



Harpswell Aging at Home (HAH) is a community-led organization that seeks to help people thrive while aging at home. With partner organizations, we provide information, promote initiatives, mobilize volunteers and deliver needed services, with financial support from the Town, citizens, community organizations and foundations.

HAH and its partners provide a variety of services to older adults. The Food Committee, with the support of many community organizations, mobilized over 90 volunteer cooks to prepare more than 1,800 meals for the Lunch with Friends Program and more than 350 meals for the new Meals in a Pinch Program. The Health and Wellness Committee supported homebound seniors with Seniors Connecting weekly calls. Our Home Helpers Committee, also new this year, assisted with household chores that residents can no longer perform. The Home Repairs Committee, in partnership with Habitat for Humanity/7 Rivers and the Town, helped older adults stay safer, warmer and drier by repairing 28 homes and providing follow-on repairs for 10 former clients. The Resources Committee provided information about support services for older adults via 26 initial home visits and 23 follow-up visits and coordinated services across Committees. The Transportation Committee, in partnership with People Plus, organized 28 Harpswell drivers to provide 7,500 miles of rides to Harpswell riders. The Communications Committee promoted all our programs and events, including a very successful golf tournament fundraiser.

In 2019, HAH will continue these services and expand them as needs emerge and volunteers are recruited. HAH has been recognized by a Cumberland County “Spirit of America Award,” and two of our Committee Chairs received the Red Cross “Real Heroes of Maine” award in 2019. We invite you to become one of our volunteers as we continue to serve older adults in Harpswell!