

***Community Resources
For White County
Bondecroft & Sparta
Head Start Centers***

2017-2018



To locate additional information on Community
Resources access,
www.tennhelp.com or Call 211

Developed and Distributed by L.B.J. & C. Head Start

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Adult Education:

St. Raphael's Episcopal Church

Crossville, TN 38555

931-484-2407

931-788-5073 = Directors Number

(Assists adults with reading comprehension, remedial work, and understanding English as a Second Language)

Roane State Community College

Crossville, TN 38555

931-456-9880

(Assists adults with furthering their formal education. Assistance with financial aid & scholarship sign-up is available)

Tennessee Technology Center

910 Miller Ave.

Crossville, TN. 38555

(931) 484-7502

(Assists Adults to further their education and job skills training)

Adult Job Training Services:

Families Resource Center

Sponsored by: White County Board of Education
Sparta, TN. 38583
(931) 836-2229 aprilyoung@whitecoschools.net
(Assists Adults to further their education)

Career Center

60 Ridley Street
Crossville, TN. 38555
(941) 484-7456
(Assist adults to find jobs and provides basic training on job seeking skills)

Social Security Administration - SSI Program

1145 Perimeter Park Dr
Cookeville, TN 38501
1-888-717-1528
(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)

Tennessee Technology Center

910 Miller Ave.
Crossville, TN. 38555
(931) 484-7502
(Assists Adults to further their education and job skills training)

Upper Cumberland Human Resource Agency – White County

826 Valley View Drive
Sparta, TN 38583
931-738-6255
(Assist with Children's Issues, Food, Health, Housing, and Money/Employment Assistance Transportation/Utilities. UCART provides public transportation services for low -income individuals, financial assistance for daycare expenses for Family First participants, food commodities program, emergency funds for utility, rent and prescription medication payment, meals on wheels services, home energy assistance program.

Resources for Bereavement:

Heart of the Cumberland

377 Short St or P.O. Box 717,

Cookeville, TN 38503

Phone: 931-525-2600

heartofthecumberland@gmail.com

Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances

Healthy Bereavement & Grief Classes/Education

Highlands Medical Center

401 Sewell Rd

Sparta, TN

931-738-9211

Gentiva Hospice

Sponsored by: Lazarus House Hospice

851 South Willow Ave Ste 102

Cookeville, TN.

931-520-1705

931-528-5133

Hospice of Cumberland County

Meets at the First United Methodist Church

First Tuesday of each month at 11:00 a.m.

Crossville, TN. 38555

(931) 484-4748

Childcare:

BLUE SPRINGS DAY CARE

2175 DORAN ROAD
SPARTA, TN 38583
(931) 738-9394
(Call for fees)

BONDECROFT HEAD START

9020 CROSSVILLE HWY
SPARTA, TN 38583
(931) 935-8420
(Free Service)

CASSVILLE ELEM PRE-KINDERGARTEN (-E-)

261 WILL THOMPSON ROAD
SPARTA, TN 38583
(931) 761-2277
(Call for fees)

DOYLE ELEMENTARY SCHOOL AGE CARE (-E-)

174 W.GOOSENECK ROAD
DOYLE, TN 38559
(931) 657-2287
(Call for fees)

FINDLAY ELEMENTARY PRE-KINDERGARTEN (-E-)

576 HALE STREET
SPARTA, TN 38583
(931) 738-2412
(Call for fees)

HEAVENLY SUNSHINE

LISA SCOTT
COOKEVILLE, TN 38506
(931) 738-3882
(Call for fees)

Mary Poppins Daycare

Cliffview Dr
Sparta, TN 38583
931-492-1282

MS. JENNIFER'S DAY CARE

149 CENTRAL CIRCLE

SPARTA, TN 38583

(931) 738-0149

(Call for fees)

MISS PATTI'S DAY CARE

137 NORTH CHURCH STREET

SPARTA, TN 38583

(931) 836-2866

(Call for fees)

NORTHFIELD ELEMENTARY SCHOOL AGE CARE (-E-)

570 S.BUNKER HILL ROAD

SPARTA, TN 38583

(931) 761-7979

(Call for fees)

SPARTA HEAD START

430 N Spring St

SPARTA, TN 38583

(931) 836-2615

(Free Service)

Tender Care

958 McMinnville Hwy

Sparta, TN 38583

931-739-8145

TLC

3235 MONTEREY HIGHWAY

SPARTA, TN 38583

(931) 739-7767

(Call for fees)

THE SECRET GARDEN

258 NORTH SPRING STREET

SPARTA, TN 38583

(931) 837-5337

WOODLAND PARK ELEMENTARY B/A CARE (-E-)

88 PANTHER DRIVE

SPARTA, TN 38583

(931) 738-3505

(Call for fees)

Resources to Help in Child Abuse Situations

Avalon Center

Crossville, TN. 38555

1-800-641-3434 24-hour crisis line

(931) 484-4642 24-hour crisis line

(931) 456-0747 Center office

(Crisis line for those being physically or sexually assaulted)

Child Abuse Hotline

900 2nd Avenue North

Nashville, TN 37201

877-237-0004

(Hotline Only. Provides a 24-hour line to take reports of abuse and neglect from anyone who knows about a child abuse situation.)

