

## MARCH Ingredient List 2026

### ENTREES

**CABBAGE ROLL**-CABBAGE, BEEF, WATER, WHITE RICE, ONIONS, BREAD CRUMB [WHEAT FLOUR, SUGAR, YEAST, SOYBEAN OIL, SALT, CALCIUM PROPIONATE ], EGG, LESS THAN 2% OF: GREEN BELL PEPPER, TEXTURED SOY PROTEIN CONCENTRATE (SOY PROTEIN CONCENTRATE, CARAMEL COLOR), SALT, CELERY, NONFAT DRY MILK, ISOLATED SOY PROTEIN, BEEF FLAVOR [CONTAINS AUTOLYZED YEAST EXTRACT, MONO & DIGLYCERIDES, POLYSORBATE 60, DISODIUM INOSINATE & DISODIUM GUANYLATE, XANTHAN GUM], SPICE, CARAMEL COLOR). SAUCE (WATER, DICED TOMATOES CONTAINS: EGG, MILK SOY, WHEAT

**CHICKEN NOODLES**-white meat chicken, egg noodles, celery, onion, cream sauce

**MEATLOAF**-Beef, Onions, Water, Soy Protein Concentrate (Soy Protein Concentrate, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate, Pyridoxine Hydrochloride, Riboflavin, and Cyanocobalamin), Ketchup (Tomato Concentrate, Distilled Vinegar, Sugar, Salt, Onion Powder, Spice, Natural Flavoring), Less Than 2% Of The Following: Green Peppers, Breadcrumbs (Wheat Flour, Sugar, Salt, Yeast, Canola Oil), Flavoring, Potato (Dry), Egg Whites, Starch Blend (Tapioca Starch, Rice Starch, Sodium Carbonate), Potassium Chloride, Parsley, Lemon Powder, Sodium Phosphate, Salt. Contains: Soy, Wheat, Egg.

**SCRAMBLED EGGS**-WHOLE EGGS, NON FAT DRY MILK, BUTTER

**SAUSAGE PATTY**-PORK, WATER, SALT, SPICES

**BEEF STEAK/GRAVY**-BEEF, WATER, BREAD CRUMBS [BLEACHED WHEAT FLOUR, YEAST, SALT, SUGAR], SALT, ISOLATED SOY PROTEIN, ONION, FLAVORINGS), SAUCE (WATER, MODIFIED CORN STARCH, BEEF FAT [CONTAINS BHT, CITRIC ACID], CONTAINS 2% OR LESS OF: ONIONS, BEEF FLAVOR [CONTAINS BEEF EXTRACT, YEAST EXTRACT, SALT, FLAVOR, MALTODEXTRIN, LACTIC ACID, CITRIC ACID], WHEAT FLOUR, SUGAR, FLAVORINGS, SAUTEED VEGETABLE PUREES [CARROTS, CELERY AND ONIONS], SALT, CARAMEL COLOR, DEXTROSE AND SPICE EXTRACTIVES, SOYBEAN OIL, BEET JUICE CONCENTRATE, MALTODEXTRIN, NATURAL FLAVORING). CONTAINS: SOY, WHEAT

**CHICKEN BREAST**-WATER, RICE STARCH, MODIFIED CORN STARCH, SALT, SODIUM PHOSPHATES. BATTERED AND BREADED WITH: WHEAT FLOUR, WATER, MODIFIED CORN STARCH, YELLOW CORN FLOUR, SALT, CONTAINS 2% OR LESS OF THE FOLLOWING: DEHYDRATED GREEN BELL PEPPER, DEXTROSE, EXTRACTIVES OF PAPRIKA, GARLIC POWDER, HYDROLYZED WHEAT AND CORN GLUTEN, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE), MALTODEXTRIN, NATURAL FLAVOR, ONION POWDER, SOYBEAN OIL (AS A PROCESSING AID), SPICES, WHEAT GLUTEN, YEAST EXTRACT. CONTAINS: WHEAT

