

**SIS Women's TRYathlon Individual Overall**  
**June 10, 2012**  
**Results By Champion Chip 24/7**

Place	Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Rate	Total Time
1	Michelle Gansman	38	24	10:06.65	1.49	28	1:18.85	1	24:32.75	22.0	50	0:56.40	1	20:03.55	7:10	56:58.20
2	Kate Patterson	34	6	8:41.80	1.73	40	1:38.60	5	28:04.85	19.2	27	0:48.25	4	21:46.95	7:46	1:01:00.45
3	Karen Lane	43	20	9:55.50	1.51	6	0:49.35	4	27:45.10	19.5	4	0:34.80	6	21:58.40	7:51	1:01:03.15
4	Autumn Strawn	30	41	10:47.40	1.39	38	1:33.50	2	27:15.15	19.8	53	0:57.20	3	21:03.45	7:31	1:01:36.70
5	Danielle Deckard	42	10	9:07.50	1.65	2	0:42.55	6	28:15.30	19.1	3	0:31.45	18	23:28.90	8:23	1:02:05.70
6	Erica Cioffi	26	5	8:31.75	1.76	12	1:05.20	12	29:04.10	18.6	11	0:40.15	12	22:47.80	8:08	1:02:09.00
7	Laura Thompson	30	107	13:04.20	1.15	1	0:37.25	3	27:30.80	19.6	1	0:29.00	5	21:49.15	7:48	1:03:30.40
8	Sara Egel	20	4	7:43.35	1.94	15	1:07.40	28	31:05.10	17.4	34	0:50.55	16	23:06.05	8:15	1:03:52.45
9	Jamie Nibbs	39	25	10:08.25	1.48	59	2:07.70	9	28:43.85	18.8	17	0:43.70	7	22:17.70	7:58	1:04:01.20
10	Christen Arnold	31	30	10:15.70	1.46	3	0:42.75	14	29:04.90	18.6	5	0:36.40	22	24:02.15	8:35	1:04:41.90
11	Suzanne Ballengee	38	33	10:28.70	1.43	13	1:05.20	19	29:45.50	18.2	23	0:47.75	13	22:55.75	8:11	1:05:02.90
12	Angie Kribs	31	9	8:56.30	1.68	61	2:08.30	15	29:24.25	18.4	20	0:46.05	21	23:49.70	8:30	1:05:04.60
13	Courtney Fenwick	21	16	9:43.70	1.54	58	2:06.80	17	29:34.15	18.3	14	0:43.35	15	23:05.80	8:15	1:05:13.80
14	Athena Benson	33	38	10:37.40	1.41	14	1:05.40	13	29:04.90	18.6	24	0:47.90	20	23:46.30	8:29	1:05:21.90
15	Deeanna Haynes	46	21	9:56.05	1.51	5	0:48.40	21	29:53.55	18.1	6	0:38.30	23	24:06.05	8:36	1:05:22.35
16	Kate Traylor	53	39	10:38.25	1.41	11	1:02.55	29	31:10.95	17.3	15	0:43.40	10	22:32.90	8:03	1:06:08.05
17	Erica Story	32	15	9:42.85	1.55	72	2:21.20	46	32:44.20	16.5	8	0:39.25	2	20:45.30	7:25	1:06:12.80
18	Mindy Herman	40	19	9:55.40	1.51	23	1:13.45	11	29:00.30	18.6	35	0:50.60	34	25:36.50	9:09	1:06:36.25
19	Sara Hostetler	22	3	7:33.05	1.99	7	0:56.85	32	31:30.80	17.1	19	0:45.05	38	26:04.65	9:19	1:06:50.40
20	Jodi Finley	45	85	12:06.75	1.24	8	0:59.55	16	29:32.95	18.3	7	0:39.05	24	24:12.65	8:39	1:07:30.95
21	Emily Theissen	26	13	9:38.50	1.56	42	1:41.45	24	30:14.00	17.9	33	0:50.50	30	25:18.85	9:02	1:07:43.30
22	Carla Anthis	37	51	11:13.40	1.34	57	2:05.80	41	32:10.90	16.8	22	0:46.90	9	22:26.60	8:01	1:08:43.60
