



FIGU-LANDESGRUPPE CANADA NEWSLETTER

OFFICIAL NEWSLETTER OF THE FIGU CANADA NATIONAL GROUP / FLCA

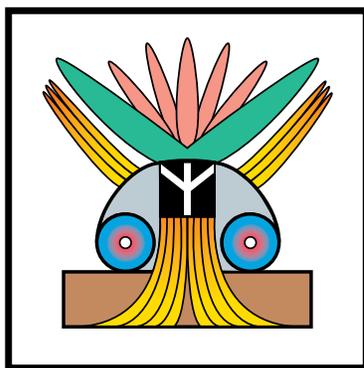
#25 / November 2019 ca.figu.org / figu.org



THE ATTENDEES OF THE FLCA ANNUAL PASSIVE MEMBERS MEETING WITH CHRISTIAN FREHNER [middle-back row] SEPTEMBER 21, 2019 [more photos p.10]

**Es soll FRIEDEN sein auf Erden
And there shall be PEACE on Earth**

AMANI
BARIŞ
PAQE
PACE
MIP
PAIX
PAZ



EIPHNH
VREDE
平和
שלום
शांवि
سلام
صلح

FIGU.ORG

SPREADING OF THE CORRECT PEACE SYMBOL / A WORLDWIDE APPEAL FROM FIGU SWITZERLAND

The wrong peace symbol – the globally widespread “death rune” which has been fabricated from the Celtic Futhark runes or inverted Algiz rune – is the actual embodiment/quin- tessence of negative influen- ces and evokes destructive swinging-waves regarding unpeace and hatred, revenge,

OF SHEEP AND SHEPHERDS

A lecture for the Passive Members Meeting of the FLCA / September 21, 2019 / Tiny, Ontario by Christian Frehner, Switzerland

“The Poetic Book“, a part of the Hebrew Bible or Old Testament, respectively, contains 150 so-called psalms. These are about songs, poems, prayers and doxologies in favour of „the Lord“, i.e. the god of the Jews and later also of the Christians. Excerpts of these psalms are often used to embellish a sermon, or to fill in unused space on newspaper pages that display obituaries. The 23rd psalm, much-cited and liked, begins as follows: “... The LORD is my shepherd, I shall not want. He makes me lie down in green pastures; He leads me beside quiet waters. He restores my soul; He guides me in the paths of righteousness For His name's sake. ...”

Granted, a beautiful, poetical scene which is being devel- oped here, and as it is often used by the authors both in the Bible and the New Testament. It's an image and metaphor which appears somewhat archaic and certainly not ordinary in our time of internet, artificial intelligence and smartphones. However, things are not always as they appear or seem to be, unfortunately. And it's certainly unlikely that any believer, while blissfully and devoutly

QUESTIONS AND ANSWERS ABOUT THE NOKODEMION LINEAGE / A NEW FIGU SSSC BOOKLET

by Christian Frehner

Translation: Catherine Mossman

In the book 'Nokodemion, seine Folgepersönlichkeiten und die siebenfachen Prophetenreihe auf der Erde'

['Nokodemion, his succession of personalities and the sevenfold Prophet-lineage on the Earth] by Bernadette Brand, which was published in an extended and revised version in 2013 by FIGU's Wassermannzeit-Verlag, Billy/BEAM answers questions about the development of Nokodemion under the title 'Origin of Mission' on page 71.

Recently (January 2018) seemingly contradictory interpretations regarding the frequency of the back and forth switching of the Nokodemion spirit-form between the immaterial level 'Arahat Athersata' and the material level in which we live have shown a need for explanation.

In formulating the corresponding question, however, something has now happened which could practically not be avoided in view of the enormous dimensions of the subject, namely that a whole chain of further questions has arisen, the assessment of which would shed further light on the still hidden, enormously diverse aspects etc. of universalism.

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OF SHEEP AND SHEPHERDS from page 1

listening to this psalm, was ever hearing his or her inner warning bells ringing, because he or she got suddenly aware that this peaceful image of the shepherd with his sheep concerns a dark and grim allegory, a deception.

In order to elucidate this statement let's take a closer and especially a neutral look at the issue. What is this image of a herd of sheep, or generally sheep, signifying? Well, certainly not for characteristics like initiative, individuality, or self-reliance, but more probably for collectivism and a marked herd instinct, and also for hangers-on behaviour. Additionally, of course, they are also used as mowers of greens and meadows, and as suppliers of wool, which for instance may be used to weave a coat to protect the shepherd against the winter cold. But the real and main purpose of a herded or non-herded herd of sheep is that of a supplier of meat.

Actually, the main role and task of the shepherd, for which he is paid by the owner of the herd, is that of ensuring that possibly all lambs survive, that the herd remains healthy and complete, and that the animals have put on weight and fat when a part of the herd is sorted out for being butchered.

Now, after having assessed this factual situation, any clear-headed human being will automatically ask: "And what now? What does this poetical image and allegory, which is so often being preached from the pulpit, and which is so fervently absorbed by the believers as comfort and guidance provided by God, what does it convey when analysed neutrally and matter-of-factly?"

The sheep represent the believers, the attendees in churches, synagogues, and mosques, those who are paying the tributes claimed by the religious institutions. But sheep also represent those who believe in science, the self-appointed sceptics, all those who are thoughtlessly swimming downstream with the mass, and the naïve ones etc.

The shepherd is represented by the clergy or clerics of all

religious-sectarian factions, just as all of the self-appointed gurus, masters and experts concerning religion, politics, dogma and economics etc., all of who are ruffling their feathers built on their unproven claims and hypotheses, and who let themselves be adored by their followers.

But who now is the owner of the herd? Well, since "the Lord", i.e. God as personalised creator of the universe etc., has never existed and "only" corresponds to a delusional image invented by human beings, the owner of the herd is represented by religious and other forms of belief-delusion, which holds strict control of the believers' brains, and indeed is "owning" them as prisoners in a schizophrenic, consciousness-comatose condition, while these believers in their delusion and blind blessedness and presumption consider themselves as free human beings. Although having eyes, but actually living in consciousness-based blindness, these "sheep" are deliberately being kept in consciousness-based darkness, or they keep themselves in such a condition on their own volition out of arrogance, high-handedness and narrow-mindedness etc.

It's a sad fact that all these human beings, who are being captured in their unconsciously occupied "prison", have absolutely no clue about what delights of real freedom they could enjoy, if they would align their thinking and acting solely on reality, which means that they would – as consciousness-based free human beings – fully bear the responsibility themselves for all of their thinking, feeling and acting, instead of surrendering their autonomy and freedom to a delusional phantasm.

Unfortunately, this human tragedy, which already exists since many millennia and which is getting worse because of the unchecked population growth, will continue to last for a long time to come. The damage or malfunction, respectively, in the frontal and temporal lobe in the brains of the believers, which so to speak "cements" their therapy resistance, cannot be overcome or corrected easily. This would, or will, require educational work over many generations, because genetic anomalies in such an extent require appropriate consciousness-based, consistent and purposeful efforts over a very long time.

Unfortunately, this tragedy is enforced by a total lack of willingness and change to the better within the world affairs, which could avert the "heavy bang", which announces its approach with increasing rumbling, based on the universal law of cause and effect. This "bang" may be represented by a single event, or by several, and with great probability it will have the effect that a great part of terrestrial humankind will be untimely be sent to the beyond in an abridged process or occurrence. This will principally happen because of the fact that human beings, who are imprisoned by a belief, are not capable to recognise and realise the signification and importance for effective and radical worldwide birth-control measures, not to speak of accepting such. And that's why the huge "herd of sheep", which – according to Plejaren information – encompasses about 96 percent of the terrestrial population, is running towards a bottomless abyss that is hidden in an approaching, gloomy cloud bank, all of which they are unable to grasp because their eyes are caught by prayer rugs, stockmarket displays, smartphones, pulpits or their incompetent, psychopathic bellwethers.

SPREADING OF THE CORRECT PEACE SYMBOL from page 1

vice, addictions and bondage, because for many human beings the “death rune” means reminiscence (memories) of the Nazi era, of death and ruin as well as ambitions concerning war, terror, destruction of human achievements, livelihoods as well as global evil unpeace.

