Purpose

The purpose of the Oklahoma County Senior Nutrition Program is to serve a nutritious noon-day meal to persons 60 or older and to promote social interaction through group activities.

Funds

The program is funded through the Areawide Aging Agency with Federal and State funds. The program also receives voluntary contributions from participants and local donations are made for the cost of the meals.

Policy

The Oklahoma County Senior Nutrition Program makes no distinction on the grounds of race, color, handicaps or national origin in the provision of services in accordance with the Civil Rights Act of 1964 and the Rehabilitation Act of 1973.

AN EQUAL OPPORTUNITY EMPLOYER

"Your donations insure the continuity of our programs."

Fun Activities

Annual Picnics Celebrations

Flea Markets Outings

Costume Days Exercise

Dancing Games

Special Holidays

Administrative Office 5016 N.W. 10th Oklahoma City, Oklahoma 73127



More than a Meal . . .

Serving over
2000 meals daily and
providing over
20,000 hours of
fun and fellowship for
Senior Citizens of
Oklahoma County
per year!



AREAWIDE AGING AGENCY

The Senior Nutrition Program meals are prepared in a central kitchen and are delivered to the sites in hot and cold carriers to assure that proper temperature is maintained. The menus are developed by a registered, licensed nutritionist and provide one third of the daily Recommended Dietary Allowances established by the Food and Nutrition Board of the National Academy of Sciences' National Research Council. OCSNP is funded by Areawide Aging Agency, the Department of Human Services and is administered by Sodexho.

Support Services

- · Transportation to Meal Sites
- Nutrition Education
- Scheduled Trips for Necessary Shopping and Medical Needs
- · Meals for Home Bound Elderly
- · Outreach Services
- · Housekeeping

Administrative Office

5016 NW 10th Street Oklahoma City, OK 73127 (405) 949-2709 Monday - Friday 7:00 am - 3:30 pm

18 Meal Sites

In Oklahoma County, 18 dining sites are opened 9:00am - 1:00pm, Monday through Friday.

NORTHWEST LOCATIONS

- Memorial Christian Church 1915 N. Meridian 73107 948-1854
- MA Center 1400 N.W. 115th 73114 286-1863
- Penn Ave. Methodist Church 1320 N. Pennsylvania 73107 524-3799
- Candlelake Senior Center 3540 NW 56th 73112 949-0139
- Towers Senior Center 117 NW 9th 73102 272-0735
- Classen Senior Center 913 NW 12th 73106 236-3680

NORTHEAST LOCATIONS

- Temple Gardens

 1515 NE 48th. 73111
 427-5338
- Northeast YMCA Senior Center 4712 M.L. King Blvd. 73111 427-5222
- McGuire Senior Center 1316 NE 12th 73117 419-9925
- Spencer Senior Center 8306 NE 36 73110 771-5354

SOUTHWEST LOCATIONS

- Capitol Hill United Methodist Church 123 SW 25th 73109 232-3967
- Hillcrest Senior Center 2325 SW 59th 73119 681-7741
- Andrews Senior Center 2101 S. Harvey 73109 634-9707
- La Puerta de Oro 420 SW 10th 73109 235-4243

Eastern Locations

- Choctaw 14653 Dean St. 73020 390-8040
- Harrah Senior Center 19791 Summers Ave. 73045 454-3586
- Midwest City Senior Center 8251 E. Reno 73130 732-0302
- First Church of the Nazerene 4701 SE 26th Del City 672-7543