**MACARONI AND CHEESE**-SKIM MILK, BLANCHED MACARONI (WATER, SEMOLINA, EGG WHITES), AMERICAN CHEESE SPREAD (CHEDDAR AND COLBY CHEESE [CULTURED MILK, SALT, ENZYMES], WATER, WHEY, SODIUM PHOSPHATE, WHEY PROTEIN CONCENTRATE, SKIM MILK, MILKFAT, SALT, CARRAGEENAN, CELLULOSE GUM), CANOLA OIL, NEUFCHATEL CHEESE (MILK, CREAM, CONTAINS LESS THAN 2% OF SALT, CAROB BEAN GUM, CHEESE CULTURES), 2% OR LESS OF SOYBEAN OIL, WATER, CHEDDAR CLUB CHEESE (CHEDDAR CHEESE [CULTURED MILK, SALT, ENZYMES], WATER,

CONTAINS 2% OR LESS OF SALT, ANNATTO [COLOR]), MODIFIED CORNSTARCH, BLEACHED WHEAT FLOUR, CHEDDAR JACK SEASONING (CHEDDAR AND MONTEREY JACK CHEESES [CULTURED MILK, SALT, ENZYMES], WHEY, SOYBEAN OIL, SALT, MALTODEXTRIN, SOUR CREAM [CULTURED CREAM, NONFAT MILK], NATURAL FLAVOR, DISODIUM PHOSPHATE, CULTURED WHEY, CITRIC ACID, LACTIC ACID, ANNATTO [COLOR]), SALT, NATURAL FLAVORS, YEAST EXTRACT, POTASSIUM CHLORIDE, XANTHAN GUM, LACTIC ACID, CALCIUM LACTATE, DATEM, MONO- AND DIGLYCERIDES, SEASONING (CORNSTARCH, EXTRACTIVES OF TURMERIC AND ANNATTO [COLOR], NATURAL FLAVOR), POTASSIUM SORBATE (PRESERVATIVE), ANNATTO COLOR.

**BAKED COD**-ALASKA COD, BLEACHED ENRICHED AND UNENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (SOYBEAN AND/OR CANOLA), MODIFIED CORN STARCH, WATER, BEER (WATER, MALTED BARLEY, YEAST, HOPS), CONTAINS 2% OR LESS OF: RICE FLOUR, SALT, DEGERMED YELLOW CORN FLOUR, SODIUM TRIPOLYPHOSPHATES (TO RETAIN MOISTURE), CORN STARCH, DEXTROSE, WHEY (MILK), DRIED TORULA YEAST, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, SODIUM ALUMINUM PHOSPHATE), DEXTRIN, MALT EXTRACT, YEAST EXTRACT, YELLOW CORN FLOUR, DRY YEAST, WHEAT FIBER, PALM OIL, METHYLCELLULOSE, ONION POWDER, PAPRIKA (SPICE AND COLORING), SPICE, AUTOLYZED YEAST EXTRACT, CELLULOSE GUM, GARLIC POWDER, MONO AND DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVORS, NONFAT MILK, SUNFLOWER OIL, YELLOW 5, GUAR GUM. CONTAINS FISH (ALASKA COD), WHEAT, MILK.

**BEEF HOTDOG**-Beef, Water, Contains 2% or less of: sorbitol, salt, flavorings, sodium phosphates, sodium erythorbate, sodium nitrite, extract of paprika.

**PORK** -Pork, water, textured soy protein [soy protein concentrate, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A palmitate, calcium pantothenate, thiamine mononitrate(B1), pyridoxine hydrochloride(B6), riboflavin(B2), cyanocobalamin(B12)], salt, Natural Flavors. Batter Ingredients: Maltodextrin, Egg Whites, Whey Protein Concentrate, Buttermilk Blend (Buttermilk, Whey Solids), Mono and Diglycerides, Whey, Modified Corn Starch, Lactic Acid, Buttermilk Powder, Calcium Lactate, Citric Acid, Safflower Oil, Buttermilk, Natural Flavors, Vinegar, Corn Syrup Solids, Lipolyzed Cream (Butter, Nonfat Milk). Breading Ingredients: Enriched bleached wheat flour (enriched with niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), salt, sugar, hydrogenated soybean oil, yeast, spices, celery seed, onion powder, garlic powder, caramel color, extractives of paprika. Contains: Wheat, Soy Egg Milk