Therefore it is of the utmost necessity that the wrong peace symbol, the “death rune”, disappears from the world and that the ur-ancient and correct peace symbol is spread and made known all-over the world, because its central elements reflect peace, freedom, harmony, strengthening of the life power, protection, growth and wisdom, have a constructive and strongly soothing effect, and help peaceful-positive swinging-waves to break through.

Therefore we appeal to all FIGU members, all FIGU-Interessengruppen, Studien- and Landesgruppen as well to all reasonable human beings, who are honestly striving for peace, freedom, harmony, fairness, knowledge and evolution, to do, and give, their best to spread the correct peace symbol worldwide and to bring forth clarification about the dangerous and destructive use of the “death rune”, which in memory of the Nazi crimes collectively furthers deterioration and neglect of character-"ausartung" and terribleness in the reflecting and striving of the human being.

TURN THE (WRONG) PEACE SYMBOL UPSIDE DOWN!

by Nell Arnaud with quotes by Billy
Translation: Nell Arnaud, Christian Frehner

In the 60's, there were plenty of opportunities to participate in peace demonstrations where many were waving banners of the peace symbol. While marching and singing, “All we are saying, is give peace a chance,” no one realised that the very popular peace symbol ☸ is actually the symbol for death and war.

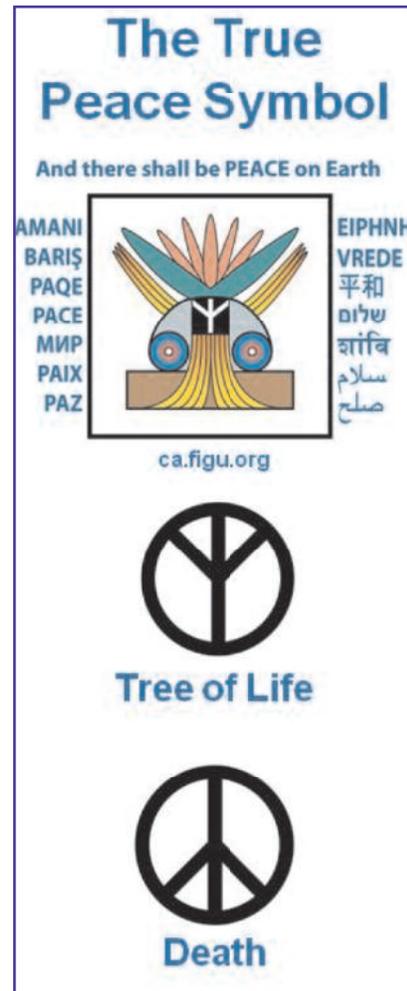
History has shown that in spite of demonstrations for peace, the world has not fundamentally changed in a positive way that would further our evolution. Our planet has not found peace through these actions and approximately 45–50 years later, many wars as well as murder and terrorism are thriving at proportions that are difficult to assess.

Have you ever wondered where this ‘peace’ symbol came from? The peace symbol ☸ was designed by artist Gerald Holtom in 1958 for the British nuclear disarmament movement and is now obviously widely used. Close associates of the designer said he came to regret the downward symbol of despair, as he felt that peace was something to be celebrated and he wanted the symbol to be inverted.

In 2004, Billy Meier, the Swiss UFO contactee, published a book of symbols called ‘Symbole der Geisteslehre’ or ‘Symbols of the Spirit Teaching’, which includes 601 ancient symbols from a prophet named Nokodemion. According to Billy Meier, the origin of the ‘peace’ symbol ☸ goes back many millions of years and it carries the meaning of death.

In the following pages, there are 4 symbols taken from ‘Symbole der Geisteslehre’ that you may find quite interesting. Some of them, as you will see, have already made a huge impact on our personal lives and world. Be aware that by simply gazing at these various symbols, you can feel certain sensations inside yourself. You can tell which ones feel uplifting and which ones make you feel somewhat...

FOR THE COMPLETE ARTICLE PLEASE CLICK THE LINK:
http://au.figu.org/peace_brochure.html



**NOW AVAILABLE AT THE FLCA SITE:
PEACE BUMPER STICKER [9"x3.75"]**

<https://ca.figu.org/peace-pin---bumper-sticker.html>



QUESTIONS AND ANSWERS ABOUT THE NOKODEMION LINEAGE...continues

Therefore the time window unique in the course of the whole Earth's history is to be used to receive answers from the only reliable and responsible source, namely from the Prophet of the New Age, 'Billy' Eduard Albert Meier /BEAM, who as a carrier of the Nokodemion spirit-form alone has access to the knowledge stored in the memory banks etc., namely back over the entire 9.6 billion or 9,600 million years - a number that only takes a short time to pronounce, but behind which eons and aeons hide themselves, a tremendous duration that overwhelms any human imagination.

But before the questions are formulated, some data from the above-mentioned book has been recapitulated for the reader's understanding:

– The DERN universe with its seven universe belts has already existed for 46 trillion years within the 155.5 trillion year expansion phase. (This is then followed by an equally long contraction phase).

– About 10 billion years ago, the first human beings emerged in our DERN universe, and indeed in the fourth universe belt, in the material universe.

– Approx. 400 million years later the Nokodemion spirit-form began its developmental course, over many reincarnations and as different personalities during 52 million years, before Nokodemion after a last 1763 year long material life during further 56 million years further evolved itself via the half-material level 'high council', until he, that is, the Nokodemion spirit-form entered the pure spirit plane 'Arahat Athersata'.

– After 8.7 million years of further development in the 'Arahat Athersata' spirit level, a cumulative process lasting more than 1.2 billion years began, leading to the spiritual-energetic impulse knowledge of a Universal-Prophet, according to which the Nokodemion spirit-form, via the semi-material level 'High Council', returned to the material world and subsequently taught the peoples and most distant descendants of the first Nokodemion for 52 million years as different personalities.

And now follows that information, which requires a special explanation by Billy/BEAM (quote): "Then followed by the Nokodemion spirit-form again a repeated back and forth between the material world, 'High Council', the plane 'Arahat Athersata' and again the material world, up to 1.3 billion years ago.

That was the time when the Nokodemion spirit-form returned as the last time from the plane 'Arahat Athersata' and the plane 'Hoher Rat', in order to 'enliven' new human bodies again and again until today.

Question 1

How now is this "...repeated back and forth..." to be understood, since the Nokodemion spirit-form apparently - as you recently confirmed - has only returned once from the spirit level 'Arahat Athersata' to the material level, that is, has existed in the material world for 9.6 billion years?

Answer:

The back and forth between the material world, the 'High Council', the 'Arahat Athersata' level and again to the material world, took place, according to the storage-banks version, not by a death of Nokodemion, but only in a form of a 'spiritual energy impulse migration', by which it can be understood that a process took place in which a communicative impulse-based spiritual energy connection took place between Nokodemion and the 'High Council' and 'Arahat Athersata' levels.

Similarly, this could be explained by telepathy when two people communicate telepathically over vast distances, such as between distant planets.

Question 2

Nokodemion was indeed the first person from 'our' DERN universe, whose spirit-form evolved through the half-spirit level 'High Council' into the spirit level 'Arahat Athersata' and took on the task of a Universal-Prophet.

Was this the case because the Nokodemion spirit-form was already predetermined from its first incarnation into a human body (9.6 billion years ago) by a creational law, one day as the first spirit-form to enter into the already existing levels 'High Council' and 'Arahat Athersata'? or did this Prophet task only occur due to the first appearance of the spirit-form in the 'Arahat Athersata' level? Or were there other reasons - or a combination of several - for the Nokodemion spirit-form to take over or had to take up the role of Universal-Prophet?

Answer:

True prophets and wise men usually develop from out of the peoples of the respective planets, namely by themselves recognising the creational-natural laws and recommendations in causality and in the becoming and passing away of nature, fauna and flora, the climate, the universe, human beings and all existing things.

Real, truthful prophets are human beings who, as thinkers of reality and truth, perceive, recognise, and accept only the effective reality and the resulting truth.

In this form they become scholars who elaborate the essence of their knowledge into wisdom and thus become sages.

Then, by entering among human beings, they teach them and, as wise men and proclaimers, spread their knowledge concerning the creational-natural laws and recommendations, which they themselves have perceived, recognised and accepted into knowledge and wisdom as seekers of reality and truth.