23	Ashley Gardner	27	46	10:59.70	1.37	20	1:12.55	8	28:39.60	18.8	78	1:09.65	52	27:03.55	9:40	1:09:05.05
24	Kelly Knust	29	23	10:06.10	1.49	52	2:01.60	30	31:27.10	17.2	136	1:51.65	19	23:43.75	8:28	1:09:10.20
25	Jody Schulze	47	95	12:32.00	1.20	27	1:18.60	10	28:47.75	18.8	67	1:06.50	36	25:45.80	9:12	1:09:30.65
26	Amy Lackey	28	17	9:44.55	1.54	65	2:13.20	34	31:32.75	17.1	13	0:41.20	35	25:44.85	9:11	1:09:56.55
27	Jenny Holland	30	73	11:44.50	1.28	46	1:48.10	74	34:20.80	15.7	2	0:29.60	8	22:25.05	8:00	1:10:48.05
28	Ellen Keyes	34	44	10:57.75	1.37	79	2:25.05	54	33:10.20	16.3	43	0:52.60	17	23:26.45	8:22	1:10:52.05
29	Andrea Holscher	28	7	8:49.40	1.70	39	1:35.50	49	32:53.40	16.4	29	0:49.80	46	26:56.35	9:37	1:11:04.45
30	Tammy Parker	44	36	10:33.85	1.42	34	1:26.20	7	28:22.70	19.0	112	1:26.45	76	29:40.20	10:36	1:11:29.40
31	Cheri Landrey	52	12	9:35.60	1.57	103	2:43.90	25	30:15.20	17.9	154	2:39.90	45	26:54.75	9:36	1:12:09.35
32	Erin Wehrheim	19	2	7:21.30	2.04	50	1:54.80	106	36:50.15	14.7	12	0:40.85	40	26:18.30	9:24	1:13:05.40
33	Crystal McBride	29	88	12:14.85	1.23	63	2:10.00	67	33:56.00	15.9	57	1:00.15	25	24:21.70	8:42	1:13:42.70
34	Kristy Courtney	25	49	11:10.65	1.34	19	1:12.10	43	32:13.70	16.8	74	1:08.90	65	28:18.80	10:06	1:14:04.15
35	Erica MacKe	38	110	13:14.55	1.13	51	1:59.90	48	32:48.90	16.5	61	1:02.25	29	25:06.65	8:58	1:14:12.25
36	Beth Jenkins	50	125	14:07.30	1.06	37	1:32.05	20	29:48.00	18.1	132	1:49.75	47	26:56.55	9:37	1:14:13.65
37	Susan Frasier	35	55	11:17.55	1.33	129	3:25.70	33	31:32.15	17.1	153	2:35.45	32	25:26.10	9:05	1:14:16.95
38	Emily Julian	26	28	10:12.85	1.47	41	1:39.65	83	34:39.15	15.6	41	0:51.50	54	27:05.05	9:40	1:14:28.20
39	Ashley Mattingly	25	65	11:35.30	1.29	88	2:32.30	81	34:36.45	15.6	21	0:46.10	28	25:01.90	8:56	1:14:32.05

40 Heather Murphree	32	83	12:05.25	1.24	31	1:23.60	85	34:45.10	15.5	69	1:07.25	31	25:19.10	9:03	1:14:40.30
41 Jill Mann	30	22	10:01.35	1.50	112	3:01.40	47	32:45.85	16.5	73	1:08.75	60	27:56.15	9:59	1:14:53.50
42 Mary Corry	51	130	14:23.50	1.04	10	1:01.65	44	32:29.75	16.6	42	0:51.60	43	26:30.55	9:28	1:15:17.05
43 Emily Montgomery	19	26	10:08.45	1.48	54	2:02.35	101	36:02.25	15.0	45	0:53.10	41	26:18.70	9:24	1:15:24.85
44 Casandra Brocksmitth	19	47	11:03.30	1.36	122	3:21.05	69	34:05.00	15.8	32	0:50.30	39	26:05.35	9:19	1:15:25.00