**FISH RECTANGLE**-COD, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL), WATER, YELLOW CORN FLOUR, BLEACHED WHEAT FLOUR, CONTAINS 2% OR LESS OF: SALT, DEXTROSE, YEAST, PAPRIKA EXTRACT (COLOR), LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE),

**MARZETTI-COOKED PASTA** (WATER, SEMOLINA WHEAT FLOUR), WATER, COOKED BEEF AND PORK BLEND, TOMATO PASTE, ONIONS, 2% OR LESS OF SOYBEAN OIL, MODIFIED FOOD STARCH, SUGAR, SALT, BLEACHED WHEAT FLOUR, ROMANO CHEESE MADE FROM COW'S MILK (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), OLIVE OIL, SPICES, GARLIC, AUTOLYZED YEAST EXTRACT, MONO-

AND DIGLYCERIDES, SEASONING (SOY SAUCE [WATER, SOYBEANS, WHEAT, SALT], AUTOLYZED YEAST EXTRACT, DEXTROSE, SOYBEAN OIL

**BEEF STEW**-Beef, Beef Stock, Potatoes, Carrots, Water, Green Peas, celery, onions Food Starch

**HAM/BEAN SOUP**- navy beans,diced ham, onion, celery, smoked ham base, garlic/onion powder

**CHICKEN ALA KING**-COOKED WHITE MEAT CHICKEN, WATER, MUSHROOMS, SOYBEAN OIL, CELERY, RED BELL PEPPERS, 2% OR LESS OF CREAM, PEAS, ONIONS, MODIFIED FOOD STARCH, BLEACHED WHEAT FLOUR, GREEN BELL PEPPERS, SALT, CHICKEN FAT, CHICKEN BROTH,

**BREADED CHICKEN PATTY**-CHICKEN BREAST WITH RIB MEAT, WATER, RICE STARCH, MODIFIED CORN STARCH, SALT, SODIUM PHOSPHATES. BATTERED AND BREADED WITH: WHEAT FLOUR, WATER, MODIFIED CORN STARCH, YELLOW CORN FLOUR, SALT, CONTAINS 2% OR LESS OF THE FOLLOWING: DEHYDRATED GREEN BELL PEPPER, DEXTROSE, EXTRACTIVES OF PAPRIKA, GARLIC POWDER, HYDROLYZED WHEAT AND CORN GLUTEN, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE), MALTODEXTRIN, NATURAL FLAVOR, ONION POWDER, SOYBEAN OIL (AS A PROCESSING AID), SPICES, WHEAT GLUTEN, YEAST EXTRACT.CONTAINS: WHEAT

**CHICKEN TENDERS**-Boneless chicken breast with rib meat, water, modified food starch, salt, sodium phosphates. BREADED WITH: Wheat flour, water, modified corn starch, salt, yellow corn flour, contains 2% or less of the following: extractives of turmeric, garlic powder, hydrolyzed corn gluten, leavening (sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate), maltodextrin, natural flavor, onion powder, spices, wheat gluten, yeast extract. Breeding set in vegetable oil.CONTAINS: WHEAT.

**HAM**-Cured With Water, Salt, Sugar

**SALISBURY STEAK**-Salisbury Steak (Beef, Water, Onions, Textured Soy Protein Concentrate [Soy Protein Concentrate, Isolated Soy Product, Caramel Color], Bread Crumbs [Bleached Wheat Flour, Yeast, Salt, Sugar], Beef Flavor [Cooked Beef, Yeast Extract, Beef Tallow, Beef Extract, Flavoring, Salt, Sugar, Vegetable Juice Concentrates {Onion, Carrot, Celery}, Lactic Acid], Dried Egg Whites, Burgundy Wine, Salt, Canola Oil, Garlic, Butter [Cream, Salt], Potassium Chloride, Spice, Dehydrated Garlic, Onion Powder), Water, Mushrooms, Onions, Modified Corn Starch, Tomato Paste, Beef Flavor (Contains Beef Extract, Yeast Extract,

