

# Beginning Visions

145 Huffine St, Gibsonville NC, 27249

beginningvisions.com T: (336) 449-4070

Dear Parents,

Summer at Beginning Visions has come to a close and school is back in session! We are excited to begin a new season of encouraging growth in your infants and toddlers and supporting your four's and schoolagers as they hit the books this school year! Updates from a few select classroom teachers are included in this month's newsletter. If your child's classroom is not mentioned, feel free to ask your child's teacher about what has been on the agenda the past few weeks.

As always, the staff at Beginning Visions appreciate the sacrifices you as parents make for your children and want you to know it does not go unnoticed. Thank you for allowing us the opportunity to be a positive difference maker in the life of your children. We will continue to think of new and innovate ways to both support and care for your children while here at Beginning Visions.

## 3 General Child Safety Tips:

- Before you've settled on the perfect toy, check to make sure there aren't any small parts or other potential choking hazards.
- Encourage children to drink water before, during and after athletic activities or play.
- If you know your children are natural explorers, secure your battery-controlled devices and keep them up and away and out of reach.



## Upcoming Events

### The Month of September is

Baby Safety Month &  
Children's Good Manners  
Month

### September 6

Labor Day

### September 8

Sports Day –NFL Season Kick  
Off (Wear your favorite sports  
team colors...Go Panthers!)

## Friendly Reminder

Please feel free to stop by the black check box beside the office door to drop off comments and suggestions on past, present, and future activities, menus, etc. We encourage parent participation and involvement at Beginning Visions and welcome your opinion!

## Community Suggestion

Be sure to attend local Elon University sports games with your children. Sports develop teamwork and are a great bonding tool!

## Post Summer Teacher Updates

### Ms. Donna's Infants

In the infant room we are reading, cuddling, singing, and improving our gross motor skills. We are exploring through touch, smell, and seeing as we are outside everyday. Our infants have enjoyed water play this summer. They love playing and splashing in the water! Our babies are thriving and growing more and more every day!

### Ms. Robin's 2's

My name is Robin and I have worked in childcare for 30 years. I am so glad to have this opportunity to work with your child in their continuing learning experience. But mostly to have fun as we learn! I am excited to get to know my new children moving up and their families. Please send in some family pictures so we can hang them on our wall. This will allow us to talk about our families and make them feel like our classroom is their classroom and home away from home!

### Ms. Mary's 4's

This is a bittersweet time of year when we have to send our preschoolers off to big school. They will no longer be with us all day but we hope they stay for after school care so we can keep up with their progress. Some of our upcoming Kindergarteners have been with us since they were babies! They all have worked really hard and are now ready for this next big step in their lives. We had a fun summer and are excited about our end of the summer celebration at Chuck E Cheese!

### Ms. Sherita's and Ms. Starr's After-Schoolers

Summer was lots of fun! Some of our most memorable field trips were Homeland Creamery, SkyZone, the Museum of Life and Science, and the Kerley fishing trip. We had a blast bombing Mrs. Valerie with water balloons. The attack was lead by Ms. Beth. And we equally enjoyed the surprise payback bombing on Ms. Beth led by Mrs. Valerie a week later. We got her GOOD!!! We are excited to end our summer with a celebration at Golden Corral. We made lots of new friends that joined us this summer. We are not ready to go back to school quite yet, but are excited about meeting our new schoolteachers.



### Beginning Visions Welcomes...

#### Mrs. Janice

Comes to us with a wealth of education and experience. She has a B.A. in Human Services and Credentials in Early Childhood. She has worked with children for more than 20 years in all capacities. We are excited to see what knowledge and new ideas she can bring to our center and the classroom.

#### Mrs. Tabitha

We are excited to see Mrs. Tabitha back with us! She has worked with us for 6 years awhile back and has returned to work with our toddlers and two's. She has two girls in school and spends much of her free time watching and chauffeuring to and from ball games and sporting activities!

