

# 8 FOR 8

## The curriculum for these sessions include:

- Where to go when you come into the center
- Where to stow your belongings when you come into the center
- On lane bowling etiquette
- How to pick up the bowling ball
- How to hold the bowling ball (one or two handed)
- The foul line - "Do Not Cross"
- Where to stand
- Where to aim
- Bowling terms
- How to score
- How to take some steps (3 or 4 step delivery)
- How to grip and roll the ball
- Follow through
- Aiming (first ball and spares)



Name: First \_\_\_\_\_ Last \_\_\_\_\_

Birth Date: Day \_\_\_\_ Month \_\_\_\_\_ Year \_\_\_\_\_

Medical Concerns (if any): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Parent/Guardian Name(s): \_\_\_\_\_

Phone #: Home \_\_\_\_\_ Cell or Alternative \_\_\_\_\_

Email: \_\_\_\_\_

8 FOR 8

**Please return completed registration form to Grandview Lanes by October 11th, 2018**

2195 Commercial Drive Vancouver, BC V5N 4B3 604-253-2747 www.grandviewbowling.com



### WEEKLY SESSIONS (30)

Each Saturday includes 3 games of regular bowling, shoe rental, and instruction.

### 2015 - 2016 DIVISIONS

- Bantams - Ages 6 to 10 as of December 31st, 2018
- Juniors - Ages 11 to 14 as of December 31st, 2018
- Seniors - Ages 15 to 19 as of December 31st, 2018

### 2015 - 2016 FEES

Registration: \$60.00 (one time fee)

Weekly Fee: \$14.00 per week, due each Saturday. This includes GST and prize money (\$3.00 per week). Prize Money must be paid even if you are absent.

Pre-Paid Full Season - **SAVE 25%** - \$360.00 (includes registration fee,)

## YBC

### TOURNAMENT PLAY, PRIZES, AWARDS, & FUN DAYS

Bowling fees include a portion of money that is designated towards prizes, special events, fun days, and a year end awards ceremony. Bowlers are also afforded an opportunity to participate in tournaments both during league bowling, and outside of regular league play (including the opportunity to play provincially or nationally - additional fundraising required).



**\*\*ALL BOWLERS ARE EXPECTED TO PARTICIPATE IN CHOCOLATE SALES FUNDRAISER\*\***

Name: First \_\_\_\_\_ Last \_\_\_\_\_

Birth Date: Day \_\_\_\_ Month \_\_\_\_\_ Year \_\_\_\_\_ Division: \_\_\_\_\_

Medical Concerns (if any): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Parent/Guardian Name(s): \_\_\_\_\_

Phone #: Home \_\_\_\_\_ Cell or Alternative \_\_\_\_\_

Email: \_\_\_\_\_

YBC

**Please return completed registration form to Grandview Lanes by September 8th, 2018**

2195 Commercial Drive Vancouver, BC V5N 4B3 604-253-2747 www.grandviewbowling.com