45 Cendy Joslin	53	56	11:18.60	1.33	48	1:52.90	27	30:32.15	17.7	55	0:58.35	85	30:45.75	10:59	1:15:27.75
46 Debbie Rensing	49	67	11:37.05	1.29	45	1:43.55	51	33:08.95	16.3	18	0:44.50	67	28:31.35	10:11	1:15:45.40
47 Beth Shan	50	63	11:34.20	1.30	56	2:03.35	63	33:42.30	16.0	30	0:50.05	59	27:55.25	9:58	1:16:05.15
48 Gina O'Connor	39	112	13:19.95	1.13	66	2:15.15	56	33:20.85	16.2	65	1:05.15	37	26:04.40	9:19	1:16:05.50
49 Brandi Jittjumnongk	35	68	11:40.80	1.29	43	1:42.35	100	36:01.25	15.0	107	1:23.70	33	25:34.45	9:08	1:16:22.55
50 Cyndi Donley	50	31	10:18.50	1.46	149	4:24.30	58	33:29.55	16.1	98	1:18.40	49	27:00.40	9:39	1:16:31.15
51 Janice Cunningham	51	135	14:38.90	1.03	36	1:31.55	94	35:33.15	15.2	143	1:59.85	14	22:56.55	8:11	1:16:40.00
52 Sheila Wallace	41	71	11:42.75	1.28	32	1:25.10	31	31:29.90	17.2	72	1:08.35	87	30:57.80	11:03	1:16:43.90
53 Phyllis Holscher	53	90	12:18.75	1.22	49	1:54.45	37	31:42.50	17.0	39	0:51.30	80	30:08.75	10:46	1:16:55.75
54 Jolie Delisle	31	48	11:07.60	1.35	16	1:08.25	40	31:54.80	16.9	10	0:39.90	98	32:07.15	11:28	1:16:57.70
55 Carmen Horton	52	124	14:01.90	1.07	119	3:17.40	18	29:37.20	18.2	114	1:27.70	68	28:39.85	10:14	1:17:04.05
56 Jennifer Moore	34	53	11:14.75	1.34	123	3:21.60	79	34:30.65	15.7	58	1:00.75	53	27:04.65	9:40	1:17:12.40
57 Robin Love	51	98	12:38.50	1.19	71	2:21.05	23	30:02.10	18.0	37	0:50.95	91	31:26.10	11:14	1:17:18.70
58 Jayme McAlister	58	104	12:56.80	1.16	139	3:39.55	112	37:16.00	14.5	38	0:51.20	11	22:35.25	8:04	1:17:18.80
59 Jill Doggett	32	84	12:06.40	1.24	53	2:01.75	95	35:40.20	15.1	83	1:10.90	42	26:22.40	9:25	1:17:21.65
60 Brenda Donovan	43	92	12:23.95	1.21	62	2:09.70	60	33:34.40	16.1	63	1:04.90	64	28:13.45	10:05	1:17:26.40
61 Karen Query	60	11	9:32.05	1.57	64	2:11.20	108	36:50.85	14.7	70	1:07.40	61	28:01.90	10:00	1:17:43.40
62 Lori Hadlock	56	118	13:40.80	1.10	68	2:17.55	22	30:00.05	18.0	36	0:50.70	88	30:58.10	11:04	1:17:47.20
63 Susan Miller	42	94	12:29.25	1.20	22	1:13.35	35	31:33.55	17.1	49	0:55.45	93	31:38.45	11:18	1:17:50.05
64 Deborah Hagedorn	53	82	12:01.70	1.25	67	2:15.20	42	32:12.50	16.8	93	1:15.40	79	30:06.80	10:45	1:17:51.60
65 Emily Kelly	24	64	11:35.10	1.29	35	1:27.45	55	33:19.90	16.2	137	1:51.80	77	29:59.30	10:43	1:18:13.55
66 Libby Jones	42	119	13:41.90	1.10	33	1:25.55	70	34:08.20	15.8	28	0:49.20	62	28:09.90	10:03	1:18:14.75
67 Kathy Evans	46	86	12:12.45	1.23	55	2:03.00	89	35:01.55	15.4	97	1:17.30	56	27:45.35	9:55	1:18:19.65
