

Central Alberta Mountain Club Winter 2019 – 2020 Trip Schedule

Important Notes:

1. CAMC trip coordinators are volunteers and NOT guides. All CAMC trip participants are responsible for their own safety which includes being prepared for the hike with proper gear, assessing the trail and road conditions prior to leaving, checking the weather and avalanche conditions, and matching the fitness level required for their planned activity.
2. Activities may be changed or cancelled depending on weather, temperature, road conditions etc at discretion of coordinator
3. All activities are in low risk avalanche areas

Date	Trip	Trip Coordinator	Type	Distance	Elevation	Time	# Participants	Comments
Wednesday mornings	Great Chief Park	Sherry Shelton Sheltonsince2010@yahoo.ca 403.350.8476	X-Country Ski			~1 hour		Meet at Great Chief park @ 6:00 AM to ski once there is snow
Dec 7	Crimson Lake	Phil Pugh Phil.pugh@servus.ca 403.505.7830	Snowshoe	~10 km	Minimal	~4 hours		Wiener Roast following snow shoe
Dec 13-15	Crowsnest Area	Shelley and Ron Domier Srdomier56@gmail.com 403.318.1168 or 403.302.2214	X Country, Snowshoe and/or hike					Arrive Friday night. Full day activity on Saturday & a Sunday morning activity. Activities to TBD based on group and snow conditions
Dec 21	Baldy	Pat Staniforth-Smith Patss.pss@gmail.com 403.307.7380	Snowshoe or Hike	~5.6km	~390 m		No limit	Activity depends on snow conditions
Jan 11	Fish Lake	Tricia and Mark Bateman T_bateman@shaw.ca 403.352.3877	Snowshoe	~10 km	Minimal	~4 hours	12	Wiener Roast following snow shoe
Jan 18	JJ Collette	Debby and Jeff Kirtzinger dkirtzinger@yahoo.ca 403.877.8540	X-Country Ski	5 km	Minimal	~2 hours	20	Meet at JJ Collette at 10 AM

Date	Trip	Trip Coordinator	Type	Distance	Elevation	Time	# Participants	Comments
Jan 25	White Rabbit	Pat Staniforth-Smith Patss.pss@gmail.com 403.307.7380	Snow Shoe or hike	10-14 km	~150m		12	Activity depends on snow conditions
Jan 31 to Feb 2	Lake Louise	Amanda Brosius A_mclean1@hotmail.com 403.348.7506	Skimg/snowboarding				No limit	Downhill ski/snow board Saturday. X-Ctry ski Sunday morning followed by Banff hot springs.
Feb 21	Riverbend	Debby and Jeff Kirtzinger dkirtzinger@yahoo.ca 403.877.8540	X-Country Ski (flat to hilly)	Up to 9 km	Minimal	~3 hours	20	Moonlight ski followed by socializing at North end Boston Pizza. Meet at 6:30 PM at north end of City Yards on 40 th Ave. Note: Riverside Drive turns into 40 th at north end. Bring a headlamp.
March 7 (was March 11)	Wood Lake Conservation Area	Tricia and Mark Bateman T_bateman@shaw.ca 403.352.3877	Snowshoe	~ 8 km	Minimal	~3 hours	12	Wood Lake is ~40 minute drive east of Red Deer
March 28 or April 4 (was Mar 27 /Apr 3) (date TBD depending on Pursuit Adventure ski bus schedule)	Sunshine Ski	Amanda Brosius A_mclean1@hotmail.com 403.348.7506	Downhill ski or snowboard				No limit	Day trip to Sunshine. Travel on own, or travel on Pursuit Adventure bus www.pursuitadventures.ca to book spot

October 11, 2019