Crossroads Counseling

Crossville, TN 38555

931-707-8921

Contact: Tom Netherton, LPC, LPE

(Child Abuse, Domestic Violence, Drug/Alcohol Abuse, Mental Health and Counseling, Rape & Sexual Abuse Provides individual counseling, sex offender counseling, anger management counseling, A&D/chemical dependency counseling, parenting counseling, psychological assessments, psychosexual, psychosocial and/or psychological evaluations.)

Sparta City Police

323 E. Bockman Way

(931) 836-3734

911 Emergencies

(Assist with emergency situations)

The Exchange Club/Stephens Center for the Prevention of Child Abuse

616-B North Church Street

Livingston, TN 38570

Contact: Carolyn Isbell, Executive Director

931-823-6432 & 800-635-5199

(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)

Tennessee Commission on Children/Youth

1000 Neal Street

Cookeville, TN 38501

(931) 520-4445

(Assist with issues concerning the welfare of children)

White County Health Department

135 Walker Street
Sparta, TN 38583
(931) 836-2201

White County Sheriff's Department

Justice Center 111 Depot St.
(931) 836-3028
911 Emergencies
(Assist with emergency situations)

Youth Services Officer

White County Justice Center
111 Depot Street
Sparta, TN 38583
(931) 836-2069

Dental Providers who take TennCare:

Algood Family Dental

172 W Main St
Cookeville, TN 38506
931-537-9948
931-537-2808 fax

Cookeville Regional Dental Clinic

327 North Cedar Street
Cookeville, TN 38501
(931) 528-5105

Crossville Dental Clinic

1720 West Ave., suite 106
Crossville, TN 38555
(931) 484-3007

Cumberland Pediatric Dentistry

510 S Jefferson Ave
Cookeville, TN 38501
931-854-1200

Dr. Anderson

815 Webber Avenue
Crossville, TN 38555
(931) 484-3053
(Oral surgeon/need referral)

Dr. Charles Burdeshaw

107 Bon nabrook Dr.
Hermitage, TN
1-800-373-3330

Dr. Chuck Krusa

289 Highland Sq.
Crossville, TN 38555
(931) 484-3664

Dr. Gentzler

615-443-3633

Dr. Richard Prichard

10480 Walden Street
Soddy Daisy, TN 37379
(423) 332-5544

Dr. David Snodgrass

4761 Andrew Jackson Parkway
Hermitage, TN 37076
(615) 885-3525

Dr. Witherington

815 Webber Avenue
Crossville, TN 38555
(931) 484-3053
(Oral surgeon/need referral)

Dr. William Bell

2931 Essary Rd.
Knoxville, TN
(865) 687-4450

Dr. Eric Wood

206 Rivergate Parkway, Suite A
Goodlettsville, TN 37072
(615) 859-9994

Upper Cumberland Dental

Algood, TN
(931) 537-2254

Walling Dental Center

11765 McMinnville Hwy
Walling, TN
(931) 657-5204

White County Health Department

135 Walker Street
Sparta, TN 38583
(931) 836-2201

**Dental Providers, who may not take TennCare,
but offer services to low-income families:**

Bread of Life Homeless Shelter and Clinic

281 4th Street

Crossville, TN 38555

931-707-0569

(Primary care medical clinic for uninsured no-income and low -income persons.

Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Resources for persons with Disabilities:

ARC - Cumberland County

269 Hayes Avenue
Crossville, TN 38557
931-456-0206 or 931-432-7509

(Free Service, The ARC provides advocacy and information for physically and/or mentally disabled adults and children in Cumberland County and the Upper Cumberland Region. It assists clients in accessing local and regional resources, and coordinates Special Olympics for children and adults. It also provides very limited respite service for caretakers of physically/mentally disabled adults and children.)

