



PARISH OF OUR MOTHER OF PERPETUAL HELP
Redemptorist Community
Rev.Fr. Joseph Stephen,C.Ss.R. (Parish Priest)
Rev.Fr. Patrick Massang,C.Ss.R. (Assistant Parish Priest)

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ANNOUNCEMENTS:

2nd FUND RAISING PROJECT.....

In 2023, the Parish Council approved to undertake two projects.

First project was to install the air-conditioning in the church that was completed last year.

The second project is to extend our St.Gerard's Cafeteria which we use almost on a daily basis.

We plan to raise the funds by having a **Banana Leaf LUNCH**

on Sunday, 5 May, 2024 from 11.30 a.m. till 2.30 p.m.

at OMPH parish hall.

Each ticket is priced at RM30/-.

Our cooks will cook for 1200 people.

You have a choice to dine in or take away.

The menu includes

Rice,Mutton,Chicken,Veggi,

Dhall, papadam,water.

Tickets will be on Sale.

Get your tickets early for we have

limited tickets.Join in the best

delicious and sumptuous lunch on

5/5/2024 in Ipoh!



OMPH QR code

accepts donation from any banks & e-wallet.

The QR code can be

scanned at the Notice-Board and around

the church. Your generous support

will help maintain our building and

our facilities in great conditions.

Thank you. (Parish priest)

GOTONG-ROYONG

Sunday, 10 March, 2024

at 2.30 p.m. (church)

Calling all parishioners, all Ministries, Youth, BECs and all Language groups to help clean the church as we prepare for Easter. Kindly help in this project.

Please bring your cleaning materials for cleaning.

LENT VISIT TO THE ELDERLY AND HOMEBOUND PARISHIONERS

The Priests together with the Eucharistic Ministers will be visiting and giving communion to the Elderly & Homebound on Mon.11, Tues.12 & Thurs 14 of March, 2024 from 8.30 am onwards as part of our Lenten visit.

A LENTEN RETREAT

with Rev.Fr. Joseph Stephen.

Please bring along your Bible

@ 7.30 p.m. on Wednesdays

13th March, 2024.

followed by coffee fellowship.

A love offering will be taken up.

Organized by: OMPH-CCR

PARISH ACTIVITIES & MEETINGS:

(March2024)

- * 10/3/2024 - 2.30 p.m. – Gotong-Royong (church)
- * 10/3/2024 - 4.00 p.m. – Choir (C) (Senali Rm.)
- * 10/3/2024 - 5.30 p.m. - Youth meeting (St.Mk.Rm.)
- * 10/2/2024 - 6.00 p.m. - Sunset Choir practice (church)
- * 12/3/2024 - 8.00 p.m. – Legion of Mary (C) (St.Mt.Rm.)
- 8.00 p.m. – Tamil Charismatic (church)
- * 13/3/2024 - 7.30 p.m. - CCR - Lenten Retreat (church)
- * 14/3/2024 - 8.00 p.m. – RCIA (E) (St.Mk.Rm.)
- 8.00 p.m - RCIA (BM) (ven Francis Xavier Rm.)
- 8.00 p.m - RCIA (T)
- * 14/3/2024 - 8.00 p.m. – Tamil Choir (St.Paul Rm.)
- * 15/3/2024 - 8.00 p.m - RCIA (C) (ven Francis Xavier Rm.)
- * 16/3/2024 - 5.45 p.m. – CLOW (St.Mk.Rm.)
- * 17/3/2024 - 8.00 a.m. - CLOW (St.Mk.Rm.)
- * 17/3/2024 - 10.00 a.m. – Confession for students (parish hall)
- 3.00 p.m. - Lectors/Commentators training (church)
- * 17/3/2024 - 4.00 p.m. – Choir (C) (Senali Rm.)
- * 17/3/2024 - 5.00 p.m. – Youth play (parish hall)
- * 17/3/2024 - 6.00 p.m. – Sunset choir practice (church)
- * 19/3/2024 - 8.00 p.m. – Legion of Mary (C) (St.Mt.Rm.)
- 8.00 p.m. – Tamil Charismatic (church)
- * 21/3/2024 - 8.00 p.m. – RCIA (E) (St.Mk.Rm.)
- 8.00 p.m - RCIA (BM) (ven Francis Xavier Rm.)
- 8.00 p.m - RCIA (T)
- * 21/3/2024 - 8.00 p.m. – Tamil Choir (St.Paul Rm.)
- * 21/3/2024 - 8.00 p.m. – Liturgy Script Writers (Wallace Rm.)
- * 22/3/2024 - 8.00 p.m - RCIA (C) (ven Francis Xavier Rm.)
- * 22/3/2024 - 8.00 p.m. - Area Coordinators meeting (St.Mk.Rm.)
- * 24/3/2024 - 2.30 p.m. - Elects rehearsal (church)
- 3.00 p.m. – Easter Vigil ministers rehearsal (church)

BIBLE REFLECTION & HOME-GATHERINGS:

- * 10/3/2024 - 5.00 p.m. – BEC St. John
- * 14/3/2024 - 8.00 p.m. – BEC St.Peter (C) (Cafeteria)
- * 19/3/2024 - 8.00 p.m. – BEC St.Francis De Sales; Home of Tony Xavier & Mary.