In their knowledge and wisdom it is given that they are also able to make predictions in various dealings and recognise which effects are wrought by what causes, just as they recognise it from the causality of all things.

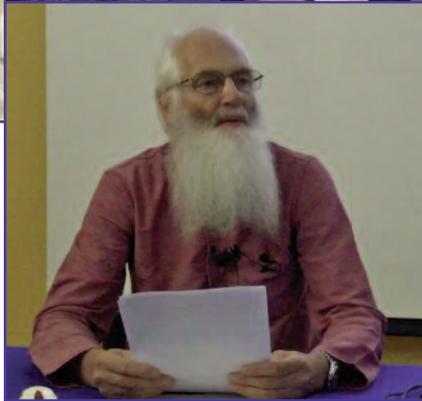
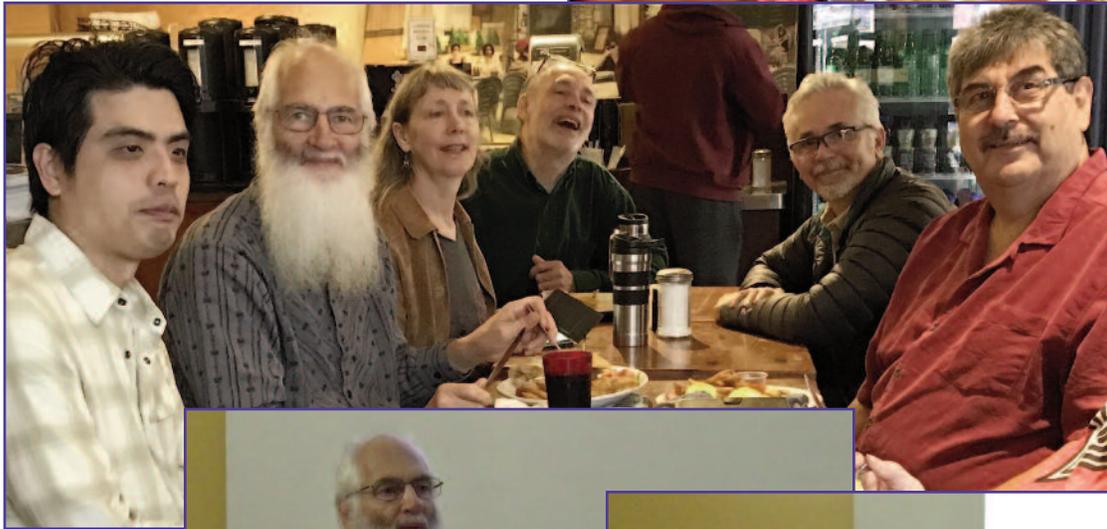
This then gives rise to prophecies, which show that certain effects are brought by certain causes.

As a rule, however, only negative effects are prophetically offered for the instruction of human beings, for the purpose

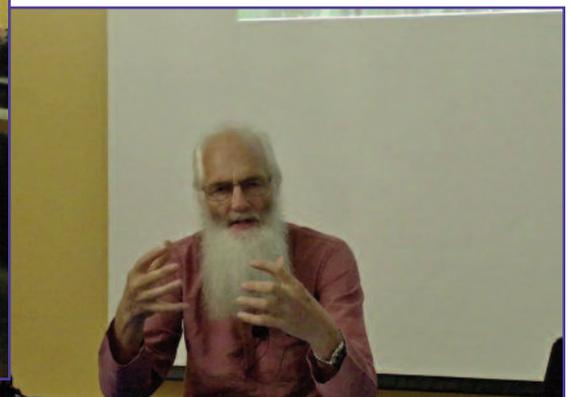
**FLCA SPECIAL PRESENTATION WITH CHRISTIAN FREHNER:
THE BILLY MEIER CASE: TRUE OR NOT TRUE? – THE DEFINITIVE JUDGEMENT!**

Toronto Public Library / Lillian Smith Branch
September 15, 2019 / Toronto, Ontario
Photos: Peter Chladek, Catherine Mossman

**BREAKFAST AT FUTURE BAKERY IN THE
ANNEX NEIGHBOURHOOD PRIOR TO
CHRISTIAN'S PRESENTATION**



CHRISTIAN IN THE MIDST OF HIS PRESENTATION



FLCA SPECIAL PRESENTATION...continues

AFTER THE EVENT
ATTENDEES WERE INVITED FOR DINNER
AT THE RED DOOR RESTAURANT ON
SPADINA AVENUE



AN EVENTFUL DAY FOR THE FLCA AND FOR ALL GUESTS WHO ATTENDED



TEETH AND JOINTS

Translation: Michael Uyttebroek / Tiny, Ontario / October 8, 2019

Plejadisch-plejarische Kontaktberichte, Gespräche, Block 8 seite 456 / Dreihundertdreissigster Kontakt Donnerstag, 29. August 2002, 14.00 Uhr

Billy

Logisch. Doch sag mal, Ptaah, dein Vater Sfath hat mir schon zu meiner Knabenzeit erklärt, dass ich niemals abgebrochene Zähne neu aufbauen lassen soll.

Er sagte, wenn ein Zahn abgebrochen sei, dass die Zahnwurzel dann rausgenommen werden müsse.

Auch sollen niemals Metallstifte oder sonstige Metalleinsätze in die Zähne erfolgen.

Zähne, deren Nerv abgetötet werde, sollen ebenfalls entfernt werden usw., denn tote Zähne oder zurückbleibende Zahnwurzeln würden beim Menschen Allergien und Krankheiten hervorrufen.

Kannst du mir darüber nähere Angaben machen?

Und wie steht es in bezug auf Keramik-Implantate, wenn Keramik-Kunsthöhne oder Keramik-Stifte eingesetzt werden?

Meinerseits habe ich mich stets an Sfaths Empfehlung gehalten und bin dabei gut gefahren.

Ptaah:

20. Meines Vaters Erklärung war eine gute Ratgebung, denn tatsächlich können Zahnwurzeln abgebrochener Zähne ebenso gefährlich für den Menschen sein wie auch in die Zähne eingesetzte Metallstifte oder sonstige Metallteile.

21. Gleichermassen gilt das auch für Zähne, deren Nerv abgetötet wird.

22. Zurückbleibende Zahnwurzeln abgebrochener oder dentistisch verkleinerter Zähne, die keinen lebenden Nerv mehr in sich bergen, und damit also auch Zähne, bei denen der Nerv abgetötet wird, wie du das nennst, können für den Menschen ebenso gefährlich für seine Gesundheit sein wie auch Metallstifte und sonstige Metalleinlagen in Zähne.

22. Zurückbleibende Zahnwurzeln abgebrochener oder dentistisch verkleinerter Zähne, die keinen lebenden Nerv mehr in sich bergen, und damit also auch Zähne, bei denen der Nerv abgetötet wird, wie du das nennst, können für den Menschen ebenso gefährlich für seine Gesundheit sein wie auch Metallstifte und sonstige Metalleinlagen in Zähne.

23. Auch Keramik-Stifte, Keramik-Zähne oder allgemein Metall-Implantate und Keramik-Implantate sind in der Regel für den Menschen nicht verträglich.

24. Zahn-Implantate und Zahn-Einlagen usw. sollten nur mit einem absolut ungefährlichen Kunststoff erfolgen, der in jeder Beziehung in bezug auf eine Gesundheitsschädigung absolut unbedenklich ist.

25. Zähne und Zahnwurzeln, die nicht mehr über einen lebenden resp. aktiven Nerv verfügen, rufen allerlei Allergien und Krankheiten hervor, und zwar deshalb, weil jede Zahnwurzel über viele verzweigte und filigrane Verästelungen verschiedener Art verfügt, die absterben, verwesen und dadurch gefährliche Giftstoffe erzeugen und freisetzen, die sogar lebensgefährliche Wirkungen zeitigen können.

26. Im minderen Fall – was sehr häufig ist – treten Leiden in Erscheinung, die äusserst vielfältig sein können, wie eben zum Beispiel verschiedenste Allergien und Ekzeme, die jedoch unter gewissen Umständen auf längere Zeit gesehen ebenso einen tödlichen Verlauf nehmen können wie auch eigentliche chronische

Plejadisch-Plejaren Contact Reports, Conversations, Block 8 page 456 / Contact Report 330, Thursday, 29th of August 2002, 14:00

Billy

Logical. But tell me, Ptaah, your father Sfath already explained to me in my boyhood that I should never have broken teeth rebuilt.

