



## Adolescence Interrupted

By  
*Blair Patrick Schuyler*



Having met Blair years ago i was thrilled to read his easy to read, well written book! Blair lived in the area at one point and now is a star! His book is a real survival story of his experiences facing down all the years of being told at a mere thirteen years old he had a neurological condition that could change his life forever. One can only imagine all the potential pitfalls along his young way. Blair's story is one of courage by overcoming odds with such positive hopeful energy that is a testament of the will to live on while facing down fears along the way. I encourage others to read this book and enjoy the incredible strength of this incredible young man. ~ **Dr. Michele Winchester-Vega**

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The essence of adolescence, by its very nature, is a time of insecurity and instability. To be afflicted with an illness that is also uncertain in its origin and outcome, compounds an already difficult time to almost impossible. Blair Patrick Schuyler takes us along on his compelling journey which begins at age 13 when he awakens with a pounding, crippling headache as well as a myriad of other painful and disturbing symptoms. Then follows with a series of surgeries that have both a physical and emotional impact on this youngster as he tries to negotiate through adolescence and young adulthood. I am drawn to the incredible inner strength of this author. I found myself feeling frustrated along with him as he searched for medical stability, as well as proud of his persistence and his ability to connect with the world around him. He demonstrates the triumph of the human spirit in the face of adversity. A good read, particularly for those who have gone through, or are going through a medical crisis. ~ **Rhonda Hauge**

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Adolescent years are the building blocks that form the man, imagine if the foundation is left unfinished. This was an incredible book about the power of the human spirit. With the courage of a warrior and the faith of a priest, Blair never gives up on achieving his dreams. Blair takes us along on his real life journey as he battles pain, surgeries, and recoveries that no young boy should have to endure. In the end with the help of family members and friends, especially his mother, Blair is able to experience life. ~ **Kristen LoBianco, LMSW**



What a wonderful read. Schuyler was able to tell his story in a language all could understand. He displayed an equal amount of vulnerability and courage in his writings. His ability to maintain positive thoughts and positive coping skills seemed to be paramount to his survival. As a mom of 2, I found myself terrified at times as well as delighted to see him triumph. I would highly recommend this book to a teen or family member of a teen going through a difficult time in their life to not only normalize their feelings and emotions but to display the real possibility of overcoming even the worst of situations. I feel this book can serve to be motivational to all that read it. ~ **Victoria Sullivan, LCSW-R**



A great book, not just for the young reader. Schuyler takes you on his journey of growing up with a severe health condition. Diagnosed at 13 – a difficult time for many teens, Blair does not allow his diagnosis rule him. While he certainly faced many difficulties, the way in which Schuyler chose to cope with his illness is astounding. The stamina of his faith and hope alone is worth the read. The take away is the strength of his human spirit and how his experience allowed him to travel a road most would find impossible at best, yet ultimately lead to a happy, fulfilled life worth living. ~ **Suzanne Vizethann**