Children's Special Services

Sparta, TN
931-836-2201

(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Cumberland Veterans Affairs

Crossville, TN 38555
(931) 456-0090

Hill Toppers

151 Sweeney Dr.
Crossville, TN 38555
(931) 484-2535

Social Security Administration - SSI Program

Cookeville, TN 38501
1-888-717-1528

(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)

TN Early Intervention System (TEIS)

Education/training
(931) 528-1623
(Assist children/families birth - 3 yrs)

Tennessee Department of Human Services - White County

620 Roosevelt Drive

Sparta, TN. 38583

931-837-8256

(Assists with Children's Issues, Disability Services, Food, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)

Upper Cumberland Development District

1225 South Willow Avenue

Cookeville, TN 38501

931-432-4111

(Assist with Disability Services, Housing, Legal/Governmental Assistance, Money/Employment Assistance, Parenting and Marriage Issues, Transportation/Utilities)

Resources to help in Domestic Violence Situations:

Avalon Center

Crossville, TN. 38555

1-800-641-3434 24-hour crisis line

(931) 484-4642 24-hour crisis line

(931) 456-0747 Center office

(Crisis line for those being physically or sexually assaulted)

Genesis House

Street location is confidential

Cookeville, TN N/A

(931) 526-4730

Hotline: 800-707-5197

(This shelter offers a 24 hour crisis line (will accept collect calls), emergency shelter for women and children, legal advocacy, children's advocacy, case plans for employment and housing, supportive and transitional housing, and individual counseling for domestic violence issues. They will also provide services in non-crisis situation as well. They offer support groups for victims of domestic violence and rape/sexual assault).

Grace Moore

931-837-7233 and/or 931-738-9208

LifeCare Family Services

Cookeville, TN. 38501

(931) 528-0051

(615) 781-0688

Sparta City Police

323 E. Bockman Way

(931) 836-3734

911 Emergencies

(Assist with emergency situations)

The Exchange Club/Stephens Center for the Prevention of Child Abuse

616-B North Church Street

Livingston, TN 38570

Contact: Carolyn Isbell, Executive Director

931-823-6432 & 800-635-5199

White County Sheriff's Department

Justice Center 111 Depot St.

(931) 836-3028

911 Emergencies

(Assist with emergency situations)

Resources available to help fight the Alcohol and Drug Abuse
(Including METH) Problems in your area:

All Local Churches in Area

Alcoholics Anonymous
(931) 484-6467

Crossroads Counseling
Crossville, TN 38555
931-707-8921
Contact: Tom Netherton, LPC, LPE

Cumberland Heights Drug Treatment Center
1-800-646-9998

Cumberland County Medical Center
421 South Main St.
Crossville TN 38555
(931) 484-9511

Cumberland Mtn. Mental Health Center
4325 Hwy 127 North
Crossville, TN 38555
(931) 484-8020

Department Of Children's Services
620 Roosevelt Drive
Sparta, TN
(931) 837-8259

Drug Tip Hotline
Sponsored by: Cumberland County Sheriffs Department
(931) 484-4444
(Report suspected drug abuse activity. All callers will remain anonymous)

Drug Abuse Hotline
1-800-888-9383
(Call to report illegal drug activity)

Fourth Dimension Inc.
Hwy 70 North
Crossville, TN 38555
(931) 484-4255

House of Hope

Cumberland Children's Center
165 Bob Tollett Loop
Crossville, TN 38555
(931) 707-2273

LifeCare Family Services

Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

Meth Hotline/Statewide

1-877-866-6384
(Call to report suspected Meth activity)

Narcotics Anonymous

Sponsored by: Fourth Dimension
2229 West Ave
Crossville, TN 38555
931-484-6384
(Assist with drug abuse problems)

Sparta City Police

323 E. Bockman Way
(931) 836-3734
911 Emergencies
(Assist with emergency situations)

Teen Challenge

707-0503

Thirteenth Judicial Task Force

Cookeville, TN. 38501
(931) 528-5400
(Drug Task Force)

Upper Cumberland-Community Services Agency

417 East Broad Street
Suite A.200
Cookeville, TN 38501
(931) 520-0200

White County Sheriff's Department

Justice Center 111 Depot St.
(931) 836-3028
911 Emergencies
(Assist with emergency situations)

Assistance in the event of an Emergency Situation:

Air Evac Life Team

106 Emergency Services Drive
Albany, KY 42602
(606) 387-9099
Emergency = 911
(Assist with emergency needs)

Bondecroft Volunteer Fire Department

Bondecroft, TN
931-935-3170

Eastland Volunteer Fire Department

931-935-8200

Emergency Management Agency

90 Justice Center Dr.
Crossville, TN 38555
Contact: Keith Garrison
(931) 484-7016

Poison Control

1-800-222-1222

Sparta City Police

323 E. Bockman Way
(931) 836-3734
911 Emergencies
(Assist with emergency situations)

Shriners of Tennessee

1354 Brick Church Pike
Nashville, TN. 37207
(615) 226-7676
(Helping children with orthopedic and burn conditions at no cost to the families or outside agencies)

Sparta Fire Department

715 North Spring St.
(931) 738-7380
911 Emergencies
(Assist with emergency situations)

Thirteenth Judicial Task Force

Cookeville, TN. 38501

(931) 528-5400

(Drug Task Force)

White County Sheriff's Department

Justice Center 111 Depot St.

