

Kittitas County Prehospital EMS Protocols

SUBJECT: SOLUMEDROL

ACTION:

Anti-inflammatory, glucocorticoid

INDICATIONS:

Anaphylaxis and Transfusion reactions

CONTRAINDICATIONS:

Systemic fungal infections, TB, Cushing disease, known hypersensitivity

PRECAUTIONS:

Sodium retention with resultant of edema and potassium loss may occur in patients receiving corticosteroids, these agents should be used with caution in patients with CHF, hypertension, or renal insufficiency.

SIDE EFFECTS:

None in the emergent setting. Sodium and water retention, CHF, hypertension, headache, vertigo, hypokalemia, seizures, nausea, vomiting, dysrhythmias.

DOSAGE:

125 mg

ROUTE:

Slow IV Push / IO

PEDIATRIC DOSE:

1-2 mg/kg