**PORK FRITTER**-Salisbury Steak (Beef, Water, Onions, Textured Soy Protein Concentrate [Soy Protein Concentrate, Isolated Soy Product, Caramel Color], Bread Crumbs [Bleached Wheat Flour, Yeast, Salt, Sugar], Beef Flavor [Cooked Beef, Yeast Extract, Beef Tallow, Beef Extract, Flavoring, Salt, Sugar, Vegetable Juice Concentrates {Onion, Carrot, Celery}, Lactic Acid], Dried Egg Whites, Burgundy Wine, Salt, Canola Oil, Garlic, Butter [Cream, Salt], Potassium Chloride, Spice, Dehydrated Garlic, Onion Powder), Water, Mushrooms, Onions, Modified Corn Starch, Tomato Paste, Beef Flavor (Contains Beef Extract, Yeast Extract,

**PIZZA**-CRUST: FLOUR BLEND (WHITE WHOLE WHEAT FLOUR, ENRICHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, TOPPINGS: LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZYMES), TURKEY AND BEEF PEPPERONI, SALT, SPICES, DEXTROSE, LACTIC ACID STARTER CULTURE

**CHICKEN ALFREDO**-SKIM MILK, COOKED PENNE PASTA (SEMOLINA [WHEAT], EGG WHITE, WATER), GRILLED SEASONED CHICKEN WHITE MEAT (CHICKEN WHITE MEAT, WATER, LESS THAN 2% LEMON JUICE CONCENTRATE, SALT, VINEGAR), WATER, PARMESAN CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), CREAM, MARGARINE (SOYBEAN OIL, PALM OIL, WATER, SALT, CONTAINS 2% OR LESS OF: MONO- & DIGLYCERIDES, SOYBEAN LECITHIN [SOY], NATURAL FLAVOR, ANNATTO [COLOR], VITAMIN A PALMITATE ADDED), FOOD STARCH-MODIFIED, CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), CHEESE POWDER (WHEY, REDUCED LACTOSE WHEY, CHEDDAR CHEESE [CULTURED MILK, SALT, ENZYMES], NATURAL FLAVORS, CREAM, MALTODEXTRIN, SALT, WHEY PROTEIN CONCENTRATE, SODIUM PHOSPHATE, BLUE CHEESE [CULTURED MILK, SALT, ENZYMES], CITRIC ACID, LACTIC ACID), WHEAT FLOUR, PECORINO ROMANO CHEESE (PASTEURIZED SHEEP'S MILK, CHEESE CULTURES, SALT, ENZYMES), SALT, DEHYDRATED GARLIC, ROASTED GARLIC PUREE, ONION POWDER, SPICES

**SMOKED SAUSAGE**-Pork and Beef, Water, Less than 2% of the Following: Salt, Flavorings, Potassium Lactate, Corn Syrup, Sodium Diacetate, Monosodium Glutamate, Sodium Erythorbate, Oleoresin of Paprika, Sugar, Sodium Phosphate, Dextrose, Sodium Nitrite, Lemon Powder

#### **VEGETABLES—NO INGREDIENTS LISTED**

**CAPRI BLEND**-CARROTS, ZUCCHINI, FRENCH GREEN BEANS, YELLOW SQUASH

**BROCCOLI**

**VEGETABLE BLEND**(CARROTS BROCCOLI CAULIFLOWER),

**GREEN BEANS**

**STEWED TOMATOES**(TOMATOES GR PEPPER ONION)

**PEAS**

**WINTER BLEND**(BROCCOLI CAULIFLOWER)

**CARROTS**

**KEY WEST BLEND**-green beans, wax beans, yellow carrots, orange carrots

#### **SIDES**

**AUGRATIN POTATOES**-MODIFIED FOOD STARCH, WHEY, MALTODEXTRIN, ONION, POTASSIUM CHLORIDE, SUGAR, SUNFLOWER OIL, CONTAINS 2% OR LESS OF: NATURAL FLAVOR, SALT