He said that if a tooth was broken, the root of the tooth would have to be removed.

Also, metal pins or other metal inserts should never be inserted into the teeth.

Teeth whose nerves are killed should also be extracted, etc., because dead teeth or remaining tooth roots would evoke allergies and diseases in humans.

Can you give me more details about this?

And how is it with regard to ceramic implants when ceramic artificial teeth or ceramic pins are used?

For my part, I always followed Sfath's recommendation and thereby managed well.

Ptaah

My father's explanation was a good advice, because the roots of broken teeth can actually be just as dangerous for human beings as metal pins or other metal parts inserted into the teeth.

21. The same applies also to teeth whose nerves are destroyed.

22. The remaining roots of broken or dentally reduced teeth, which no longer contain a living nerve, and therefore also teeth in which the nerve is killed, as you call it, can be just as dangerous for the human being's health as metal pins and other metal inlays in teeth.

23. Ceramic pins, ceramic teeth or generally metal implants and ceramic implants are, as a rule, also not compatible with humans.

24. Dental implants and dental inlays, etc. should only be made with an absolutely harmless composite, which is absolutely harmless in every respect with regard to health damage.

25. Teeth and tooth roots which no longer have a living or active nerve cause all kinds of allergies and illnesses, and indeed, because each tooth root has many branched and filigree branches of various kinds which die, decompose and thereby produce and release dangerous toxins which can even lead to life-threatening effects.

26. In the lesser case – which is very common – ailments appear which can be extremely diverse, such as various allergies and eczema, which, however, under certain circumstances can also take a fatal course in the long run, as well as actual chronic diseases, ranging from obesity, anorexia, constipation or diarrhoea, headaches, nausea and dizziness up to pains of all kinds, which are able to manifest in all

continues next page

TEETH AND JOINTS...continues

Krankheiten, die von Fettsucht, Magersucht, Verstopfung oder Durchfall, Kopfschmerzen, Übelkeit und Schwindel bis hin zu Schmerzen aller Art reichen, die sich in allen Körperbereichen zu manifestieren vermögen.

27. Weiter können aber auch noch andere Übel in Erscheinung treten, wie Rheuma, Hör-, Seh-, Konzentrations- und Bewusstseinsstörungen, bösartige Blutbild- sowie Persönlichkeitsveränderungen, Schlaflosigkeit, Vergesslichkeit, Nervenkrankheiten, Geschwüre, Depressionen oder Aggressionen, Angstzustände, Schlappeheit, chronische Müdigkeit, Verdauungs- und Gehstörungen sowie Prozesse schlechter Wundheilung und Wundfäulnis.

28. Auch Krebs kann hervorgerufen werden, nebst anderen üblen Krankheitserscheinungen.

Billy:

Das sind ja gleiche oder ähnliche Dinge wie beim Elektrosmog. Also ist es tatsächlich so, dass Zahnwurzeln abgebrochener oder sonst verkleinerter Zähne, die keinen lebenden Nerv mehr haben, ausgerissen und auch keine Metallstifte oder sonstige Metalleinlagen in die Zähne eingebracht werden sollten.

Können auch Metallauflagen auf den Zähnen, z.B. aus Gold, schädlich sein?

Ptaah

29. Das kann sehr wohl der Möglichkeit entsprechen, muss aber nicht der Fall sein.

30. Dabei kommt es einzig und allein auf das Immunsystem des betreffenden Menschen an.

31. Bei einer guten Immunität und Verträglichkeit treten keine Nachteile in Erscheinung, jedoch bei einem geschädigten Immunsystem und damit schlechter Verträglichkeit.

32. Das bezieht sich aber wirklich nur auf äusserliche metallische Zahnaufgaben, jedoch nicht darauf, wenn die Metalle in den Zahn eingelassen sind.

Billy

Das dürfte klar sein.

Plejadisch-plejarische Kontaktberichte, Gespräche, Block 14 Seite 403

Billy

Gut denn, dann ist diesbezüglich alles geklärt.

Wie steht es aber damit, was ich dich gestern gefragt habe, damit du es Ptaah vortragen kannst?

Florena

18. Ptaah hat mir aufgetragen, dir ausnahmsweise in kurzer Weise folgendes zu erklären:

19. Bei Collagen handelt es sich um ein flexibles als auch stabiles Eiweiss, das im Körper natürlich vorkommt und das für Knochen, Sehnen, Bänder sowie für die Haut von Bedeutung ist.

20. Durch Collagen erhalten diese Strukturen eine extreme Zugfestigkeit, wobei sie jedoch, ähnlich wie ein bewegliches Gummiband, in einem gewissen Rahmen flexibel bleiben.

21. Es gibt die gelatineartige Substanz Collagen-Hydrolysat, die aus Collagen gewonnen wird und vom Menschen auch als Nahrungsergänzungsmittel eingenommen werden kann.

parts of the body.

27. Other terrible things may also appear, such as rheumatism, impaired hearing, vision, concentration and consciousness-disorders, malignant blood count and personality changes, insomnia, forgetfulness, nervous disorders, ulcers, depression or aggression, anxiety, exhaustion, chronic fatigue, digestive and walking disorders, as well as processes of poor wound healing and wound rot.

28. Cancer can also be caused, along with other terrible symptoms.

Billy

These are the same or similar things as electrosmog. So it is indeed the case that the roots of broken or otherwise reduced teeth, which no longer have a living nerve, should be torn out and no metal pins or other metal inserts should be inserted into the teeth. Can metal layers on the teeth, e.g. from gold, also be harmful?

Ptaah

29. This may well correspond to the possibility, but does not have to be the case.

30. The only thing that matters is the immune system of the human being concerned.

31. Good immunity and tolerability do not have any disadvantages, but a damaged immune system and therefore poor tolerability do.

32. However, this really only applies to external metallic tooth supports, but not if the metals are embedded in the tooth.

Billy

That should be clear.

Plejadisch-Plejaren Contact Reports conversations, Block 14 Page 403

Billy

Good then, then everything regarding this matter is clarified.

But what about what I asked you yesterday so that you could present it to Ptaah?

Florena

18. Ptaah had instructed me to explain to you the following in a brief manner as an exception:

19. Collagen is a flexible and stable protein that occurs naturally in the body and is important for bones, tendons, ligaments as well as for the skin.

20. Through collagen these structures maintain an extreme tensile strength, in which case, like a flexible rubber band, they remain flexible within a certain limit.

21. There is the gelatine-like substance collagen hydrolysate, which is obtained from collagen and can

TEETH AND JOINTS...continues

- 22. Um die Gelatine zu gewinnen, muss das Collagen erhitzt oder durch Basen oder Säuren hydrolysiert resp. in Wasser gelöst werden, wonach es dann natürlich auch zu reinigen, trocknen und fein zu mahlen ist.
- 23. Um es in der Lebensmittelindustrie einzusetzen, ist es notwendig, dass das Collagen-Hydrolysat durch zugefügte Enzyme hydrolysiert und dann in verschiedenen Bereichen eingesetzt wird.
- 24. Collagen-Hydrolysat hat auf die Gelenke eine sehr positive Wirkung, und zwar auch in bezug auf die Gelenknorpel.
- 25. Wird es regelmässig eingenommen, wie als Nahrungsergänzungen in Form von Kapseln oder Tabletten, dann regt es die Bildung von Collagen in den Gelenken an.
- 26. Bei regelmässiger Einnahme von Collagen-Hydrolysat – das von den Erdenmenschen auch in der Industrie und in der Transplantationsmedizin eingesetzt wird – beugt es dem Knorpelschwund und damit der Arthrose vor, folgedem Gelenkschmerzen erst gar nicht entstehen können.
- 27. Arthrose kann nicht nur bei alten Menschen entstehen, deren Knorpel infolge langjähriger Belastung abgenutzt wurden, sondern auch bei jungen Menschen, wobei diese oft selbst schuld sind, und zwar durch ein zu häufiges Betreiben von Bergklettern, Gymnastik, Sport, Schwimmen, Tanzen und Grosswanderungen.
- 28. Arthrose kann aber auch infolge normaler Abnutzung, harter Arbeit oder durch eine Fehlfunktion der Produktion der notwendigen Stoffe entstehen.