(931) 836-3028

911 Emergencies

(Assist with emergency situations)

Assistance with Food/Clothing/Utilities Needs:

Bread of Life Homeless Shelter and Clinic

281 4th Street

Crossville, TN 38555

931-707-0569

(Primary care medical clinic for uninsured no-income and low -income persons.

Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Cumberland Co. Good Samaritans

281 10th St.

Crossville, TN 38555

(931) 484-3225

Community Education Office for the Food Stamp Program

Legal Aid Society of Middle Tennessee and the Cumberlands

9 South Jefferson Avenue

Cookeville, Tennessee 38501

Phone: 931.528.7436

Toll Free: 800.262.6817

DeRossett Church of Christ

Margot Parker

931-935-2662

(Assist with food)

First United Methodist Church

100 Braun Street

Crossville, TN. 38555

(931) 484-3537

(Assist with food, utilities & clothing needs)

Good Samaritans

281 10th Street

Crossville, TN. 38555

(931) 484-3225

Lansden Church of Christ

4250 Fanchers Mill

Sparta, TN

931-761-3240

Linary Church of Christ

1244 Old Hwy 28
Crossville, TN 38555
(931) 484-5961
(Assist with food & clothing needs)

New Beginnings Fellowship Church

1433 Livingston Road
Fair Park Senior Center
Crossville, TN. 38555
(931) 484-7729/Dewey Preston
(Assist with food & clothing needs)

Pennies for the Needy

Suite 36 American Legion Bldg.
Sparta, TN. 38583
931-836-2344
(Assist with job, housing & clothing needs)

Pleasant Hill Baptist Church

No Kids Do Without
699 Pleasant Hill Rd
Sparta, TN 38583/Pastor Mike Prater

Pleasant Hill Community Church

(931) 277-3193
(Assist with various needs)

Saint Alphonsus Community Services

51 Saint Alphonsus Way
Crossville, TN 38555
(931) 484-8074
(Assist with food, utilities & clothing needs)

Tennessee Department of Human Services - White County

620 Roosevelt Drive
Sparta, TN. 38583
931-837-8256

United Fund of Crossville

Crossville, TN 38555
(931) 484- 4082

Upper Cumberland Human Resource Agency – White County

826 Valley View Drive
Sparta, TN 38583
931-738-6255

Resources to assist with Housing/Homeless Needs:

Bread of Life Homeless Shelter and Clinic

281 4th Street

Crossville, TN 38555

931-707-0569

(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Crossville Housing Authority

67 Irwin Avenue

Crossville, TN. 38555-4746

Phone: (931) 484-2990

(Affordable housing units based upon income and need)

Habitat for Humanity

329 McLarty Lane

Crossville, TN 38555

931-484-4565

(Builds homes for low-income families. There is an application and selection process)

Pennies for the Needy

Community Assistance Agency

5 West Maple St Suite 36 American Legion Bldg.

Sparta, TN. 38583

931-836-2344

(Assist with job, housing & clothing needs)

Self-Help Housing Program

Crossville, TN. 38555

931-484-2990

(Assists families to work together to build their own homes, The family supplies labor and gets necessary loans and the Self-Help Program provides training on construction issues)

Sparta Housing Authority

300 Cragrock Drive

Sparta, TN. 38583

931-836-3357

(Assist with job, housing & clothing needs)

United States Department of Agriculture

Rural Development

390 South Lowe Avenue Suite K

Cookeville, TN 38501

(931) 528-6539

(Provides affordable home loans. Assists low-income homeowners finance needed home repairs)

Upper Cumberland Homeless Shelter

15 Division Street

Crossville, TN. 38555

(931) 456-8172

(Assists families who need a place to stay)

Upper Cumberland Human Resource Agency - UCART

73 Methodist Campground Loop

Crossville, TN 38555

931-456-0691

(Assist with Children's Issues, Food, Health, Housing, Money/Employment Assistance, Transportation/Utilities. UCART provides public transportation services for low -income individuals, financial assistance for daycare expenses for Family First participants, food commodities program, emergency funds for utility, rent and prescription medication payment, meals on wheels services, home energy assistance program.