**MASHED POTATOES**-POTATOES, SALT, NONFAT MILK

**SCALLOPED POTATOES**-POTATOES, MODIFIED FOOD STARCH, WHEY, LACTOSE, CONTAINS 2% OR LESS OF: CORN SYRUP SOLIDS, ONION, SUNFLOWER OIL, POTASSIUM CHLORIDE, SALT, MONO AND DIGLYCERIDES, COLOR (ANNATTO EXTRACT), CHEDDAR CHEESE (PASTEURIZED MILK, CULTURES, SALT, ENZYMES), CREAM CHEESE (PASTEURIZED CREAM, CHEESE CULTURE, SALT, CAROB BEAN GUM, GUAR GUM), DIPOTASSIUM PHOSPHATE, GARLIC, GREEN ONION, MALTODEXTRIN, NATURAL FLAVOR,

NONFAT MILK, SOYBEAN OIL, SPICE, YEAST EXTRACT, FRESHNESS PRESERVED WITH (SODIUM BISULFITE). CONTAINS: MILK

**HASBROWN POTATO CUBES**-DEXTROSE, DISODIUM DIHYDROGEN PYROPHOSPHATE (TO MAINTAIN NATURAL COLOR).

**RICE PILAF**-Rice, Iron Phosphate, Niacin, Thiamine Mononitrate, Folic Acid), Enriched Orzo (Semolina Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Pilaf Seasoning Blend [Hydrolyzed Corn Gluten, Salt, Dextrose, Maltodextrin, Malt Extract, Sugar, Soybean Oil, Onion Powder, Natural Flavor (Contains: Salt, Sugar, Dextrose, Tapioca Starch, Yeast Extract, Spices, Canola Oil, Molasses), Spice, Turmeric Extract (Color), Spice Extract, Contains 2% Or Less Silicon Dioxide (Anticaking)].Contains: Wheat

**POTATO WEDGES**-Vegetable Oil (Contains One or More of the Following: Canola, Palm, Soybean, Sunflower), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

**BABY BAKERS**-WHITE POTATOES

**SWEET POTATOES**- yams, butter, maple syrup, brown sugar, cinnamon, marshmallows

**RED POTATOES**-POTATOES, BUTTER, SEASONINGS

## **BAKERY**

**HAMBURGER BUN**- UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, HIGH FRUCTOSE CORN SYRUP, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: YEAST, SOYBEAN OIL, SALT, WHEAT GLUTEN, DOUGH CONDITIONERS (CONTAINS ONE OR MORE OF THE FOLLOWING: SODIUM STEAROYL LACTYLATE, CALCIUM STEAROYL LACTYLATE, MONOGLYCERIDES, MONO- AND DIGLYCERIDES, DISTILLED MONOGLYCERIDES, CALCIUM PEROXIDE, CALCIUM IODATE, DATEM, ETHOXYLATED MONO- AND DIGLYCERIDES, ENZYMES, ASCORBIC ACID), SESAME FLOUR, CALCIUM PROPIONATE (TO RETARD SPOILAGE)CONTAINS: WHEAT, SESAME

**HOTDOG BUN**- WATER, WHOLE WHEAT FLOUR, UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WHEAT GLUTEN, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, YEAST, SALT, DOUGH CONDITIONERS (CONTAINS ONE OR MORE OF THE FOLLOWING: SODIUM STEAROYL LACTYLATE, CALCIUM STEAROYL LACTYLATE, MONOGLYCERIDES, MONO- AND DIGLYCERIDES, DISTILLED MONOGLYCERIDES, CALCIUM PEROXIDE, CALCIUM IODATE, DATEM, ETHOXYLATED MONO- AND DIGLYCERIDES, ENZYMES, ASCORBIC ACID), SESAME FLOUR, CALCIUM PROPIONATE (TO RETARD SPOILAGE)CONTAINS: WHEAT, SESAME

**DINNER ROLL**- ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, SOYBEAN OIL, EGGS, CONTAINS 2% OR LESS OF: SALT, HYDROGENATED COTTONSEED OIL, YEAST, MONO AND DIGLYCERIDES, ASCORBIC ACID (VITAMIN C), WHEY(MILK).