Billy
Danke, diese Information genügt mir schon.

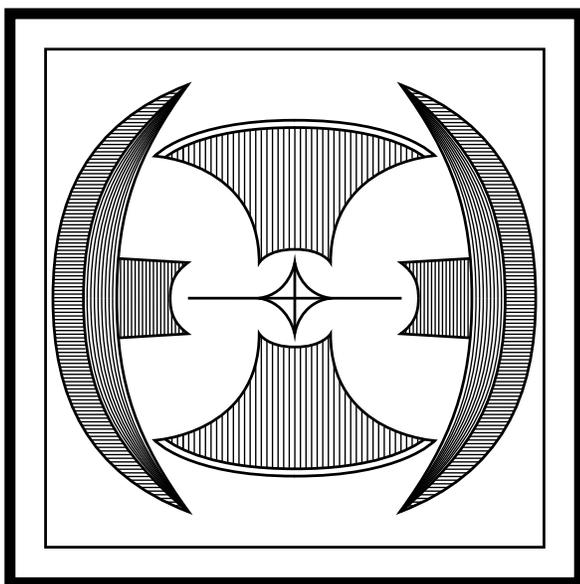
- also be taken by human beings as a food supplement.
- 22. In order to obtain gelatine, the collagen must be heated or hydrolyzed by bases or acids or dissolved in water, after which it must of course be cleaned, dried and finely ground.
- 23. To use it in the food industry, it is necessary that the collagen hydrolysate is hydrolyzed by added enzymes and then used in different areas.
- 24. Collagen hydrolysate has a very positive effect on the joints, and indeed, also with regard to the joint cartilage.
- 25. If it is taken regularly, such as a dietary supplement in the form of capsules or tablets, then it stimulates the formation of collagen in the joints.
- 26. By taking collagen hydrolysate regularly – which is also used by the Earth-humans in industry and in transplantation medicine – it prevents cartilage loss and therefore the arthritis, hence joint pain cannot come about in the first place.
- 27. Arthrosis can not only ensue in elderly human beings whose cartilage has been worn out as a result of many years of exertion, but also in young people, who are often to blame for this themselves, and indeed, through too frequently engaging in mountain climbing, gymnastics, sports, swimming, dancing and large hikes.
- 28. Arthrosis can also come about as a result of normal wear and tear, hard work or through a malfunction in the production of the necessary substances.

Billy
Thank you, this information is enough for me.

N.B. This is an unofficial translation and contains errors due to the insurmountable language differences between German and English.

Symbol: WORK

from “**Symbols of the Spiritual Teaching**” retrieved from the storage banks of Nokodemion and Henok and recorded by “Billy” Eduard Albert Meier



WORK

is one of 623 symbols in the book “**Symbols of the Spiritual Teaching**” [2018 German/English Edition published by FLCA] In total there are 52,476,812 symbols.

WAHRER MENSCH WERDEN / EXCERPTS

by Billy
Translation: Jimmy Chen

Human-Intellect

There are many kinds of beliefs and other delusions, but only one form of healthy and clear human-intellect.

SSSC, June 3rd 2012, 15:58, Billy

Menschenverstand

Es gibt viele Arten von Glauben und sonstigem Wahn, aber nur eine Form von gesundem und klarem Menschenverstand.

SSSC, 3. Juni 2012, 15.58 h, Billy

FLCA PASSIVE MEMBERS MEETING

Penetanguishene, Ontario / September 21, 2019

Photos: Peter Chladek, Catherine Mossman, Ferdinand Suzara



GETTING READY FOR THE ANNUAL GROUP PHOTO



PETER SETTING UP THE RECORDING EQUIPMENT



IRENE DURING A BREAK



THE MEETING BEGINS

FLCA PASSIVE MEMBERS MEETING...continues

MORE PRESENTATIONS FILL THE DAY...



CHRISTIAN AND DON IN THE KITCHEN



HAVING SOME FUN

CONVERSATION ABOUT OVERPOPULATION WITH A BUDDHIST FRIEND

by Catherine Mossman / Tiny, Ontario / November 14, 2019

I have a life-long friend who has found Buddhism to be the philosophy that guides her. Recently, I shared a video that Michael Uyttebroek made entitled "Catastrophic Events Threatening Humanity" with her and we were conversing about it.

On Oct 8, 2019 she wrote:

I've been thinking about your video over the past 2 days and just watched it again. It's impressive and I think a lot more went into the production of it than I can imagine and I admire that. Some of the images are very sobering! Although I think that we are mainly singing on the same note, I don't share all of your perspectives. I won't dispute the science - I believe you and the scientists. But as for unbridled population growth causing devastation. . . I don't think that's it. May I be frank?

It's not just humanity who faces extinction, as your title suggests, but a huge number of species that are also imminently facing wipeout. I agree, Moss [childhood nickname], that climate change is a misnomer and that we are well past that and into the climate destruction phase. For that reason I don't think we have the time to wait for population control measures to kick in - even if everyone on the planet today vowed to have one child per couple, that's still 15-25 years until that generation grows up, precious time we need to capitalize on now. And while I agree that there are too many humans on the planet now, that in itself is not what I believe has caused such destruction of the planet. I believe that it's human greed as well as massive, rampant consumerism - especially in the "Developed World".

If humans had more of a capacity to share, to demonstrate respect for all others and to be kind, I think this world would look quite different. Instead of the problem being somewhat at arm's length (eg let's reduce population growth) I'm trying to make personal changes now in my life - reducing, reusing, & recycling more and more, and my "religion" these days is to practice kindness. The heat is not yet on [my friend just suffered a prolonged power blackout from a hurricane in NS] and although I will be burning fossil fuels (wood and, to some extent oil), I've put money into seriously insulating and sealing the house. I'm driving less and aspire to fly only for important family events and, perhaps, a meditation program if it isn't held locally. I'm moving towards a hundred-mile diet with the exception of lemons, oil, tea & coffee, rice, pepper & spices, mustard, milk (remarkably!). I have beautiful water on this property and I'm aware that I'm not putting beautiful water back onto the land - I'm working with that. I think this is still not enough. I think Greta T of Sweden is right, the house is on fire. I share her outrage at the loss of habitat for so many species including Orcas, eagles, polar bears, Right whales, bees, bats Buddhists have a saying, "It's easy to be a holy man alone on the top of a mountain". It's harder to live an inspired life in the crowds and to influence change in others but I imagine this is a big reason why you produced your video? How do we turn this ship sooner instead of later, without causing such social unrest that people panic? When resources become scarce - food, gas, wood, whatever, there will be looting, theft, gangs, and lots of ugly. Disease will follow. I agree, we are in for an ugly future and for that reason I was so disappointed with last night's debate of the party leaders. [Our country on the eve of a federal election] I don't want entertainment, I want sound policy! I don't want to hear any more about Trump, I want to hear more from the Greta's and Malala's of this world and I want to see serious action by big players. So there is my rant. As I said, I think I'm preaching to the choir here, but this is what is on my mind these days. I welcome your frank feedback and thank you for stimulating this conversation!

Catherine's response, Oct 8, 2019:

Thanks for that, and yes of course, we who are aware, are doing our little bits, recycling, gardening, driving less, but I'm afraid it will all be moot as we continue to pour 100 million people, net, onto the planet yearly... and of course, no politician is going to get behind calls for population harnessing for a LONG time, Eventually it will be so apparent that population controls will be enforced.

The title of the video does not intend to JUST talk about our impending extinction, as everything is connected... but when you talk to humans about their own potential untimely demise it grabs their attention, as clearly the plight of other species is not too concerning is it?

But you have to think about what is forcing all these other species into extinction, what's fuelling the need for the corps. to spew out their toxins, what's driving the need for mass agriculture to feed the ever increasing 100 million mouths to feed. This is something that Meier has been advocating for for the past 60 years, as has Thomas Malthus, Paul Ehrlich, and many others who could put two and two together and saw the writing on the wall.