ETERNAL HAPPINESS TO:

+ Regina D'Costa a/p J.V D'Costa departed on 3 March, 2024.



Every last Friday at

8.00 p.m.in St.Mark’s room.
All B.E.C. leaders, please take note that the Parish is trying to revive the B.E.C.s of all language groups.
Kindly inform the parish office to insert into the bulletin of your BEC monthly meetings. **MONTH OF MARCH** meeting on:
Fri 22/3/2024 at 8 p.m.

EVENING FOR THE ENGAGED 2024

Couples planning to get married in the year 2024, please take note of the EE Weekends held in english during the year.

You are requested to register six (6) weeks before the weekend

EE139	10-12 May, 2024
EE140	9 – 11 Aug.,2024
EE 141	8-10 Nov.,2024

For **Tamil marriage preparation** course 2024 –

Dormitory St.Anne, Bukit Mertajam	May 25 & 26 Aug 24 & 25 Nov 16 & 17 (Closing date on: 1st day of each month)
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Please see your Parish Priest for registration.

MARRIAGE: Please contact the Parish Priest at least SIX MONTHS in advance.

EVENTS:

LENTEN SACRIFICE

to help the poor as part of our Lenten penance and spiritual growth, we are called to share. Baskets are placed on either side of the sanctuary throughout the season of Lent to appeal for non-perishable food like rice, sugar, cooking oil, sardines, milk powder, noodles, tin biscuits, etc.....

CHRISM MASS – Mon. 18 March, 2024 at 8 pm in Church of Immaculate Conception, Pulau Tikus, Penang.

CLERGY MEETING

All priests will be away for their Clergy meeting in Penang on 19 of March, 2024. There will be no 7 am Mass on 19/3 Mass intentions booked will be said outstation.

FREE FEMALE SCREENING, Canning Family Clinic.

For more information, please refer to the Notice-Board.

CHRISTIAN MEDITATION TIME

All are welcome to join the Christian Meditation group which meets * **EVERY SATURDAY** AT 11.00 A.M. – 12 NOON in the Meditation room.

BAPTISM: Please contact the Parish Priest at least ONE MONTH in advance. Next Infant Baptism will be on Sun. 7 April, 2024 during the 8 a.m. Mass.

STATIONS OF THE CROSS

During the season of Lent, Stations of the Cross will be held on = **15 March, 2024 at 7.30 p.m. (E)** followed by Mass.
= Tamil Stations of the Cross at 7.15 p.m. in the parish hall.

RITE OF THE 3RD SCRUTINY

(5th week of Lent) –
On Sat.,16 March, 2024 during the 5.45 p.m. Mass, our Elect who are preparing their full initiation at Easter, will celebrate the “Rite of the 3rd Scrutiny,” which highlights the saving power of Christ in setting them free. We are invited to come together with them, to pray with them and for them reminding ourselves of our need to rid ourselves of our negative values and to try to live in His love.

PASSION SUNDAY/PALM SUNDAY – 23 & 24 March 2024

Blessing of palm leaves at the Parish Hall followed by procession to OMPH church for the Eucharistic celebration.
Please bring your own palm leaves.

• REHEARSAL FOR ALL MINISTERS INVOLVED IN EASTER VIGIL

There will be a practice on Sun. 24 March, 2024 at 3 p.m. in church.

• REHEARSAL FOR THE RCIA “Elects” on Sun. 24 March, 2024 @ 2.30 p.m. in church. Elects and Sponsors are to be present.

SCHEDULE FOR HOLY WEEK 2024:

Date	Time/Language	Event
23/3/24 (Palm Sun)	5.45 p.m. (E)	Blessing of palm leaves followed by procession .
24/3/2024	7.45 a.m. (E) 9.45 a.m. (T) 11.30 a.m. (C)	
Holy Mon. 25/3/24	8.00 p.m.	Mass (E)
Holy Tues. 26/3/24	8.00 p.m.	Mass (E)
Holy Wed. 27/3/24	8.00 p.m.	Mass (E)
Holy Thurs. 28/3/2024	8.00 p.m.	(church) Mass (E) Mass (T) (parish hall)
H. Thurs 28/3/24	9.30 p.m. till 12 midnight	Reposition of the Blessed Sacrament
Good Fri. 29/3/24	3.00 p.m. (E) 7.00 p.m. (T)	Stations of the Cross followed by Service.
Holy Saturday 30/3/24	7.00 p.m. (E) 10.30 p.m. (T)	Service of light outdoor followed by Mass.
Easter Sunday 31/3/24	8.00 a.m. (E) 11.00 a.m. (C)	Mass
Easter Sun. 31/3/24	St.Mary's Chapel 8.00 a.m. (T)	Mass