**BISCUIT-** ENRICHED FLOUR BLEACHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE OIL (PALM AND/OR PALM KERNEL OIL), SUGAR, BUTTERMILK, BAKING SODA, SALT, SODIUM ALUMINUM PHOSPHATE, MONOGLYCERIDES, SODIUM ACID PYROPHOSPHATE, MODIFIED CORN STARCH, PECTIN, WHEY PROTEIN.

**CORN MUFFIN-** ENRICHED FLOUR (WHEAT FLOUR, BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WATER, VEGETABLE OIL (SOYBEAN, CANOLA), EGGS, YELLOW CORN MEAL, CORN SYRUP, ,, CONTAINS 2% OR LESS: MODIFIED FOOD STARCH, SODIUM ACID PYROPHOSPHATE, BAKING SODA, SALT, CORN STARCH, POTASSIUM SORBATE (TO MAINTAIN FRESHNESS), MONO- AND DIGLYCERIDES, MONOCALCIUM PHOSPHATE, SODIUM STEAROYL LACTYLATE, ENZYMES, XANTHAN GUM.  
IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, BLUEBERRIES, WATER, VEGETABLE OIL (SOYBEAN, CANOLA), EGGS, CORN SYRUP, CONTAINS 2% OR LESS: MALTODEXTRIN, MODIFIED FOOD

**WHEAT BREAD-** UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, WHEATBRAN, HIGH FRUCTOSE CORN SYRUP, YEAST, WHOLE WHEAT FLOUR, CONTAINS 2% OR LESS OF THE FOLLOWING: WHEAT GLUTEN, SOYBEAN OIL, SALT, CALCIUM PROPIONATE (PRESERVATIVE), POTASSIUM SORBATE (PRESERVATIVE), CARAMEL COLOR, WHEATSTARCH, ENZYMES, ASCORBIC ACID.

ENGLISH MUFFIN-UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR

## **SALADS**

**CUCUMBER SALAD-**CUCUMBER, WATER, ONION, SUGAR, RED BELL PEPPER, VINEGAR, SALT

**TOSSED SALAD-**LETTUCE CARROTS RED CABBAGE

**COTTAGE CHEESE-**Cultured Nonfat Milk, Milk, Cream (milk), Contains less than 2% of: Nonfat Milk, Whey (milk), Salt, Maltodextrin, Guar Gum, Citric Acid, Carrageenan, Mono and Diglycerides, Locust Bean Gum, Natural Flavor, Potassium Sorbate and Carbon Dioxide (to preserve freshness), Enzyme.  
Contains: Milk.

## **CONDIMENTS**

**RANCH DRESSNG-**SOYBEAN OIL, WATER, VINEGAR, BUTTERMILK, SUGAR, EGG YOLKS, SALT, CONTAINS LESS THAN 2% OF THE FOLLOWING: MODIFIED FOOD STARCH, WHEY\*, XANTHAN GUM, GARLIC\*, ONIONS\*, SPICE, PHOSPHORIC ACID, DISODIUM GUANYLATE, DISODIUM INOSINATE, SORBIC ACID AND CALCIUM DISODIUM EDTA (TO PROTECT FLAVOR). \*DRIED

**BBQ SAUCE-**TOMATO PUREE (WATER, TOMATO PASTE), SUGAR, DISTILLED WHITE VINEGAR, MOLASSES, CONTAINS LESS THAN 2% OF THE FOLLOWING: MODIFIED FOOD STARCH, SALT, HICKORY SMOKE FLAVOR, SPICE (CONTAINS MUSTARD), ONION POWDER, GARLIC POWDER, POTASSIUM SORBATE (AS PRESERVATIVE).