#### Miss Theresa

Miss Theresa is our youngest and newest to childcare and is excited to start her career and education in Early Childhood. We hope to train her up right and keep her excited about teaching young children!

Welcome our new staff to our Beginning Visions family!

### Encouraging Good Manners in Three Easy Steps

1. Demonstrate good manners in your daily life
2. When your child does not display good manners, correct politely
3. Be consistent & persistent!

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Dear Parents,

Festive Fall has arrived! And we are excited to spend this colorful Autumn with your children. As many of you know, Halloween is quickly approaching. The outdoors, various sweet treats (not too much of course), and most importantly the family fun creates long lasting memories for both you and your children. Here at Beginning Visions, we'd like to supplement those fantastic memories by focusing our classroom activities on the fall season. We will partake in arts and crafts, science experiments, and numerous other fun-filled ventures! Please ask your children how their day was and what they did. Not only does it give you insight on your child's school day, but also may give you ideas for future family activities that you and your children will enjoy!

Classes are now in full swing and students are adjusting well to the school day. Library visits have started for our 3's & 4's classes. The children have a great time listening to stories and completing activities afterwards.

In October, our classrooms have a special trick or treat activity and will have Fall parties. Look for details posted in their classroom and be sure to come join in on the classroom fun if your schedule allows. We will also talk about the fall colors, study leaves, acorns, cool weather, foods we harvest and eat during fall, farms, and farm animals. Look for beautiful or one-of-a-kind leaves at your home and please share with the class!

Pictures were taken September 16<sup>th</sup>. Proofs should be back the 1<sup>st</sup> or 2<sup>nd</sup> week of October. Look for them in your children's cubbies.



## Upcoming Events

### The Month of October is

Eat Better, Eat Together Month

### October 13

The 3's and 4's visit the local library

### October 31

Classroom Fall Parties

## Community Suggestion

Be sure to check the Burlington and Gibsonville Calendars. Often times, their community events are free and fun-filled for families! Both links are referenced on our website for your convenience.

## Beginning Visions Re-Welcomes...

### Mrs. Angie Clark

She worked with us for 5 years in the past in all the classrooms. Your children will love her. She is married and has 3 children of her own along with many chickens, pigeons, ducks, cats, and dogs! We are excited to have her back!!

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## Mrs. Robin's Kitchen

### School Morning Breakfast Burritos

- ✓ Eggs and ham pack lots of healthy protein
- ✓ Whole-wheat tortillas for a whole grain
- ✓ Spinach, avocado, and mushrooms = lots of tasty veggies
- ✓ Mozzarella for a lower-fat, calcium, and protein-filled dairy
- ✓ ...And ready in less than 10 minutes!

Servings: 6

Ingredients:

- 1 cooking spray
- 6 – whole wheat tortillas
- 16 ounces – ham
- 4 cups – spinach
- 2 cups – mushrooms
- ½ teaspoon – garlic powder
- 10 large – eggs
- 1 cup – mozzarella cheese, shredded
- 2 medium – avocados
- Salt and pepper to taste

Directions:

1. Spray a large skillet with your choice of cooking spray and place over medium high heat. Add ham, spinach, and mushrooms. Sauté until spinach is wilted and mushrooms are soft. Scoop everything out into a dish to save for later.
2. Re-apply cooking spray and pour in whisked egg mixture. Cook until eggs are no longer runny and season with salt and pepper to taste.
3. Lay out six tortillas and divide the ham-mushroom mixture evenly among them, then do the same with the eggs.
4. Top each tortilla stack with a small handful of mozzarella cheese and some slices of avocado.
5. Fold up tortillas and serve warm with salsa or hot sauce or freeze in tin foil and warm up in a paper towel (take off the tin foil) in the microwave for a quick and easy before school breakfast!

Recipe Link: <http://www.superhealthykids.com/school-morning-breakfast-burrito-recipe/>



## Reminders

- If you happen to donate any goodies, please remember we are a peanut/peanut butter-free facility.
- Parents of schoolagers, please remember to call by 2:00pm if your child is not riding the BV buses that day in order to avoid our drivers becoming anxious looking for your child.
- Please remember to sign your children into and out of their classes every day. In order to have an accurate record of who is present in case of an emergency.

