



**AR** adaptogen  
research®

## 5-HTP Max



Dietary Supplement  
Professional Use Only  
60 Vegetarian Capsules

### Supplement Facts

Serving Size 1 capsule

Amount Per Serving	% Daily Value
Vitamin B-6 (as Pyridoxal-5-Phosphate)	20 mg 1000%
5-HTP (5-Hydroxytryptophan)	100 mg *

\*Daily Value not established.

**Other Ingredients:** Microcrystalline cellulose, cellulose (capsule), L-leucine.



Distributed By:  
ADAPTOGEN RESEARCH  
625 Barksdale Road, Suite 113  
Newark, DE 19711  
Report any adverse reactions to  
302.213.0030

**Recommended Use:** As a dietary supplement, take one capsule per day, or as directed by your health care practitioner.

**Warning:** Not recommended for use by pregnant or lactating women, or by those taking SSRI or MAOI medications.

**Notice:** Color, size or shape may appear different between lots.

Manufactured in a GMP Registered Facility in the USA

**STORE AT ROOM TEMPERATURE.  
KEEP OUT OF REACH OF CHILDREN.**

HTU060-PL-4

