# **LINN-MAR WRESTLING CLUB** (2023-24)







<u>Congratulations!!</u> The following LMWC wrestlers placed at the AAU State Meet at the end of the 2022-23 wrestling season. We are looking forward to another great club season.

#### AAU STATE PLACE WINNERS

Steel Morgan – 7<sup>th</sup> Place Hud Turner – 4<sup>th</sup> Place Barrett Mieras – Champion Noah Howk-Erwin – 3<sup>rd</sup> Place Brayden Fish - 2<sup>nd</sup> Place Lily Carlson - 2<sup>nd</sup> Place Will Smith - 8<sup>th</sup> Place Emmett Shedek - Champion Brielle Parke - 6<sup>th</sup> Place

#### CONGRATULATIONS!! TO ALL OF YOU WHO QUALIFIED AND PLACED IN THESE STATE TOURNAMENTS!

### Parent & Wrestler Meeting: Monday – October 30th, 2023 at 6:30pm @ HS Lower Commons

All new & returning wrestling club parents are encouraged to attend this meeting. Club membership forms & fees will be collected at the parent meeting. Practice schedules will also be handed out at this time.

## **Formal Practice Begins:**

Practice for all new & returning wrestling club members will begin the week of—**November 6<sup>th</sup>**, 2023.

**LEVEL 1:** 6:45 PM – 7:45 PM / Mondays only / **Starting November 6<sup>th</sup>, 2023 LEVEL 2:** 6:30 PM – 7:30 PM / Tuesdays & Thursdays / **Starting November 7<sup>th</sup>, 2023 LEVEL 3:** 7:45 PM – 9:15 PM / Tuesdays & Thursdays / **Starting November 7<sup>th</sup>, 2023** 

# **Membership:**

- Level 1: Beginner (K-2), 0-1 years of wrestling experience. Expectations: Attend 2 developmental tournaments minimum
- **Level 2: Intermediate (Grades 1-4)**, 1-3 years of wrestling experience.

  Expectations: Attend 1-2 developmental tournaments and 3 competitive tournaments minimum, opportunity to attend district and state tourney depending on skill level.
- **Level 3: Elite (Grades 5-8)** Expectations: Attend 5 competitive tournaments minimum, opportunity to attend districts and state tourney depending on skill level.

Note: Wrestlers can be moved up or down a level depending on their ability level and access to appropriate partners!

## **Cost:**

Level 1 membership cost is \$80 for the first child in the family and \$60 for all additional children in the same family. Level 2 & 3 membership cost is \$150 for the first child in the family and \$120 for all additional children in the same family.

#### **Important dates:**

Club Merchandise On-Line Order – Due around November 15th

Singlet Order Forms Due – Round 1: October 16<sup>th</sup> Round 2: November 10<sup>th</sup>

Club Picture Night - Monday - November 27th for level 1 and Tuesday, November 28th for level 2 & 3

LMWC Development Tournament - Sunday - December 17<sup>th</sup>. Entry fee is \$15 for our club wrestlers.

LMWC Competitive Tournament - Sunday - January 7th. Entry fee is \$15 for our club wrestlers.

**LMWC** Night - Thursday - December 17<sup>th</sup>. Home dual vs. Waterloo West. All LMWC wrestlers and coaches will be recognized.

Note: All LMWC wrestlers get free admission to all home meets, when accompanied by an adult and wearing their club shirt.