## Community Events

- Oct. 1<sup>st</sup> Gibsonville Library Free Family Movie Viewing: Cloudy with a Chance of Meatballs
- Oct. 8<sup>th</sup> Gibsonville Fall Festival & Burlington Fall Family Night
- Oct. 22<sup>nd</sup> Elon Football vs. Richmond Homecoming Game



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Dear Parents,

October was filled with arts and crafts, Halloween activities, and numerous other enjoyable ventures and we hate to see it come to an end...

Fortunately, November brings more of the same! The month may bring chillier weather, but that doesn't stop our classes from having a blast here at Beginning Visions! Our November days will be focused on the importance of family and friends, open discussions about our homes and neighborhoods, and reflecting on the history of the American Indians and the Pilgrims! We will continue to play outside when possible so please do not forget to bring appropriate fall attire when dropping off your children.

We have included two of our many terrific pieces of art from this past October. We truly have many talented students and we just would like to share some of their artwork!



## Upcoming Events

### The Month of November is

Child Safety Protection Month

### November 14

Game and Puzzle Week! Feel free to bring games and puzzles from home for your children and their friends to enjoy!

### November 17

The 3's & 4's visit the local library

### November 24-25

Beginning Visions is closed for Thanksgiving

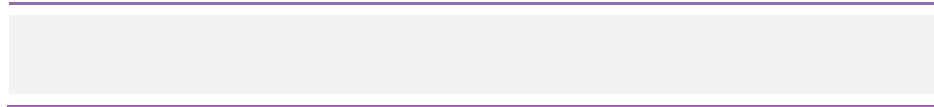
## 3 Safety Tips to Keep Your Child Safe:

1. Use safety gates. Even before your baby crawls, install safety gates to match your home and protect curious children from harm.
2. Keep things tidy. Storage bins offer a great way to store toys and baby supplies, preventing anyone from tripping.
3. Lock it up. Put locks on anything and everything that can open.



Miles, Aiden, Joziah, and Elliana have tremendous artistic ability!

\*3 *Safety Tips to Keep Your Child Safe* is an excerpt from an article from *Parent Guide News* written by Debra Holtzman. The New York based website oftentimes has interesting articles relating to the many aspects of raising children. Here is a link to their article directory: <http://www.parentguidenews.com/Articles>



## Beginning Visions Welcomes...

### Mrs. Janice Agosto

She comes to us with a wealth of knowledge and experience. She graduated from Elon College with a bachelor's degree and has taken classes towards her master's degree in Elementary Education. She has worked as a teacher for 10 plus years at First Baptist CDC and Burlington Christian Academy. She has also worked as a social worker for Alamance County DSS. Janice is very motivated, organized, and excited about working with all of our children. She has floated around for the past several weeks and has now settled in with the babies in the infant room. Let's be sure to give her a warm welcome!

**We hope you and your families have a wonderful Thanksgiving and we can't wait to hear about how much your children enjoyed it!!**



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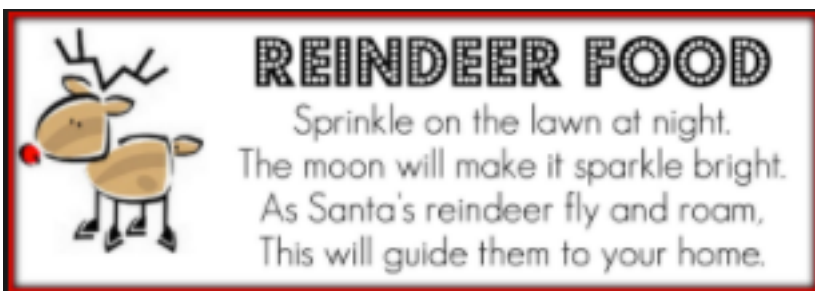
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Dear Parents,

November was a time of thanks; teaching our beginning thinkers the significance of family, friends, neighbors, and the history of our American Indians and Pilgrims!