68 Victoria Brocksmitth	20	76	11:51.15	1.27	116	3:11.55	84	34:40.15	15.6	75	1:09.30	55	27:35.40	9:51	1:18:27.55
69 Barb Toole	45	79	11:53.70	1.26	109	2:55.40	38	31:53.15	16.9	46	0:53.45	86	30:56.30	11:03	1:18:32.00
70 Lexi Pea	19	77	11:51.35	1.27	80	2:25.50	73	34:17.70	15.8	16	0:43.40	71	29:19.25	10:28	1:18:37.20
71 Sandy Dunham	39	72	11:43.75	1.28	137	3:36.40	72	34:16.05	15.8	113	1:26.95	57	27:45.55	9:55	1:18:48.70
72 Laura Debrock	49	52	11:13.65	1.34	107	2:54.25	105	36:37.40	14.7	111	1:26.25	48	26:57.60	9:38	1:19:09.15
73 Meredith Spitz	17	106	13:03.35	1.15	18	1:11.25	124	38:59.85	13.9	59	1:01.30	27	24:54.95	8:54	1:19:10.70
74 Barb Hanson	52	141	15:08.25	0.99	4	0:45.10	26	30:31.00	17.7	108	1:23.80	92	31:32.45	11:16	1:19:20.60
75 Christina Lange	32	105	12:59.15	1.16	87	2:31.10	61	33:38.45	16.1	62	1:04.10	70	29:13.50	10:26	1:19:26.30
76 Mary Hazelman	55	120	13:45.65	1.09	70	2:20.00	39	31:53.90	16.9	60	1:01.60	83	30:26.95	10:52	1:19:28.10
77 Melissa True	32	80	11:59.80	1.25	101	2:43.05	59	33:31.55	16.1	91	1:14.60	82	30:14.00	10:48	1:19:43.00
78 Randi Conrad	21	18	9:49.40	1.53	144	3:59.45	113	37:19.10	14.5	122	1:36.15	50	27:01.05	9:39	1:19:45.15
79 Rachel Ferguson	33	69	11:40.85	1.29	98	2:40.70	118	37:35.55	14.4	52	0:57.15	51	27:02.20	9:39	1:19:56.45
80 Jamie Schultz	34	8	8:53.85	1.69	75	2:23.25	57	33:26.05	16.2	68	1:06.90	117	34:45.30	12:25	1:20:35.35
81 Julia Pratt	18	1	6:33.70	2.29	60	2:08.10	126	39:40.05	13.6	25	0:48.15	94	31:42.55	11:19	1:20:52.55
82 Sue Vories	56	97	12:37.60	1.19	24	1:15.60	62	33:40.75	16.0	54	0:57.80	102	32:28.35	11:36	1:21:00.10
83 Erin Policinski	34	40	10:38.95	1.41	69	2:18.65	52	33:09.35	16.3	126	1:41.20	106	33:17.05	11:53	1:21:05.20
84 Beth Meyer	51	61	11:33.00	1.30	47	1:52.70	65	33:45.25	16.0	56	0:59.95	104	32:55.80	11:45	1:21:06.70
85 Jenna Beard	27	74	11:44.80	1.28	76	2:23.35	90	35:18.80	15.3	81	1:09.90	84	30:36.50	10:56	1:21:13.35
86 Mandy Patterson	34	58	11:19.55	1.33	114	3:02.80	109	36:51.50	14.7	95	1:16.40	69	28:46.20	10:16	1:21:16.45

87	Susan Brocksmith	50	101	12:51.50	1.17	29	1:19.20	50	33:01.65	16.4	152	2:25.05	95	31:44.00	11:20	1:21:21.40
88	Maria Earley	40	45	10:58.30	1.37	77	2:24.10	107	36:50.35	14.7	130	1:45.75	72	29:23.20	10:30	1:21:21.70
89	Ashley Fish	28	27	10:12.75	1.47	143	3:58.95	97	35:44.05	15.1	96	1:17.10	81	30:13.20	10:48	1:21:26.05
