

RCUI PUBLIC SEMINAR SERIES
Johannes Kelpius Lodge, Boston, MA

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Held: October 30, 2015

THE FREEDOM SERIES Segment 1.00

INTRODUCTORY REMARKS

It is a true pleasure and honor to have been invited to give this seminar at Johannes Kelpius Lodge—especially during the ancient Pagan and Christian celebrations of Hallow’s Eve. I am most appreciative of all of you. I know that it is not easy to allocate a full day to personal evolution in a busy secular life—and to boot, Halloween is tonight. So again, thanks for attending.

There will be ample opportunities during the day to make comments and ask questions, about the Freedom Exercises or the Rosicrucian Order. You need not be shy. However, during our experiential exercises, questions needed to be shelved until later.

But, enough of fireside chatting, it is time to discuss what we are going to accomplish together this Halloween. The title of today’s exploration is “The Freedom Exercises: Finding Peace in an Uncertain World.”

Truly, mankind exists within a world ripe with uncertainty, misfortune, and

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failed dreams. Unfairness abounds everywhere. None have found a way to change the world. So what can you do? Today, you will discover that deep within your psychobiology exists a "place" of simple joy, simple peace, and well being; a "place" which can be reached and developed via the Freedom Exercises. By keeping ones higher "attention / intention" directed inwardly, while, attending to the chaotic world without, misfortune, failed dreams, and the unfairness of the social world does not disappear. What is gained is an inner strength to persevere in hardships and truly share your heart with others. I call this ability to maintain a portion of your attention / intention inwardly, regardless of chaos, "proper positioning of your center of gravity."

The Freedom Exercises did not originate within the ancient Mystery Schools of Egypt or the Rosicrucian Teachings; however, such exercises are not alien to hermetic philosophy or to any high religion. In fact, the Rosicrucians use a phrase in correspondence between members, "Best wishes for Peace Profound," which fully encapsulates what I am going to demonstrate to you this very day.

For years, I have been a busy 'little MIT beaver' studying the teachings and spiritual exercises contained within many religions and philosophies—ancient and modern. My sole desire being to connect with and understand the original source

from which arose those exalted states spoken of by multiple Avatars and Teachers: Nibbana, Awakening, Grace, or Enlightenment. I was convinced that all descriptions shared one important commonality. If I could discover and prove this commonality via personal experience, I would come to understand how to design the simplest and most effective methods so to allow others to rediscover and strengthen his or her thread with the original source.

The reason for my studies had little to do personally with me; what really bothered me was that I carried a great sadness within my heart, a sadness which would erupt into conscious awareness, now and then; my eyes would swell with big tears and my heart would feel pierced to its very essence. It became unbearable after a few seconds and would leave as suddenly as it had arrived. A sadness I came to know too well, a sadness which I did not own for it belonged to every member of our species.

For a very long time, I did not see an answer to the problem, though, I came to understand why such episodes were necessary for the world—for if none are willing to take such suffering into their own hearts to be processed our species will face extinction. But, to be truly effective, one must be able to take in and neutralize such suffering.

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One day, I was reading Luke 18:16 - 17,

“¹⁶But Jesus called for them, saying, "Permit the children to come to Me, and do not hinder them, for the kingdom of God belongs too such as these.”

“¹⁷Truly I say to you, whoever does not receive the kingdom of God like a child will not enter it at all.”

Instantly, the murky waters of the stream which I had followed for so many years turned crystal clear, my answer resting amongst the smooth pebbles lining it's bottom—one golden nugget. One verse resting within the many—one verse waiting for some traveler of the future to stumble upon it with eyes to see, ears to hear, and an open heart.

Clearly, the answer had been given, so simply, to the world many centuries ago by the Christ. The original source was to be found within the hearts of the newly born children—for only the metaphoric soul of a newly born child exists within the Eternal and Ever-Renewing Kingdom of God. And just as clearly, I realized the true nature of mankind's calamity—none of us realized that we had been born into and had spent the first months of our lives within the Kingdom of God. How could we remember such beatitude as we lacked language and self awareness?

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While, it is impossible for us to remember our original psychospiritual state, as no memories were laid down; proper exercises would reconnect each to his or her disconnected higher aesthetic center by restimulating the associated and dormant brain centers. At last, I had sufficient information to begin designing effective psychoneurological exercises which would slowly reintroduce each participant to the Kingdom of God within.

So let us begin our journey to the Kingdom of God within.

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