

## **December 2022 – Wellness Center Central – Suggestion Box Comments and Responses**

Thank you all for your wonderful suggestions! We, MAB and staff, have tried our best to comment on each suggestion/comment to meet your needs. Please let staff or a MAB member know if your question/comment has not been answered and/or addressed. Thank you!

### **Suggestions**

- “Is it possible to use the glass cutting prior to class? It’s really loud during class”
  - Thank you for bringing this to our attention. We did speak with facilitator regarding this matter. We will work on minimizing noise. Thank you!
- “Would like to suggest cooking class on Monday be changed to morning hours please”
  - We will speak with our leadership team to see if we can accommodate this request. Thank you for your suggestion.
- “Fun with games & Comedy Hour”
  - Thank you for your suggestion, we currently have a class called game time on Mondays at 3:30pm, please join us! We will discuss with the lead team regarding comedy hour to see if we can add this in the near future.
- “Native American Pow Wow (food dist.) Native American Church December 17<sup>th</sup> on a Saturday great Outing for members. Food, Dancing, Booths, etc...”
  - Thank you for your suggestion. Unfortunately this event has passed. Please suggest this event next year beginning of December so we can add on December’s Calendar.
- “Beach Volleyball?”
  - Unfortunately, due to the cold mornings we are unable to have this outing. We will consider the suggestion during warmer months. Thank you for your suggestion.
- “Bring back Breakfast Club”
  - Great suggestion! We will arrange “Breakfast Club”, please see upcoming calendars.

### **Kudos**

- Wendy is AWESOME!!! I have been attending here since 2016; she is the only peer support specialist who reads the Social Agreement in Jewelry Design. This quieted the room therefore my traumatic-stress disorder symptoms de-activated. My symptoms were activated before she politely read the Social Agreement. Wendy has always been a superior skilled peer specialist who allows my stress responses to subside.

**Please see Sohail if you have any questions or any other concerns.**

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