

## **INGREDIENT LIST FOR APRIL – 2021**

**APRIL 1 – STUFFED PEPPER: BEEF, BELL PEPPERS, ONIONS, RICE,  
BREADCRUMBS, WATER, CELERY, EGGS, MILK  
GRAHAM CRACKERS: FLOUR, SOYBEAN OIL, HONEY  
DINNER ROLL: FLOUR, YEAST, WATER**

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**APRIL 5 – CUBE STEAK/GRAVY: BEEF, BROTH, ONION POWDER,  
FLOUR, WATER**

**ANIMAL CRACKERS: FLOUR, SUGAR, OIL, BAKING SODA**

**APRIL 6 – PORK CHOP/GRAVY: PORK, BROTH, ONION POWDER,  
FLOUR, WATER**

**MASHED POTATOES: DEHY POTATOES, MARG., WATER**

**DINNER ROLL: FLOUR, YEAST, WATER**

**CAKE: FLOUR, SUGAR, EGGS, MARG., MILK**

**APRIL 7 – BBQ CHICKEN: CHICKEN, BBQ SAUCE**

**GRAHAM CRACKERS: FLOUR, SOYBEAN OIL, HONEY**

**APRIL 8 – MASHED POTATOES: DEHY POTATOES, MARG., WATER**

**CHICKEN GRAVY: BROTH, ONION POWDER, FLOUR, WATER**

**FRUIT MUFFIN: BLUEBERRIES, SUGAR, MILK, CORNSTARCH**

**DINNER ROLL: FLOUR, YEAST, WATER**

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**APRIL 12 - HAMBURGER: BEEF**

**APRIL 13 – BEEF STEW: BEEF, STEW VEGS, BROTH, FLOUR, ONIONS**

**BISCUIT: FLOUR, BUTTERMILK, SUGAR, MILK, CORNSTARCH**

**FRUIT CRISP: FRUIT, BROWN SUGAR, OATS, MARGARINE,**

**CINNAMON**

**GRAHAM CRACKERS: FLOUR, SOYBEAN OIL, HONEY**

**APRIL 14 – CHILI: BEEF, TOMATOES, KIDNEY BEANS, ONIONS,**

**TOMATO JUICE**

**CHICKEN SALAD: CHICKEN, MAYO, RELISH, EGGS, ONIONS**

**VANILLA WAFERS: FLOUR, YEAST, WATER**

**APRIL 15 – STEWED TOMATOES: TOMATOES, BELL PEPPERS, ONIONS**

**PUDDING: COCOA, MILK, CORNSTARCH**

**DINNER ROLL: FLOUR, YEAST, WATER**

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**APRIL 19 - HOT DOG: BEEF**

**BAKED BEANS: BEANS, KETCHUP, SF SYRUP, ONIONS**

**APRIL 20 – MASHED POTATOES: DEHY POTATOES, MARG., WATER**

**GRAVY: BROTH, WATER, FLOUR, MARGARINE, ONION**

**POWDER**

**DINNER ROLL: FLOUR, YEAST, WATER**

**CAKE: FLOUR, SUGAR, EGGS, MARG., MILK**

**APRIL 21 – BEEF TIPS IN MUSH.GRAVY: BEEF, MUSHROOMS, ONIONS,**

**FLOUR, YEAST, BEEF STOCK, WATER, ONION POWDER**

**DINNER ROLL: FLOUR, YEAST, WATER**

**APRIL 22 – OMELET: EGGS, CHEESE**

**HASH BROWNS: POTATOES, VEG.OIL**

**CINNAMON ROLL: FLOUR, WATER, SUGAR, SOYBEAN OIL,**

**CINNAMON, BAKING SODA, MILK**

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**APRIL 26 – PORK RIBLETTE: PORK, BBQ SAUCE**

**HASH BROWNS: POTATOES, VEG.OIL**

**GRAHAM CRACKERS: FLOUR, SOYBEAN OIL, HONEY**

**APRIL 27 – CHICKEN AND NOODLES: CHICKEN, FLOUR, EGGS, BROTH**

**MASHED POTATOES: DEHY. POTATOES, MARG., WATER**

**DINNER ROLL: FLOUR, YEAST, WATER**

**APRIL 28 – SWISS STEAK IN GRAVY: BEEF, FLOUR, ONION POWDER,  
CRUSHED TOMATOES, BELL PEPPERS, CORNSTARCH,  
BROTH**

**POUND CAKE: FLOUR, SUGAR, EGGS, MILK, MARG.**

**DINNER ROLL: FLOUR, YEAST, WATER**

**APRIL 29 – SMOKED SAUSAGE: PORK, SEASONINGS**

**MASHED POTATOES: DEHY. POTATOES, MARG., WATER**

**PUDDING: COCOA, MILK, CORNSTARCH**

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