Assistance with Insurance Needs:

Blue Cross Blue Shield

(865) 588-4612 Group Insurance

1-800-845-2738

(Affordable Insurance for Families & Individuals)

Coverkids

Tennessee Department of Human Services - White County

620 Roosevelt Drive

Sparta, TN. 38583

931-837-8256

(Assists with Children's Issues, Disability Services, Food, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)

Partnership for Prescription Assistance

Phone: 1-888-477-2669

www.pparx.org

If you do not have prescription coverage and/or can not afford your medicines, this organization may be able to help

Tennessee Justice Center

Nashville, TN

615-255-0331

Assists with strategies for obtaining TennCare and appeals process, etc.

Legal/Governmental Assistance:

Child Support Services of Tennessee - Cookeville

1525 East Spring Street Suite G

Cookeville, TN 38506

931-528-8598

(Helps locate parents who are not paying child support. They will provide legal representation in child support hearings. They also provide paternity testing)

Crossville Housing Authority

67 Irwin Avenue

Crossville, TN. 38555-4746

Phone: (931) 484-2990

(Affordable housing units based upon income and need)

Legal Aid Society of Middle Tennessee and the Cumberlands

9 South Jefferson Avenue

Cookeville, Tennessee 38501

Phone: 931.528.7436

Toll Free: 800.262.6817

(Serves all counties in the LBJ&C Head Start Service area. Provides free legal assistance to low-income persons on such issues as TennCare, Medicare, Domestic Violence, Housing Problems, Special Education Issues, and Consumer Issues.)

Rape and Sexual Assault Response Center

1519 East Spring, Suite F

Cookeville, TN 38506

Hours of operation = 24 hrs/day, 7 days a week

Phone: = 931-526-5197

Hotline: 800-707-5197

Translation services offered: Yes

(Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).

Tennessee Department of Human Services - White County

620 Roosevelt Drive

Sparta, TN. 38583

931-837-8256

(Assists with Children's Issues, Disability Services, Food, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)

Tennessee 211

1-800-318-9335

(Helps direct non-profit agencies within each local service area of the state. Services are networked to find suicide prevention hotlines, help caring for an elderly relative, help learning to read, emergency help with a utility bill, support groups, & transportation, etc.)

Upper Cumberland-Community Services Agency

417 East Broad Street

Suite A.200

Cookeville, TN 38501

(931) 520-0200

(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

Resources to Strengthen Marriages:

Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501

(931) 528-9399

(Provide Assistance with Marriage & Mental Health Counseling)

Christian Counseling

53 North Main Street

Crossville, TN 38555

931-707-8921

Crossroads Counseling

Crossville, TN 38555

931-707-8921

Contact: Tom Netherton, LPC, LPE

(Child Abuse, Domestic Violence, Drug/Alcohol Abuse, Mental Health and Counseling, Rape & Sexual Abuse Provides individual counseling, sex offender counseling, anger management counseling, A&D/chemical dependency counseling, parenting counseling, psychological assessments, psychosexual, psychosocial and/or psychological evaluations.)

Cumberland Mtn. Mental Health Center

4325 Hwy 127 North

Crossville, TN 38555

(931) 484-8020

Cumberland Worship Center

145 Interstate Drive

Crossville, TN. 38555

(931) 707-9855

Contacts: Joyce Green

(Opportunities for marriage counseling)

LifeCare Family Services

Cookeville, TN. 38501

(931) 528-0051

1-800- 881-0359

(615) 781-0688

(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)

Patricia Guthrie, Therapist

44 Hayes Street

Crossville, TN 38555
(931) 456-9367

Pastoral Counseling Center

Crossville, TN 38555
931-484-0203

The Exchange Club/Stephens Center for the Prevention of Child Abuse

616-B North Church Street

Livingston, TN 38570

Contact: Carolyn Isbell, Executive Director

931-823-6432 & 800-635-5199

(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)

Upper Cumberland Development District

1225 South Willow Avenue

Cookeville, TN 38501

(931) 432-4111

*(Provide assistance with Disability Services, Housing, Legal/Governmental Assistance, Money/Employment Assistance, Parenting and **Marriage** Issues, Transportation/Utilities)*

Pre- Marriage Counselors:

Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501
(931) 528-9399
931-528-6167

Bethlehem Baptist Church

626 Potato Farm Rd.
Crossville, TN 38555
Contact: Gary Robbins
Church: (931) 456-0239
Home: (931) 484-2838
Cell: (931) 265-6030

