

## FRIDAY ONLY: MANDATORY HEIGHT & WEIGHT CHECK-IN

at Judy Bayley Theatre@ UNLV Campus / 4505 S. Maryland Pkwy, Las Vegas, NV 89145

**2 pm - 4 pm:** All Men Competitors • **4 pm - 6 pm:** All Women Competitors



**NPC STEVE KARR  
LAS VEGAS CLASSIC**

Sanction # 2703

## SATURDAY • AT ARTEMUS W. HAM CONCERT HALL

4505 S. Maryland Pkwy, Las Vegas, NV 89145

**8 am:** Mandatory Competitor Meeting • **10 am:** Prejudging • **6 pm:** Finals

**MORE INFO: CONTACT AUSTIN KARR, 702.324.4801**

[www.NPCLasVegasClassic.com](http://www.NPCLasVegasClassic.com)

### ELIGIBILITY

All Competitors **MUST HAVE**  
a **Current NPC Card**  
Available at check-in.

## MEN'S BODYBUILDING

A. Open Men's : 6 Weight Classes

B. Novice Men's: 3 Weight Classes

C. Master's: 3 Age Groups (Over 40, Over 50, Over 60)

D. Teen: No Height or Weight Classes

**Pre-judge: Quarter Turns and "MANDATORY" Posing Comparisons**

**Finals: 60 SECOND ROUTINE: CDs ONLY. Bring music to Friday night check-in.**

**ALL BODY BUILDERS WHO ARE REQUIRED TO WEIGH-IN MUST WEIGH-IN WEARING POSING TRUNKS. NO EXCEPTIONS.**

### MEN'S WEIGHT CLASS

#### Open Men's Division

A. BANTAM under 143 1/4

B. LIGHT 143 1/4 up to and including 154 1/4

C. MIDDLE over 154 1/4 up to and including 176 1/4

D. LIGHT HEAVY over 176 1/4 and up to including 198 1/4

E. HEAVY over 198 1/4 up to and including 225 1/4

F. SUPER HEAVY over 225 1/4

#### Novice Men's Division

A. LIGHT up to and including 165 1/4

B. MIDDLE over 165 1/4 up to and including 187 1/4

C. HEAVY over 187 1/4

## MEN'S CLASSIC PHYSIQUE

### OPEN MEN'S DIVISION

#### DIVISION A • UP TO & INCLUDING 5'7"

- |  |                           |
|--|---------------------------|
| • Up to & including 5'4"                 | Up to & including 160 lbs |
| • Over 5'4" and up to and including 5'5" | Up to & including 165 lbs |
| • Over 5'5" and up to and including 5'6" | Up to & including 170 lbs |
| • Over 5'6" and up to and including 5'7" | Up to & including 175 lbs |

#### DIVISION B • OVER 5'7", UP TO & INCLUDING 5'10"

- |   |                           |
|---|---------------------------|
| • Over 5'7" and up to and including 5'8"  | Up to & including 182 lbs |
| • Over 5'8" and up to and including 5'9"  | Up to & including 190 lbs |
| • Over 5'9" and up to and including 5'10" | Up to & including 197 lbs |

#### DIVISION C • OVER 5'10"

- |  |                           |
|--|---------------------------|
| • Over 5'10" and up to and including 5'11" | Up to & including 205 lbs |
| • Over 5'11" and up to and including 6'0"  | Up to & including 212 lbs |
| • Over 6'0" and up to and including 6'1"   | Up to & including 220 lbs |
| • Over 6'1" and up to and including 6'2"   | Up to & including 230 lbs |
| • Over 6'2" and up to and including 6'3"   | Up to & including 237 lbs |
| • Over 6'3" and up to and including 6'4"   | Up to & including 245 lbs |
| • Over 6'4" and up to and including 6'5"   | Up to & including 252 lbs |
| • Over 6'5" and up to and including 6'6"   | Up to & including 260 lbs |
| • Over 6'6" and up to and including 6'7"   | Up to & including 267 lbs |
| • Over 6'7"                                | Up to & including 275 lbs |

### MEN'S MASTER DIVISION • 35 AND OVER • ONE CLASS

**Pre-judge: Quarter Turns and "MANDATORY" Posing Comparisons**

**Finals: 60 SECOND ROUTINE: CDs ONLY. Bring music to Friday night check-in.**

**ALL COMPETITORS ARE REQUIRED TO WEAR CLASSIC MENS PHYSIQUE TRUNKS AT WEIGH IN. NO EXCEPTIONS.**

The Judging is scored 100% and will consist of comparisons of the quarter turns and the following four mandatory poses:

Front Double Biceps • Side Chest • Back Double Biceps • Abdominals and Thighs • Favorite Classic Pose (No Most Muscular)

## MEN'S PHYSIQUE

### OPEN MEN'S DIVISION • SIX HEIGHT CLASSES

- |   |  |  |
|---|--|--|
| A. Up to & including 5'7"                 | C. Over 5'8" and up to and including 5'9"  | E. Over 5'11" and up to and including 6' |
| B. Over 5'7" and up to and including 5'8" | D. Over 5'9" and up to and including 5'11" | F. Over 6'                               |

### MEN'S MASTER DIVISION • 35 AND OVER • ONE CLASS — TEENS DIVISION • ONE CLASS

**Judging Criteria • Broad Shorts** / Competitor will walk to the center of the stage alone and perform front and rear turns. The competitor will be brought back out in a group and directed to do turns. Judges will be looking for fit contestants who display proper shape & symmetry combined with muscularity and overall conditioning. **This is not the BODYBUILDING DIVISION**, so extreme muscularity will be marked down.