**JELLY-**Concord Grape Jelly  
Ingredients: Concord Grape Juice (Concord Grape Juice Concentrate, Water), Corn Syrup, High Fructose Corn Syrup, Pectin, Citric Acid, Potassium Sorbate (Preservative).  
Mixed Fruit Jelly  
Ingredients: High Fructose Corn Syrup, Corn Syrup, Apple and Grape Juices (Apple Juice Concentrate,

Grape Juice Concentrate, Water), Citric Acid, Pectin, Potassium Sorbate (Preservative).APPLE JELLY  
Apple Juice (Apple Juice Concentrate, Water), High Fructose Corn Syrup, Corn Syrup, Citric Acid, Pectin  
and Potassium Sorbate (Preservative).

**TARTAR SAUCE**-SOYBEAN OIL, SWEET RELISH (PICKLES [CUCUMBERS, DISTILLED WHITE VINEGAR,  
SALT, CALCIUM CHLORIDE], SUGAR, DISTILLED WHITE VINEGAR, XANTHAN GUM, ALUMINUM  
SULFATE, NATURAL FLAVORS, SPICE), WATER, DISTILLED WHITE VINEGAR, HIGH FRUCTOSE CORN  
SYRUP, SALT, EGG YOLK, ENZYME MODIFIED EGG YOLK, MODIFIED CORN STARCH, MUSTARD FLOUR,  
LEMON JUICE CONCENTRATE, XANTHAN GUM, ONION POWDER, TITANIUM DIOXIDE, SPICE, CALCIUM  
DISODIUM EDTA ADDED TO PROTECT FLAVOR.

**MARGARINE**-Vegetable Oil Blend (Soybean Oil, Palm Oil and Palm Kernel Oil), Water, Contains 2% or  
Less of: Salt, Mono and Diglycerides, Sodium Benzoate, Lactic Acid and Calcium Disodium EDTA  
(Preservatives), Soy Lecithin (Soy), Natural Flavor, Beta Carotene (Color), Vitamin A Palmitate Added.  
Contains: Soy

**SOUR CREAM**-GRADE A CULTURED CREAM

## **FRUIT/DESSERTS**

Pineapple- Pineapple, Pineapple Juice

BANANA

Tropical -WHITE GRAPE JUICE FROM CONCENTRATE (WATER, WHITE GRAPE JUICE CONCENTRATE),  
PAPAYA (RED AND YELLOW), PINEAPPLE, LEMON JUICE FROM CONCENTRATE (WATER, LEMON JUICE  
CONCENTRATE), NATURAL FLAVORS, AND ASCORBIC ACID (VITAMIN C) TO PROMOTE COLOR  
RETENTION. -

Peaches- PEACHES, WHITE GRAPE JUICE

Mixed- PEACHES, PEARS, PINEAPPLE), WATER, WHITE GRAPE JUICE

PEARS- PEARS, WHITE GRAPE JUICE

WARM APPLESAUCE- APPLES, WATER BUTTER CINNAMON BROWN SUGAR

MANDARIN OJ- MANDARIN ORANGES, WHITE GRAPE JUICE

APPLE SLICES

FRUIT JUICE- FILTERED WATER, SUGAR, CRANBERRY CONCENTRATE, NATURAL FLAVORS,  
ASCORBIC ACID (VITAMIN C).

FRUIT YOGURT- CULTURED GRADE A NON FAT MILK, CANE SUGAR, WATER, MODIFIED CORN  
STARCH, STRAWBERRIES, CONTAINS LESS THAN 1% OF NATURAL FLAVORS, FRUIT AND VEGETABLE  
JUICE (FOR COLOR), AGAR AGAR, VITAMIN D3, LEMON JUICE CONCENTRATE.

GELATIN- WATER, LESS THAN 2% OF: APPLE JUICE\* FROM CONCENTRATE (WATER, APPLE JUICE),  
CARRAGEENAN, ADIPIC ACID, CITRIC ACID, POTASSIUM CITRATE, SODIUM CITRATE, SUCRALOSE,  
KONJAC FLOUR, XANTHAN GUM, SALT, NATURAL AND ARTIFICIAL FLAVOR, RED 40. \*ADDS AN  
INSIGNIFICANT AMOUNT OF SUGAR.