Crossroads Counseling

Crossville, TN 38555
931-707-8921
Contact: Tom Netherton, LPC, LPE

Cumberland Worship Center

145 Interstate Drive
Crossville, TN. 38555
(931) 707-9855
Contacts: Joyce Green

Linary Church of Christ

1244 Old Hwy 28
Crossville, TN 38555
931-484-5961

Never Fail Community Church

13348 US 70
Sparta, TN. 38583
(931) 277-5032

Patricia Guthrie, Therapist

44 Hayes Street
Crossville, TN 38555
(931) 456-9367

Saint Alphonsus Community Services

51 Saint Alphonsus Way
Crossville, TN 38555
(931) 484-8074
Contact: Mary Mitter

Tollet's Chapel

95 Tabor Loop
Crossville, TN 38555
(931) 484-5220

Medical Providers who take TennCare:**Children's Special Services**

Sparta, TN
931-836-2201

(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Cookeville Pediatrics Associates

345 West Broad Street
Cookeville, TN. 38501
(931) 528-1485
(Takes TennCare)

Crossville Medical Group

100 Lantana Road, Suite # 202
Crossville, TN. 38555
(931) 484-5141

Crossville Medical Group/Walk-in Clinic

60 Crossville Medical Group Drive
Suite # 109
Crossville, TN. 38555
(931) 456-3674

Cumberland County Medical Center

421 South Main St.
Crossville TN 38555
(931) 484-9511

Dr. Berman

49 Cleveland St. Suite # 210
Crossville TN 38555
(931) 707-8700

Dr. Kimberly Claypool-Johnson

421 South Main St.
Crossville TN 38555
(931) 456-5814

Dr. Robert Baker

207 East Bockman Way
Sparta TN 38583
(931) 836-6461

Dr. Buchanan

1645 South Main Street
Crossville TN 38555

Dr. Mollie Dodson

207 East Bockman Way
Sparta TN 38583
(931) 836-6461 or 739-0048

Dr. Alan Drake

133 Church Hill Drive
Sparta TN 38583
(931) 836-3262

Fast Pace Urgent Care

150 Sam Walton Dr
Sparta, TN 38583
931-739-4000

Dr. Flint

65 Sewell Drive
Sparta TN 38583
(931) 738-9316

Dr. Griffin

433 Sewell Drive
Sparta TN 38583
(931) 739-3000

Dr. Hallmark

1036 North Main St.
Crossville TN 38555
(931) 484-7040

Dr. Hassler

49 Cleveland St. Suite # 210
Crossville TN 38555
(931) 707-8700

Dr. Johnson

Crossville, TN 38555
(931) 456-9434

Dr. Koucheiki

Crossville TN 38555
(931) 484-5525

Dr. Stover

Sparta, TN
931-738-4596

Dr. Victor Shada

1645 South Main St. Suite 101
Crossville, TN 38555
(931) 484-4560

Dr. Vish

15 Walker Hill Circle
Crossville TN 38555
(931) 484-1100

Dr. Ty Webb

457 Vista Drive
Sparta TN 38583
(931) 738-3383

Kids Kare /Dr. Climico

758 South Willow Ave.
Cookeville, TN. 38501
(931) 526-6173
(Takes TennCare)

Family Walk-in Clinic

42 Dooley Street
Crossville, TN. 38555
(931) 707-7117

White County Health Department

135 Walker Street
Sparta, TN 38583
(931) 836-2201

White County Hospital

Sparta, TN 38583
931-738-9211

White County Women's Health Care

163 Mose Dr.
Sparta, TN 38583
931-738-9140

White County Walk-in Clinic

Sparta, TN 38583
931-836-2228

**Medical Providers, who may not take TennCare, but
offer services to low-income families:**

Bread of Life Homeless Shelter and Clinic

281 4th Street

Crossville, TN 38555

931-707-0569

(Primary care medical clinic for uninsured no-income and low -income persons.

Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Children's Special Services

Sparta, TN

931-836-2201

(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

White County Health Department

135 Walker Street

Sparta, TN 38583

(931) 836-2201

White County Hospital

Sparta, TN 38583

931-738-9211

Mental Health Providers who take TennCare:

ACTS

312 E. First St.
Cookeville, TN 38503
(931) 528-9399
(They do serve Pre-School Children)

Crossroads Counseling

Crossville, TN 38555
931-707-8921
Contact: Tom Netherton, LPC, LPE
(Child Abuse, Domestic Violence, Drug/Alcohol Abuse, Mental Health and Counseling, Rape & Sexual Abuse Provides individual counseling, sex offender counseling, anger management counseling, A&D/chemical dependency counseling, parenting counseling, psychological assessments, psychosexual, psychosocial and/or psychological evaluations.)