And no, we don't have time to wait for population measures... what we need are people to be aware of the problem in the first place (which is NOT being talked about anywhere, and indeed, in my opinion, is the elephant in the room that's being tiptoed around) and take self-responsibility, but that's not going to happen, because they're not aware, and those living in the west don't see it in their face, like those in India/ Africa/ Philippines/ China, etc.... but one child in the west represents a massive carbon footprint that eclipses all others as far as environmental ramifications are concerned. So waiting is not the answer.... self-responsibility is.... and doing what we can in the meantime will help, but is just a band-aid. I don't think that population control would be an 'arms length' measure.... we need to stop having babies NOW.... none

continues next page

CONVERSATION WITH A BUDDHIST FRIEND...continues

for a couple of generations ideally (which of course will not happen), we will die of old age, cancer, poisoning from our ever toxifying environment, and with every death the planet will breath a little easier.

For the reasons above, we are indeed going to hell in a hand basket. And Greta, unfortunately, is missing a great opportunity to bring the cause, to the attention of the world. Unfortunately, there are great economic factors at play that don't want overpopulation to be made known... as 'economic growth' (i.e., lining the pockets of the wealthy at the cost of the growing hordes of impoverished, unwashed masses), is predicated on exploiting the ever growing consumer base, i.e., capitalism depends on forever growing consumers. Our GREED is US, WE are the greedy ones, taking, taking, taking all resources, and shitting all over, and needing big agriculture to feed us, and big factories to produce our plastic widgets, and things to make life more efficient, more luxurious, etc... US, our species that's doing all the destruction...not the bears, not the cows, not the bees. US.

We've already wiped out 50% or thereabouts of the other species due to our demands to live in their habitats, and pollute and destroy same.

And the capacity to share, to live in peace, to be kind and have respect for others, including all other species are all fine and noble and aspirational attributes and if we had them then we'd be aware of what we're doing to our environment and our fellow flora and fauna and would have checked our own species growth a long time ago...however, when there are far more have-nots growing their numbers, and the resultant roving hordes of starving people ready to kill for your food, then that's where those attributes will be not in evidence amongst humanity anymore. When we live in sustainability with all and everything then we can find the peace the love the harmony very easily... but when the house is on fire, it's fight for survival... as we grow into our dotage we will see very unhappy things.... and we're coming back to it in the future in our future lives.

That's my rant for today! xx Moss

My friend is not alone in her line of thought. Though many can see what is happening to our planet they cannot follow the logic of what is causing it. Of course it would be wonderful if people could be kinder to each other, but we need to have a hard look at why kindness seems to be dwindling in the world on the whole as it becomes much more of a 'dog eat dog', 'every man for themselves', scenario. When humankind begins to recognise the spiritual inner being within and its connection to the creational-natural laws we will recognise what is right and just and we will then ensure that we live in harmony and sustainably in our environment and also ensure that all other fauna and flora has its habitat as well. Our indwelling humanity and recognised connectedness with all living creatures will naturally make us creatures who live in love and kindness, no longer struggling against the fetters of our own wrong thinking, void of spirit, focused on material superficialities that currently are driving our race to the bottom... bringing isolation, meaninglessness and competition for ever dwindling resources and opportunities, as we blindly keep bringing more humans to the table.

And there shall be PEACE on Earth



PEACE

AMANI
BARIŞ
PAQE
PACE
MIP
PAIX
PAZ



FIGU.ORG

EIPHNH
VREDE
平和
שלום
शांवि
سلام
صلح



DEATH

REGARDING "DÉJÀ-VU" FROM "RUND UM DIE FLUIDALENERGIE" BY BILLY

Translation: Jimmy Chen

Frage:

Wenn jetzt ein Mensch einfach Gewissheit hat, einfach sicher ist, dass er in einem früheren Leben an einem bestimmten Ort war oder zu einer bestimmten Zeit gelebt hat, hat das mit seinen mentalen Fluidalkräften zu tun?

Antwort:

Rückerinnerungen können unter Umständen mit den mentalen Fluidalkräften zu tun haben, wenn der Mensch diese lokalisieren kann, was aber äusserst unwahrscheinlich ist. Solches geschieht nur äusserst selten – wenn überhaupt. Das ist aber nicht die Regel, denn diese ankert normalerweise darin, dass der Mensch ein Déjà-vu-Erlebnis hat. Dabei hat der Mensch ein Gefühl, dass er z.B. etwas schon einmal erlebt habe, dass er eine bestimmte Person gewesen sei oder einen Ort, eine Gegend, ein Haus oder einen anderen Menschen usw. aus einem früheren Leben kenne.

Dieses Phänomen beruht jedoch nicht in einer Rückerinnerung an ein früheres Leben, sondern es handelt sich dabei um einen eigenartigen Psychezustand, durch den Erinnerungstäuschungen hervorgerufen werden. Solche Erinnerungstäuschungen treten beim gesunden, normalen Menschen hauptsächlich im Zustand der Erschöpfung und mentalen Ausgelaugtheit in Erscheinung, oder wenn unkontrolliert sinniert wird.

Sehr viel häufiger ist es aber eine Erscheinung, die bei neurotischen und psychotischen Personen auftritt. Die Täuschung besteht darin, dass eine neuartige Situation, ein Gebäude, eine Gegend, ein Gegenstand oder ein Mensch usw. für einen kurzen Augenblick als bereits bekannt erachtet und erlebt wird.

Nicht selten werden solche Déjà-vu-Erlebnisse, die auch 'Fausses reconnaissances' genannt werden, mit Rückerinnerungen an frühere Leben in Verbindung gebracht, was natürlich nicht der Wirklichkeit entspricht, weil es sich wirklich nur um eine Erinnerungstäuschung handelt. Beim Ganzen ist dabei zu beachten, dass es sich nicht um eine Sinnestäuschung handelt, wie aber auch nicht um eine irrige Vorstellung, denn wahrheitlich beruht alles nur auf einem paradoxen Gedanken-Gefühlserlebnis.

Erlebnisse solcher Phänomene können erklärt werden als Perseveration (Wiederkehr von Vorstellungen, Bildern, Gegenständen, Musik, Menschen usw. im Bewusstsein) des gefühlsmässigen oder emotionalen Zustandes aus einer vorangegangenen Situation resp. einem Erlebnis, wobei infolge eines psychischen Defekts die gefühlsmässige Orientierung nicht sofort gelingt.

Eine zweite Möglichkeit besteht in der Assoziation (mit einer Vorstellung verbinden, verknüpfen) wahrgenommener Reize mit verdrängten Erinnerungen.

Und drittens besteht noch die Möglichkeit einer Ähnlichkeit des wahrgenommenen Reizkomplexes mit früheren Erlebnissen aus dem gegenwärtigen, aktuellen Leben.

Question:

If now a human being simply has certainty, is simply certain that he or she was in a certain place in an earlier life or lived at a certain time, does this have something to do with his or her mental fluidal-powers?

Answer:

Recollections could under certain circumstances have something to do with the mental fluidal-powers if the human being can localise these, but this is extremely unlikely.

Such things happen only very rarely - if at all.

This is, however, not the rule, because this usually anchors in the fact that the human being has a Déjà-vu-experience.

Thereby the human being has a feeling that he or she, e.g. has experienced something once already, that he or she was a certain person or knows a place, a region, a house or another human being, etc. from a previous life.

This phenomenon, however, is not based on a recollection of a previous life, but rather it involves a peculiar psyche-state through which memory-illusions are evoked. Such memory-illusions occur in a healthy, normal human being mainly in a state of fatigue and mental exhaustion, or when uncontrolled pondering takes place.

Very much more frequently, however, it is a phenomenon which occurs in neurotic and psychotic persons. The illusion lies in the fact that a new situation, a building, an area, an object or a human being, etc., is considered and experienced as already known for a short moment.

Not seldom are such Déjà-vu experiences, which are also called 'Fausses reconnaissances', associated with recollections of past lives, which naturally does not correspond to the reality because it is really only a memory-illusion. On the whole, it should be noted that it does not involve an illusion of the senses, nor is it an erroneous imagination, because truthfully everything is based only on a paradoxical thought-feeling-experience.

Experiences of such phenomena can be explained as perseveration (resurgence of imaginations, images, objects, music, human beings, etc. in the consciousness) of the feeling-based or emotional state from a previous situation, respectively, an experience, whereby due to a psychical defect, the feeling-based orientation does not succeed immediately.

