

The Dance Annex Studio Schedule Fall 2025	
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Sunday	Monday		Tuesday		Wednesday		Thursday		Friday	Saturday	
	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A/B	Studio A	Studio B
8:00-9:15am Yoga w/Rae Lynn <i>Rowing North Wellness</i>				7:00-8:15am Yoga w/Rae Lynn <i>Rowing North Wellness</i>	5:30-6:15am Strength Training w/Jonna <i>Inspired Movement</i>			8:00-9:15am Yoga w/Rae Lynn <i>Rowing North Wellness</i>	5:30-6:15am Strength Training w/Jonna <i>Inspired Movement</i>	9:00-9:45am Kidancery! (ages 3-4/5)	7:00-8:15am Yoga w/Rae Lynn <i>Rowing North Wellness</i>
9:45-10:45am Modern Dance Lab, 55+Adult Exp. w/Chris & Trish <i>Range of Motion Arts</i>	8:30-9:15am Strength Training w/Jonna <i>Inspired Movement</i>						8:30-9:15am Strength Training w/Jonna <i>Inspired Movement</i>			10:00-10:45am Kinderdance Combo, Level 1/2 (ages 5-7/8)	
11:15-12:30pm Company Class					9:30-10:15am Kidancery! (ages 3-4/5)		9:30-10:15am Kidancery! (ages 3-4/5)		9:30-10:15am Kidancery! (ages 3-4/5)	10:45-11:30am Ballet/Jazz Combo Level 1/2 (ages 8-10/11)	11:45-1:00pm Open Adv. Class Ballet or Other (tbc)

Sunday	Monday		Tuesday		Wednesday		Thursday		Friday	Saturday	
	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio A	Studio B
12:30-7:00pm Rehearsal Block	4:00-4:45 Kinderdance Combo Level 1 (ages 5-6/7)	3:30-4:30pm Ballet 3 (ages 11-14) Technique only, no recital Miss Audrey	4:00-4:45pm Kinderdance Combo Level 1 (ages 5-6/7)	3:45-5:00pm Ballet, Level 4+5B (ages 13+ w/exp) Miss Audrey	4:00-5:00pm Kinderdance Combo Level 2 (ages 6/7-8) Miss Katherine	2:00-2:45pm Kidancery! (ages 3-4/5)		4:00-4:45pm Jazz Teen Intermediate (level 4/5) (ages 13+w/exp.) Miss Maiya	3:45-5:00pm DEL Program *NEW* (ages 11+w/exp)		12:00-7:00pm Rehearsal Block
	4:45-5:30pm Ballet 1 (ages 8-11)	4:30-5:15pm Ballet 3 Stretch/Strengthen /Pre-Pointe* (ages 11-14) Miss Audrey	4:45-5:45pm Tap/Jazz 3 (ages 11-14) Miss Kacie	5:00-5:30pm Pointe Level 4+5B (ages 13+ w/exp) Miss Audrey	5:00-5:45pm Jazz/Tap Combo 1 (ages 8-11) Miss Madison	4:45-5:45pm Ballet 2 (ages 10-12) Miss Audrey	4:30-5:30pm Jazz/Tap Combo 2 (ages 10-12) Miss Kacie	4:45-5:30pm Contemporary (level 4/5) (ages 13+ w/exp) Miss Maiya	5:00-6:00 DEL Reh		PB r l eo sc ek n t a t i o n
		5:30-7:00pm Open Adv. Ballet (Level 5 w/permission)	5:45-6:30pm Tap Teen Inter./Adv. (ages 13+w/exp.) Miss Kacie	5:45-6:45pm Ballet 3 (ages 11-14) Recital class Miss Audrey	5:45-6:45pm Ballet 1 (ages 8-11)	5:45-6:30pm Conditioning (level 4/5) (ages 13+) Miss Audrey	5:30-6:15pm Tap Teen Intermediate (ages 13+w/exp.) Miss Kacie	5:30-6:15 Youth Contemporary (levels 2/3) (ages 10-14) Miss Maiya	6:00-7:30pm ON HOLD		
		Rehearsal Block	6:30-7:30pm Tap Adult Experienced Miss Kacie	6:45-7:45pm Ballet 5A (ages 14+w/exp) Miss Emily	6:45-7:45pm Ballet Beginner Adult Miss Whitney	6:30-7:45pm Ballet 4/5 (ages 13+ w/ exp.) Miss Audrey	6:15-7:00pm Tap Advanced (ages 14+) Miss Kacie	6:15-7:30 Adult Open Int/Adv Contemporary	Rehearsal Block		
				7:45-8:15pm Pointe/Variations 5A (ages 14+w/exp) Miss Emily	7:45-8:15pm Pointe, Level 4/5 (ages 13+w/exp) Miss Julie	7:45-8:15pm Pointe 5 (ages 14+w/exp) Miss Audrey	7:15-8:15pm Tap/Jazz Beginner Adult Miss Whitney				

ALL CLASSES ARE SUBJECT TO CHANGE

ALL AGES ARE A GUIDE AND CLASS APPROVAL MUST BE APPROVED BY THE DIRECTOR

ALL CLASSES MUST MEET A MINIMUM ENROLLMENT TO RUN