90	Molly Weiss	39	75	11:46.85	1.27	130	3:27.20	92	35:26.10	15.2	109	1:25.80	73	29:33.70	10:33	1:21:39.65
91	Terri Roesler	49	123	14:01.05	1.07	25	1:15.75	91	35:20.10	15.3	76	1:09.30	78	29:59.60	10:43	1:21:45.80
92	Betsy Bowman	30	35	10:32.85	1.42	133	3:29.75	121	38:03.45	14.2	150	2:20.40	58	27:53.25	9:58	1:22:19.70
93	Chelsea Baum	21	89	12:17.15	1.22	110	2:56.75	66	33:52.90	15.9	47	0:54.05	101	32:22.55	11:34	1:22:23.40
94	Laura Hernan	47	96	12:34.95	1.19	74	2:22.45	45	32:33.55	16.6	88	1:13.30	114	34:03.45	12:10	1:22:47.70
95	Sheree Russell	56	102	12:53.25	1.16	94	2:37.40	75	34:26.70	15.7	64	1:05.05	99	32:11.30	11:30	1:23:13.70
96	Tiffany Conover	29	29	10:14.50	1.47	86	2:30.90	111	37:11.35	14.5	44	0:52.65	103	32:34.75	11:38	1:23:24.15
97	Kirby Risch	28	50	11:10.65	1.34	106	2:52.10	78	34:30.25	15.7	40	0:51.35	116	34:36.10	12:21	1:24:00.45
98	Jenna Baltzell	31	70	11:40.90	1.29	78	2:24.45	77	34:28.00	15.7	120	1:35.35	112	33:54.55	12:06	1:24:03.25
99	Denice M. Smith	45	37	10:35.60	1.42	111	2:58.20	71	34:09.10	15.8	51	0:57.05	121	35:37.95	12:43	1:24:17.90
100	Caroline Nichols	19	78	11:53.45	1.26	145	4:02.25	139	41:41.35	13.0	147	2:15.80	26	24:44.25	8:50	1:24:37.10
101	Marcy Hays	39	87	12:13.95	1.23	85	2:29.85	127	39:51.55	13.6	9	0:39.35	75	29:37.25	10:35	1:24:51.95
102	Cheryl Wall	47	54	11:17.00	1.33	82	2:28.95	120	37:56.10	14.2	102	1:21.10	100	32:20.10	11:33	1:25:23.25
103	Megan Stratman	25	59	11:25.10	1.31	148	4:13.85	128	40:01.30	13.5	129	1:44.40	63	28:12.45	10:04	1:25:37.10
104	Barbara J. Ellermann	57	111	13:19.10	1.13	9	1:00.60	115	37:28.20	14.4	31	0:50.15	105	33:10.80	11:51	1:25:48.85
105	Elaine Workman	61	134	14:36.55	1.03	84	2:29.75	103	36:18.65	14.9	99	1:18.60	90	31:14.65	11:09	1:25:58.20
106	Mallory Niehaus	19	32	10:27.10	1.44	140	3:40.40	119	37:55.10	14.2	48	0:55.15	108	33:28.55	11:57	1:26:26.30
107	Lilliana Miller	43				157	15:38.30	80	34:32.25	15.6	104	1:22.70	119	34:58.90	12:29	1:26:32.15
108	Laura Mikiska	58	91	12:22.60	1.21	132	3:28.10	36	31:34.15	17.1	131	1:49.55	130	37:46.10	13:29	1:27:00.50
109	Nichole Carie	34	57	11:19.05	1.33	102	2:43.70	130	40:35.45	13.3	26	0:48.15	97	32:01.15	11:26	1:27:27.50
110	Holly Will	50	99	12:40.85	1.18	121	3:20.90	96	35:40.90	15.1	103	1:21.30	115	34:24.80	12:17	1:27:28.75
111	Caryn McCallister	33	100	12:45.90	1.18	73	2:21.85	117	37:33.15	14.4	94	1:15.45	110	33:37.20	12:00	1:27:33.55