December is a time for giving, loving, and coming together; Beginning Visions is proudly participating in the Samaritan's Purse program this year; where kids all around the world get to enjoy gifts for Christmas due to generous donations made small and large! There will be a form available in the office with details regarding how and who to make your donations to. We encourage you to also get the children involved. They are the true experts on toys and games! Also, to show Santa our Christmas cheer this month we will be having a Christmas tree contest between each classroom. The classroom with the best Christmas tree will win a prize!

November was filled with showing thanks; This December let's see how we can help others have a happy HO HO HO-LIDAY!



Ingredients & Directions:

- ½ cup Oats, ¼ cup green sprinkles, ¼ cup red sprinkles, ¼ cup raisins, and ¼ cup chocolate chips!
- Put it in a baggie, shake well, & sprinkle it on your lawn!!

## Upcoming Events

### The Month of December is

National Stress-Free Family Holiday Month

### December 15

3's and 4's library visit

### December 23

Beginning Visions is closed for the Christmas holiday

### January 2

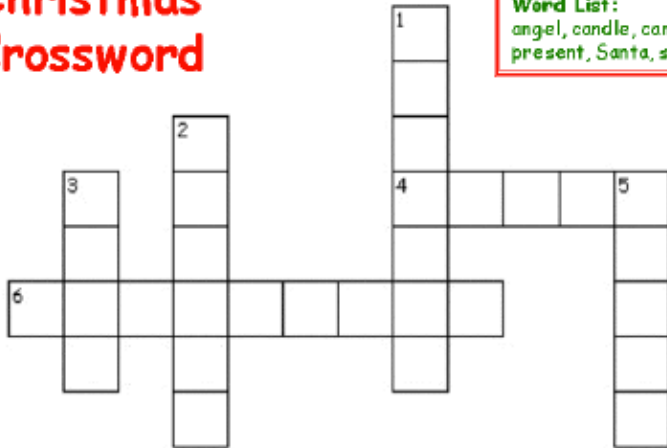
Beginning Visions is closed for New Years

## 3 Tips to Reduce Stress as a Family:

1. Get out of the house. If the weather isn't too chilly and the sun is shining, take a family trip to the park or play ball in the back yard.
2. Start a family project. Start with something small like decorating Christmas tree ornaments or other various arts and crafts!
3. Bake as a family. Baking is an activity that can involve everyone within the family. We recommend baking a gift for close family and friends... Don't forget BV!!

# Christmas Crossword

Word List:  
angel, candle, candy cane,  
present, Santa, star



### Across

4.



6.



### Down

1.



### Down

2.



3.



5.



## Beginning Visions Welcomes...

### Ms. Britonia Burnette

She comes to us as an intern from Winston-Salem State University. Britonia is completing her senior year as a Birth-Kindergarten Education major with a focus in early intervention and preschool. In May, she is very glad to announce that she will be graduating with a Bachelor of Science degree. Her internship focuses on leadership in early childhood education; Working with Beginning Visions is right up her alley since she hopes to own her own daycare facility in the future! Britonia loves children and with her kind open heart along with her willingness to learn, we at Beginning Visions see a bright and successful career in childcare for her.

**We hope you and your families will enjoy this Christmas holiday and will grow closer to one another during this season of giving!!**

## December Book Recommendations:

Reading with your children is a terrific way to both spend time together and enhance their vocabulary. The five books listed below are great reads no matter your child's age! Be sure to visit your local bookstore or library to pick up a copy.

- 1) *The Polar Express*, by Chris Van Allsburg
- 2) *How the Grinch Stole Christmas*, by Dr. Seuss
- 3) *Mr. Willoby's Christmas Tree*, by Robert Barry
- 4) *Olivia Helps with Christmas*, by Ian Falconer
- 5) *The Christmas Miracle*, by Susan Wojciechowski