POUND CAKE-ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE  
MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, EGGS, BUTTER, WATER, SOYBEAN OIL, MONO-  
AND DIGLYCERIDES, , CONTAINS 2% OR LESS: SALT, MODIFIED FOOD STARCH, MILK PROTEIN  
CONCENTRATE, BAKING SODA, SODIUM ACID PYROPHOSPHATE, GUAR GUM, XANTHAN GUM,

NATURAL FLAVOR, SODIUM STEAROYL LACTYLATE, ANNATTO, MONOCALCIUM PHOSPHATE, WHEAT STARCH, SOY LECITHIN.

## . DAIRY

2% MILK-no ingredients listed

Skim milk-NONFAT MILK, VITAMIN A PALMITATE AND VITAMIN D3 ADDED CONTAINS: MILK

**CHOCOLATE MILK-** NONFAT MILK, HIGH FRUCTOSE CORN SYRUP, COCOA (PROCESSED WITH ALKALI), SALT, CARAGEENAN, STARCH, ARTIFICIAL FLAVOR, VITAMIN A PALMITATE AND VITAMIN D3 ADDEDCONTAINS: MILK

## MISCELLANEOUS

**GRAHAM CRACKERS-**Whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), sugar, vegetable oil (soybean and/or canola), molasses, honey, corn syrup. Contains 2% or less of leavening (baking soda, sodium acid pyrophosphate, monocalcium phosphate), natural flavors, salt, soy lecithin.CONTAINS: WHEAT AND SOY

**ANIMAL CRACKERS-**WHOLE WHEAT FLOUR, SUGAR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), SOYBEAN AND PALM OIL, CONTAINS 2% OR LESS OF SALT, BAKING SODA, SOY LECITHIN, NATURAL FLAVOR, ROSEMARY EXTRACT FOR FRESHNESS

**LORNA DOONES-**UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE {VITAMIN B1}, RIBOFLAVIN {VITAMIN B2}, FOLIC ACID), SUGAR, SOYBEAN AND/OR CANOLA OIL, PALM OIL, CORN FLOUR, SALT, HIGH FRUCTOSE CORN SYRUP, BAKING SODA, SOY LECITHIN, CORNSTARCH, ARTIFICIAL FLAVOR.CONTAINS: WHEAT, SOY.

SF COOKIE-ENRICHED WHEAT FLOUR (BLEACHED FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLICACID), MALTITOL, PALM OIL, MONO & DIGLYCERIDES, SORBITOL, SUGAR FREE CHOCOLATE CHIPS (MALTITOL, COCOA BUTTER, CHOCOLATE LIQUOR PROCESSED WITH ALKALI, CALCIUM CARBONATE, CALCIUM CASEINATE [MILK], MILK FAT, SOYA LECITHIN [ADDED AS AN EMULSIFIER], NATURAL FLAVOR), GLYCERIN, MODIFIED CORN STARCH, EGG WHITES, BAKING SODA, SALT, NATURAL AND ARTIFICIAL FLAVORS, SOY LECITHIN, CARAMEL COLOR, SUCRALOSE. CONTAINS: WHEAT, SOY, EGGS & MILK

**FIG NEWTON-**FIGS, WHOLE GRAIN WHEAT FLOUR, SUGAR, UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE {VITAMIN B1}, RIBOFLAVIN {VITAMIN B2}, FOLIC ACID), CORN SYRUP, INVERT SUGAR, SOYBEAN AND/OR CANOLA OIL, PALM OIL, SALT, BAKING SODA, CALCIUM LACTATE, MALIC ACID, SOY LECITHIN, SODIUM BENZOATE (ADDED TO PRESERVE FRESHNESS), ARTIFICIAL FLAVOR, SULFUR DIOXIDE [(SULFITES) ADDED TO PRESERVE FRESHNESS]. CONTAINS: WHEAT, SOY.