



NOVEMBER 2022		MENU			
Monday	Tuesday	Wednesday	Thursday	Friday	
	1 Hot Dog Red Skin Potatoes Fruit Graham Crackers	2 Beef Stew with Biscuit Pickled Beets Warm Apples Cinnamon Muffin	3 Chicken and Noodles Mashed Potatoes Green Beans Fruit & Graham Crackers	4 Baked Fish Macaroni & Cheese Peas, Cole Slaw Fruit	
7 Chicken Tenders Au Gratin Potatoes Vegetable Blend Fruit	8 Creamed Chipped Beef with Biscuit and Peas Fruit Carrot Raisin Salad	9 Macaroni & Cheese Stewed Tomatoes Tossed Salad w/Dressing Fruit	10 Ham Sweet Potato Casserole Broccoli Fruit	11—VETERAN'S DAY Roast Beef Mashed Potatoes w/Gravy Oregon Vegetable Blend Fresh Veggies Pack; Fruit	
14 Breaded Pork Chop Baby Baker (Potatoes) Fruit Pudding	15 Shredded Chicken Seasoned Potato Wedges Carrot Coins Pound Cake	16 Ham & Bean Soup Pimento Cheese Cole Slaw Fruit	17 Meatloaf Mashed Potatoes w/Gravy Succotash Fruit & Pudding	18 Salmon Patty Scalloped Potatoes Vegetable Blend Fruit	
21 Hamburger Steak Fries Capri Blend Vegetables Fruit	22 Ham & Potato Casserole Mixed Vegetables Fruit	23 Roast Turkey, Stuffing w/Gravy, Sweet Potatoes, Green Beans, Roll, Pumpkin Swirl Cake	 24 THANKSGIVING — NO MEAL DELIVERY	 25 — NO MEAL DELIVERY	
28 Meatballs Fries Succotash Fruit	29 Omelet, Sausage Links Hash Brown Potatoes Biscuit Fruit Fruit Muffin	30 Baked Chicken Baby Baker Potatoes Vegetable Blend Fruit			
				*Menu Subject to Change	