A second possibility consists in the association (to connect or relate with an imagination) of perceived stimuli with repressed memories.

And thirdly, there is still the possibility of a similarity of the perceived stimulus complex with earlier experiences from the present, current life.

N.B. This is an unofficial translation and contains errors due to the insurmountable language differences between German and English.

BOOK DELIVERY FOR FIGU-SEMJASE-SILVER-STAR-CENTER

Photos: Catherine Mossman / October 10, 2019



**MICHAEL WITH A SHIPMENT READY FOR PICKUP BY UPS FOR FIGU-SSSC:
 ARAHAT ATHERSATA, DECALOGUE, SYMBOLS OF THE SPIRITUAL TEACHING
 & TALMUD JMMANUEL**



IN PREPARATION FOR THE COMING TIMES

by Michael Uyttebroek / Tiny, Ontario / June 18, 2019

CLICK FOR THE YOUTUBE VIDEO VERSION LINK:

<https://www.youtube.com/watch?v=hugpJHI8nMk&feature=youtu.be>

Here are a few suggestions as to where the best and worst places are to live with regards to the coming times. This information is based on the contact notes of Billy Eduard Albert Meier. If you are unfamiliar with this case, you can research it by going to ca.figu.org. In Billy's writings he extensively covers the impact that humanity is having on the planet and as well, presents us with numerous prophesies and forecasts in this regard. Due to the fact that there are still many of us who have never heard of Billy Meier and his very pertinent warnings, we have included just a few of these so that we can best be prepared for the challenges that we, along with future generations, will face. With this in

mind, we will focus on where not to live. A further goal is to make everyone aware of the possible upcoming catastrophic events in the near future.

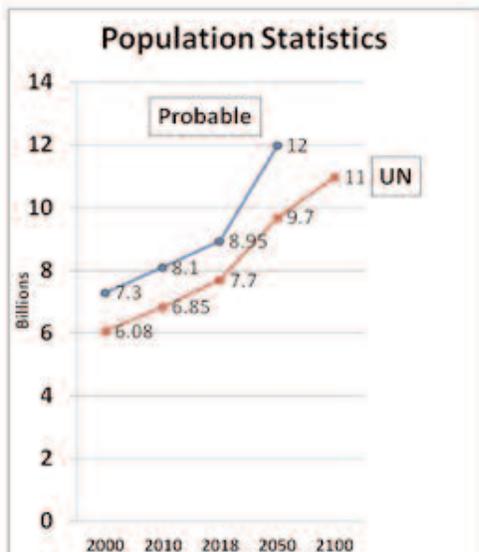
Before we go into the specific prophecies and predictions we need to clarify the difference between the two. Here is an extract from the introduction to Billy Meier's book 'Prophecies and Predictions'.

"Predictions concern as a form of foretelling of the future, which is established as such, that extremely extensive kabbalistic calculations lead to very exact results, or that via travels into the future of different types, the future will be explored. A process which can occur technically or via travels in consciousness. Certain forms of future visions are also of this category. Through this is clearly discernible that predictions occur with absolute certainty and are inevitable, without the possibility that a change or avoidance would still be possible, because due to visioning the future, the event will be seen, which actually and inevitably will occur at a

IN PREPARATION FOR THE COMING TIMES...continues

future point in time. Predictions are based on logical consequences of already firmly established facts, so that from their source and development, a very exact effect has to result. However, it is different in the case of prophecies, which a rule only have a warning function and only show the result of a matter, which would result of certain facts, if no change in time would be affected. But if a change is not affected, then the prophecy becomes a prediction, which unhesitatingly has to occur."

One other point to mention are probability calculations. If we look at the statistics which the Plejaren have provided us with, we can quickly extrapolate our possible growth projections into the not-so-distant future. For example, if we continue at our current growth rate of approximately 100 million more people per year, then by the year 2050 we will be over 12 billion people, whereas the UN states that by the turn of this century, we will be just over 11 billion, which is a gross miscalculation.



Of course, these ever increasing numbers will be accompanied by a multitude of problems which we will not be able to solve. For example: food shortages, access to clean water, housing, ever-increasing demands for energy and resources, etc.

As a result of our unbridled population growth the consequences to our environment are and will be nothing short of devastating. Not only will the lands get ever more polluted through the criminal use of toxic substances in agriculture leading to cancers, but also plastics will increasing work their way into the oceans and into the food chain. Also, due to the tremendous release of CO2 and other greenhouse gases, global temperatures will increase, along with droughts and storm intensification, wild fires, rising sea levels, etc.

For example as a result of the ever-increasing melting of the polar caps, sea levels are expected to rise by several meters in the next decades, which will affect coastal populations of major urban centres. According to calculations, the rise in the sea level shall amount to around 45% due to the

melting of inland ice, while around 55% of it shall be caused through the increase of temperature and the connected expansion of the ocean water.



Due to the melting of ice, the sea level is rising approximately 4.5 millimetres per year, but by the year 2100 the rise in the sea level will already have to be measured in metres. Worldwide, if the sea level climbs only around a half a meter, then on the coasts, about 140 cities with more than a million human beings will be threatened. Here is a list of cities which will be severely affected by rising sea levels:



Another factor to consider is the intensification of coastal storm surges as a result of the ever increasing power of the tropical storms. With every degree increase, tropical hurricane intensity will increase by up to 35 %. According to Billy Meier's Contact Report 710 dated September 11, 2018, we had already increased our average global temperature by approx. 1.2° C . Therefore there is good reason to stay away from coastal regions and known paths of hurricane weather patterns.

Another danger that looms on the horizon is the threat of a major tsunami which could cause widespread devastation to the east coast of North America and elsewhere. This is...

FOR THE COMPLETE ARTICLE PLEASE CLICK THE LINK AND SCROLL TO "IN PREPARATION FOR THE COMING TIMES":
<https://ca.figu.org/lectures-and-articles.html>

MUSIC VS. SPIRIT TEACHING

by Daniel Cooper / Ontario / October 31, 2019

The spirit teaching I have found has a lot of parallels to the world of music and creation of harmony.

In most cases when I met many music educators or those who called themselves musicians, what I have found in the end is that they do very little in the actual way of actually playing any actual music. They talk about music every day, about music history, about musicians, and even judge other musicians performances and sometimes even set themselves over other musicians and try to get followers behind them using various forms of snobbery. They tell musicians "I know such and such person and hang out with so and so" in efforts to gain others respect, or say "I have a degree in music, so my opinion is the only one that matters here" etc. etc... But in the end, when you look closely, they still don't create (and sometimes don't even play) any actual music themselves or at least very little. They copy others, try to be "in" or current but there is very little of true substance in their works. They don't produce any music in any meaningful way. Some go to school for many years to get pieces of paper called university degrees that say they are musicians, but even then, with all the credentials they have accumulated, with all the many thousands of dollars spent and hours cramming for exams, they still don't play any actual music themselves. But they are often not shy to hold their piece of paper over your head as if they are the ones to be respected in all music making decisions. They can know all the theory about music, the history about music, the dates that this and that happened, and the history of every single musician that ever lived and still not know anything about playing music itself. Much less be creative forces in music. They can't be creative forces because they are forever looking backwards or outside of themselves at other peoples experiences, careers etc. and not investing even one second of time examining their own experiences with music trying to refine their own experiences. Often they are jealous of other peoples music careers, wishing they could be someone else (someone ironically who is applying the real efforts to be a musician but this fact is always overlooked), and they become bitter and angry at their own lack of progress and look for other ways to appear significant (trying to rub shoulders with those more famous than themselves etc).

Isn't the spirit teaching about personal application? About your own personal experience? Isn't being a musician about playing music and having your own completely new and exclusive connection with the music you are playing? Spirituality sure is. It's about having your own connection to creation and what you are doing for yourself in your efforts to grow your own connection and understanding. Nobody can be an intercessor to the thoughts in your head and those who set themselves up as such are usually the ones who judge others without doing any application of it themselves. The snobs. This also happens in spirituality. These people often fall into the category of spiritual leaders, guru's, religious leaders etc. who love their adulating crowds and yet know nothing about practicing spirituality itself. It's not the subject that interests them, it's the fame.