Cumberland Plateau Recovery

550 North Church Street
Livingston, TN. 38570
(931) 403-3577
(931) 265-5382
(Assists those recovering from substance abuse with counseling and support services)

Cumberland Mountain Mental Health Center

4325 Hwy 127 North
Crossville, TN 38571
(931) 484-8020
(They do serve Pre-school Children)

Dale Hollow Mental Health Center

501 Spruce Street
Livingston, TN. 38570
(931) 823-5678
(Assist with family or individual counseling for drugs/alcohol/etc.,)

Health Connect America

(931) 526-6042
(Intensive In-Home Counseling, Case management, Mental Health & Substance Abuse IOP)

Plateau Mental Health

1200 S. Willow Ave.
Cookeville, TN. 38501
(931) 432-4357 **24-hour hotline**

Rape and Sexual Assault Response Center

1519 East Spring, Suite F
Cookeville, TN 38506
Hours of operation = 24 hrs/day, 7 days a week
Phone: = 931-526-5197
Hotline: 800-707-5197

(Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).

Team Evaluation Center

600 North Holtzclaw Avenue
Chattanooga, TN 37404-1220
(423)-622-0500

(Team Evaluation Center provides diagnoses for social, emotional, educational, or physical problems. After a diagnosis is made, Team will then help develop an intervention plan that includes referrals for treatment. Provides services to pre-school children)

Volunteer Behavioral Health Care System - Plateau Mental Health Center

1200 South Willow
PO Box 3165
Cookeville, TN 38502
931-432-4123 **Hotline:** 1-800-281-4943

(Volunteer Behavioral Health Care provide a broad array of services and treatment strategies which include: psychiatric evaluations; individual, family, and group counseling; psychological assessments; chemotherapy; case management; residential facilities; crisis response; rehabilitative and supportive services – thus providing opportunity for people to help themselves)

**Mental Health Providers, who may not take TennCare,
but offer services to low-income families:**

Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501

(931) 528-9399

(Provide Assistance with Marriage & Mental Health Counseling)

Crossroads Counseling

Crossville, TN 38555

931-707-8921

Contact: Tom Netherton, LPC, LPE

(Child Abuse, Domestic Violence, Drug/Alcohol Abuse, Mental Health and Counseling, Rape & Sexual Abuse Provides individual counseling, sex offender counseling, anger management counseling, A&D/chemical dependency counseling, parenting counseling, psychological assessments, psychosexual, psychosocial and/or psychological evaluations.)

LifeCare Family Services

Cookeville, TN. 38501

(931) 528-0051

(615) 781-0688

*(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; **Child & adolescent counseling:** intensive and therapeutic case management: and family preservation.)*

Plateau Mental Health Center

Substance Abuse Services

1200 South Willow Avenue

Cookeville TN 38502

Phone: (931) 432-4123

Hotline: (877) 567-6051

(Assist persons with disabilities and mental illness in various ways)

Quit Tobacco Resources

Tennessee Tobacco Quitline:

1-800-784-8669

Cumberland County Health Department

Smoking Cessation

Ruth Lucas

131 South Webb

Crossville, TN 931-484-6196

White County Hospital

Quit 4 Life Smoking Cessation

Greg Williams

931-738-9211

Cookeville Regional Medical Center- Algood Room

Quit 4 Life Smoking Cessation

Tandy Todd

142 W. 5th St.

Cookeville, TN 38501

931-528-5176

March of Dimes and Tennessee Department of Health, WIC Program

S.M.A.R.T. – Smart Mothers are Resisting Tobacco

1-800-884-9301

Nicotine Anonymous

www.nicotineanonymos.org

American Lung Association

Freedom From Smoking

www.lungusa.org

American Lung Association of Tennessee

1-800-432-5864

www.lungusa.org

Former Smokers

The No Smoke Café

<http://clever.net/chrisco/nosmoke/stop.html>

Resources to assist persons raising children possibly other than their own:

Agricultural Extension Service - White County

117 South Main Street

Sparta, TN 38583

931-836-3348

The Agricultural Extension Service of Putnam County offers information on basic food preparation, storage, safety and/or preservation. The service also offers family life skills information and referrals related to parenting, communication, discipline, economics, and nutrition. Information relating to health issues such as exercise, health risks, stress, personal grooming, eating disorders, etc. is also available.

