 38501

(931) 432-4111

*(Provide assistance with Disability Services, Housing, Legal/Governmental Assistance, Money/Employment Assistance, Parenting and Marriage Issues, Transportation/Utilities)*

## **Promoting Youth Involvement:**

### **Boy Scouts of America**

Middle TN

(615) 383-9724

*(Provides opportunities for boys and young men to get involved with community activities)*

### **Girl Scouts of America**

Smithville, TN 37166

1-800-395-5318

*(Provides opportunities for girls and young women to get involved with community activities)*

### **Justin Potter Library**

101 S 1<sup>st</sup> St

Smithville, TN. 37166

(615) 597-4359

*(Assists with library cards, tax forms, research and Internet access)*

### **Upper Cumberland-Community Services Agency**

417 East Broad Street

Suite A.200

Cookeville, TN 38501

(931) 520-0200

### **Upper Cumberland Human Resource Agency - Dekalb County**

Smithville, TN 37166

615-597-4504

### **WCTE American Graduate& Ready To Learn**

IWray@wcte.org

CPutnam@wcte.org

931-528-2222

# ***Language Assistance (All Counties)***

**Brent Simpson**  
931-212-8097

## **County Health Depts - Primary Health Care Services**

*County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)*

## **Department of Human Services, Counties**

*A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request*

## **Hispanic Family Resource Center**

(615) 227-7500  
(800) 280-8682

## **Hispanic Association**

732 Lafayette Rd Red Boiling Spgs, TN 37150  
(615) 699-6279

## **LifeCare Family Services - Cookeville - Counseling and Therapeutic Services**

665 South Jefferson Avenue  
Cookeville, TN 38501  
(931) 528-0051

*Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training. (Spanish Language Services)*