The only musicians I have ever known to use snobbery as a

way to muscle their way around the scene were people who didn't play music themselves. Or who applied incredibly small efforts in this regard. The effort to learn music is enormous. To master an instrument and then to create meaningful music is the hardest work I have ever done. Most don't want to put in that effort and get equally small gains in return for their pitiful laziness. To be a musician requires being conscious of every sound that comes out of your instrument. It's not like turning on a radio and having it just play by itself. It is a true effort to make every moment meaningful and to truly say something of value, of life, love and clarity in a continuous conscious manner. Lose concentration for just a moment and mistakes occur. It does get easier with practice naturally, but then new challenges are sought after and the striving for personal growth becomes so pleasant of an experience that he/she does not want to stop striving. The desire to learn gains its own strength, its own power to the point that it almost carries you forward. Beautiful harmony is so attractive and fun that one wants more. But this can only truly happen to those who study the playing of music itself in their own experiences. Talking about it simply for the sake of wanting to be heard will never bring about that result because that isn't application of music itself. Just like talking about spiritual matters does not automatically make you a spiritual practitioner or one knowing about spirituality. It doesn't make you a wise person to just say the correct words. You have to examine your own life experiences, apply it to your own life experiences bit by bit, clean the self proclaimed intercessors and know it alls from your head claiming to make your decisions in life and get on with your own experiences and applications of the spirit teaching.

When you look at the most famous musicians today, they often also don't do much in the way of musical application. They have lots of followers certainly who are fanatical. They are maybe even well funded. They are famous but not skilled in personal musical experience or application. It's often computer generated, simplistic, digitized, not even played on real instruments for the most part anymore and heavily promoted... And all they manage to hook are the most simplistic listeners. A bit like religion which is all fake and is the most heavily promoted and funded where spiritual matters are concerned here on Earth. But they are the last places you will find spirituality. There's a lot of leadership there certainly but no truthful substance to the leaders. Leaders like their followers but don't care much about the subject material they claim to know. And being a follower doesn't help your spirituality at all either (in the same way that being a "leader" doesn't). Seeking out a leader just puts an intercessor back into your head getting in the way of your own decision making in life. Self proclaimed intercessors of any kind are dangerous. These people only want to tear you down and build you up in their own image and so forth and then claim credit for any of your success.

This is why the spirit teaching is not about Billy or the contacts even, just like learning a musical instrument is not about the music teacher or those who created that knowledge. It's actually about you and your own personal discovery and application of that knowledge. Period. That's it. How

MUSIC VS. SPIRIT...continues

you apply that knowledge to the skills you learn in every day life is what the spirit teaching is. That's what truly being a musician is. Or anything else you decide to truly study. So if you study something, study it for its application to better the world and yourself. By bettering yourself in a worthwhile skill, you naturally better the world around you without even having to mention a word about it.

It has been accurately stated that you can be a first rate version of yourself but you'll only ever be a second rate version of someone else. Many musicians are worried that they won't sound unique but no two people are alike, so this should be the least of any musician's worries. If one learns the application of music and applies it in ways that are meaningful to themselves, unique ideas naturally form because we are all a part piece of creation and creation is creativity itself. Creation is the striving and unfoldment of new ideas as we yearn to discover them, to test them, to bring them to life and into existence. Thinking is observation itself and this applies to every day life. Spreading it comes about by applying our own learned observations to every day life, to our work, to our skills and so forth. Not just by reading or blabbing it out loud for all to hear.

Lots of people talk about the spirit teaching using the correct words without applying it to every day life at all. These people often act as snobs and try to set themselves above others as intercessors into your thoughts in their search for followers. They are extremely defensive and react very poorly to those who see themselves as individuals. When I meet them, I see nothing there in the way of actually practicing the actual spirit teaching. All they do is talk about it out loud. They don't do it at all. What a waste of an amazing opportunity.

The best musicians don't waste all their time talking about music. They are too busy doing it and trying to better themselves at it. Their skill shines through in a way that becomes a better teacher of music than all the books about music in existence. And if we can jump in and share in that experience with them as equally strong individuals then it becomes an experience of pure joy and harmony. Of each and all striving together to create lively fun ideas and bringing them to life. No amount of snobbery can create harmonious people or music. First the musician has to be harmonious within him/her self, then the harmonious music results when they strive for its realization. That's it. It's that simple. But sadly in our world, this has become an increasingly distant reality. The stench of snobbery fills many intellectual circles. Hence the less and less harmonious music being produced as time continues. They look to be leaders and to find followers, not to create harmonious music.

In this way, learning music isn't only similar to the spirit teaching. It IS the spirit teaching. Every effort we undertake to better ourselves is the spirit teaching in practice. That's because everything in creation is creation itself. I had a wonderful time with Daniela at the Winterthur art gallery in September. She didn't bombard me with words she learned from books and try to set herself up as this figu know it all. She understood plainly that life experience is the spirit teach-

ing itself. Everything in creation is part of creation. That each art work there was an experience in creation, in life and a reflection of that experience whether positive or negative. It was an afternoon I will always cherish because of her recognition of this simple fact. It brought meaning into the art and every piece there was valid even if some of them symbolized a deep negativity and degeneration in our society. Everything in life has meaning and value including a healthy sense of humour. To discredit one thing in creation and say that it isn't relevant to the spirit teaching is completely missing the point of life itself and the spirit teaching in the worst way. Just because something wasn't mentioned in a figu book doesn't mean there's no spiritual validity in that experience. Everything in creation is the experience of creation itself. This is why the idea of being neutral positive (seeing the negative and positive as equals) is so important and enriches our experiences and our ability to learn so much more.

If more people could know these simple facts and allow for the spirit teaching in the application of every day life, this world would become a better place immediately. It's amazing how much snobbery gets in the way of all human progress. If one truly examines this fact and its sources closely, then one realizes just how much of a toll it has taken on our intellectual world. It's a form of peer pressure that generates a mob mentality and stops all creational observation in its tracks. It is probably one of the most potent and deadly poisons to true progress in existence today. It is used everywhere to stifle creative thinking, creative observation and prevents any truth or harmony from penetrating into one's consciousness. Unfortunately it is something I've had only too much experience with in the world of music "experts" who don't create any actual music. But at least I can identify it more easily now when it shows up and still be in the driver seat of my interactions with my life, my striving and not let them so easily get a hold of my authenticity and creativity. Those things don't belong to anyone but me. Wherever I see that happening, there is someone trying to set themselves up as an intercessor in my thoughts, feelings etc. about my interaction with life. Like a weed, they must be plucked from the garden of one's consciousness before it can be allowed to choke off the whole garden and perpetuate its ugly self any further. This happens by simply becoming aware of the facts and realizing what they are. In this way, I can identify it and simply accept that I myself am the creator of my life and have my own connection with creation. I don't need an intercessor scaring me into thinking that I can't live or create anything of value without that person's judgements. I have my own connection to creation. It's called my own experiences, my cognitions, my observations, my own judgements, my striving and yes, I should esteem those the most. I am certainly able to and should be allowed to experience that more than anything else. Intercessors try to shut those off in others. That's their only goal. Your experience is after all the only way you'll ever be able to interact with the world. Know yourself, your experiences and allow your observations to come through. Allow for them. What other possible way is there to make sense of anything other than through those?

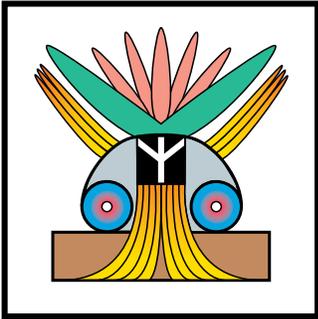
WHOLE LIFE EXPO TORONTO
Metro Toronto Convention Center
Toronto, Ontario / November 8-10, 2019
FLCA INFO BOOTH
Photos: Peter Chladek, Catherine Mossman

CATHERINE AND MICHAEL AT THE FLCA BOOTH
FEATURING THE NEW BOOKLET AND INFO POSTCARDS
ABOUT THE CORRECT PEACE SYMBOL



And there shall be PEACE on Earth

AMANI
BARIŞ
PAQE
PACE
MIP
PAIX
PAZ



EIPHNH
VREDE
平和
שלום
शांति
سلام
صلح

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