Department Of Children's Services

620 Roosevelt Drive

Sparta, TN

(931) 837-8259

Help Us Grow Up Successful (HUGS)

Upper Cumberland

Regional Office

200 West 10th Street

Cookeville, TN 38501

931-528-7531

Developed by the Tennessee Department of Health, Help Us Grow Successfully also known as HUGS is a home visiting program that also coordinates additional services for pregnant and postpartum women up to two years and children ages birth through five years. HUGS coordinators can assist clients in getting health care as well as social, educational, and many other necessary services to ensure Tennessee's babies are born healthy and grow up healthy.

LifeCare Family Services

Cookeville, TN. 38501

(931) 528-0051

(615) 781-0688

(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)

The Exchange Club/Stephens Center for the Prevention of Child Abuse

616-B North Church Street

Livingston, TN 38570

Contact: Carolyn Isbell, Executive Director

931-823-6432 & 800-635-5199

(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)

Relatives as Caregivers

1225 South Willow Ave.

Cookeville, TN. 38501

(931) 432-4111

(Assists in various ways, such as support groups, etc.)

Youth Villages

1420 Neal Street

Cookeville, TN. 38501

(931) 525-6905

(Assists Foster Parents in the Upper Cumberland)

Resources to assist with Transportation Needs:

Upper Cumberland Human Resource Agency – White County

826 Valley View Drive

Sparta, TN 38583

931-738-6255

(Assist with Children's Issues, Food, Health, Housing, Money/Employment Assistance, Transportation/Utilities. UCART provides public transportation services for low -income individuals, financial assistance for daycare expenses for Family First participants, food commodities program, emergency funds for utility, rent and prescription medication payment, meals on wheels services, home energy assistance program.

Holman's Taxi Service

15 West Maple Street

Sparta, TN 38583

931-836-3888

Promoting Youth Involvement:

Agricultural Extension Service - White County/4-H Program

117 South Main Street
Sparta, TN 38583
931-836-3348

The Agricultural Extension Service of Putnam County offers information on basic food preparation, storage, safety and/or preservation. The service also offers family life skills information and referrals related to parenting, communication, discipline, economics, and nutrition. Information relating to health issues such as exercise, health risks, stress, personal grooming, eating disorders, etc. is also available.

ASSE

International Student Exchange Programs
404-754-1667
1-800-473-0696

(Volunteers assist young people from other Countries and encourages American students to study abroad)

Crossville Recreational Youth Soccer Association

Crossville Centennial Park
Crossville, TN. 38555
(931) 788-6166
Contacts: Geir Berwin

(Provides opportunities for youth to become involved in soccer and community activities)

Cumberland Worship Center

145 Interstate Drive
Crossville, TN. 38555
(931) 707-9855
Contacts: Tyler Vaughn, Donna Mullins & Joyce Green
(Youth group provides opportunities for community involvement)

Cumberland Fellowship Baptist Church

1640 West Ave
Crossville, TN. 38555
(931) 707-1883
(Youth group provides opportunities for community involvement)

First United Methodist Church

100 Braun Street
Crossville, TN. 38555
(931) 484-3537
(Youth group provides opportunities for community involvement)

Neverfail Community Church

2080 Red Rd
Sparta, TN 38555
Contact: Elliott or Emily Roberts
(931) 277-5663
(931) 277 5032

Saint Alphonsus Community Services

51 Saint Alphonsus Way
Crossville, TN 38555
(931) 484-8074
Contact: Mary Mitter
(Youth group provides opportunities for community involvement)

Teens Against Drugs (TAD Center)

Crossville, TN.

WCTE American Graduate & Ready To Learn

LWray@wcte.org
CPutman@wcte.org
931-528-2222

Youth Center of Cumberland County

Hayes Street
Crossville, TN. 38555
(931) 484-9736
Mon - Fri 6:00 a.m. – 6:00 pm
(Assist with childcare after school & summer programs also)

YMCA

123 Moore Street
Sparta, TN. 38583
(931) 836-3330
(Assists young people to become involved in exercise activities and community events)

Language Assistance **(All Counties)**

Brent Simpson
931-212-8097

County Health Depts. - Primary Health Care Services

County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)

Department of Human Services, Counties

A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request

Hispanic Family Resource Center

(615) 227-7500
(800) 280-8682

Hispanic Association

732 Lafayette Rd Red Boiling Spgs, TN 37150
(615) 699-6279

Hispanic Service Ebenezer

PO Box 712
McMinnville, TN 37111
Phone: 9314741551

LifeCare Family Services - Cookeville - Counseling and Therapeutic Services

665 South Jefferson Avenue
Cookeville, TN 38501
(931) 528-0051

Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training. (Spanish Language Services)