112	Marykale Etling	19	34	10:28.90	1.43	100	2:42.40	142	42:00.50	12.9	100	1:18.80	89	31:06.50	11:06	1:27:37.10
113	Susan Theissen	52	137	14:53.70	1.01	127	3:24.05	87	34:54.60	15.5	115	1:28.20	109	33:33.25	11:59	1:28:13.80
114	Kristin Harrison	28	81	12:00.95	1.25	128	3:25.00	147	42:49.85	12.6	119	1:33.90	66	28:27.35	10:10	1:28:17.05
115	Betsy Marchino	57	131	14:24.90	1.04	105	2:48.90	64	33:43.55	16.0	101	1:19.40	125	36:01.45	12:52	1:28:18.20
116	Nancy Reynolds Hensel	70	143	15:50.05	0.95	26	1:17.20	122	38:49.00	13.9	86	1:12.45	96	31:46.05	11:21	1:28:54.75
117	Dixie Purcell	59	147	16:15.10	0.92	17	1:08.25	104	36:25.15	14.8	84	1:11.15	113	34:01.35	12:09	1:29:01.00
118	Penny Kirk	40	66	11:36.90	1.29	91	2:34.45	98	35:53.95	15.0	144	2:01.45	126	36:56.30	13:11	1:29:03.05
119	Anne Pratt	48	14	9:40.15	1.55	108	2:55.05	125	39:30.55	13.7	66	1:06.40	124	35:54.75	12:49	1:29:06.90
120	Sharon Simmons	47	152	17:03.40	0.88	151	5:05.40	123	38:53.40	13.9	116	1:28.55	44	26:44.05	9:33	1:29:14.80
121	Dawn Conrad	48	122	13:57.75	1.08	146	4:05.75	76	34:27.85	15.7	145	2:11.55	118	34:53.65	12:28	1:29:36.55
122	Kristy Miller	35	116	13:34.20	1.11	89	2:32.30	93	35:32.00	15.2	89	1:14.05	127	37:17.90	13:19	1:30:10.45
123	Cynthia Poland	49	62	11:34.20	1.30	92	2:36.50	99	35:59.90	15.0	77	1:09.40	141	39:17.75	14:02	1:30:37.75
124	Becky Bouchie	53	129	14:18.95	1.05	83	2:29.50	86	34:51.05	15.5	87	1:13.00	131	37:51.95	13:31	1:30:44.45
125	Abigail Stoldt	16	60	11:29.20	1.31	118	3:14.70	102	36:02.70	15.0	156	3:35.75	136	38:27.95	13:44	1:32:50.30
126	Caryn Yochum	22	121	13:47.35	1.09	21	1:13.20	149	43:27.20	12.4	71	1:07.80	107	33:19.90	11:54	1:32:55.45
127	Tricia Larimer	28	93	12:24.45	1.21	125	3:22.40	134	41:02.65	13.2	155	3:22.65	111	33:43.70	12:03	1:33:55.85
128	Jennifer Kleuh	55	103	12:53.50	1.16	115	3:08.60	135	41:05.85	13.1	79	1:09.65	122	35:40.60	12:44	1:33:58.20
129	Rita Adams	51	138	15:01.25	1.00	136	3:31.85	68	34:01.20	15.9	141	1:58.00	143	39:53.85	14:15	1:34:26.15
130	Debbie Cardinal	48	140	15:08.15	0.99	95	2:38.60	116	37:29.20	14.4	134	1:50.50	128	37:34.05	13:25	1:34:40.50
131	Jo Lori Singleton	52	146	16:00.65	0.94	126	3:22.90	53	33:09.80	16.3	105	1:23.05	148	42:13.70	15:05	1:36:10.10
132	Angela Wonning	27	108	13:10.35	1.14	93	2:36.75	140	41:50.70	12.9	82	1:09.90	129	37:35.45	13:25	1:36:23.15
133	Danielle Brown	30	42	10:53.10	1.38	135	3:31.55	146	42:34.20	12.7	121	1:35.85	133	38:01.50	13:35	1:36:36.20

