### W.I.A.A. REGIONAL CHAMPIONSHIPS

**WHO**: Varsity

WHEN: Tuesday, May 27, 2025

**WHERE**: Oak Creek High School

**TEAMS**: Franklin, Muskego, Oak Creek, Racine Case, Racine Horlick, Racine Park,

South Milwaukee, Waterford

**TIME:** 4;00 p.m. – Field Events

4:30 p.m. – Running Events

BUS LEAVES: 2:30 pm BUS RETURNS: 9:00 pm

**ORDER OF EVENTS:** on back

**MEET PROCEDURES:** Upon arrival, run 4 x 50/100.

Warm-up with teammates in same events.

Know when you compete - check order of events.

Make sure you have all of your equipment. Be sure to show support for your teammates. Make sure you stretch after your final event. Report any injuries to a coach immediately. Be prepared to sub for an injured teammate. After last event, everyone runs 4 x 50/100.

**EATING PROCEDURES:** Eat a good breakfast & lunch.

Bring fruit to eat at the meet.

The concession stand will be open during the meet.

**CLEAN – UP:** Make sure you collect all of your equipment

Hold equipment for a teammate who is competing. Make sure you clean up our area before we leave

**ADMISSION:** \$6.00 – for everyone. Must purchase online

My.hometownticketing.com

# YOU GAIN STRENGTH, COURAGE, AND CONFIDENCE WITH EVERY EXPERIENCE!!!

## WIAA Regional - 2025 Order of Events:

#### 4:30 p.m. Running Events:

1600 m. Coed Wheelchair

4 x 800 m. Relay - Girls

4 x 800 m. Relay - Boys

100 m. Dash Prelims - Girls

100 m. Dash Prelims - Boys

100 m. High Hurdles Prelims - Girls

110 m. High Hurdles Prelims - Boys

## 15 minutes Break

110 m. High Hurdles - Boys

100 m. High Hurdles - Girls

100 m. Dash - Coed Wheelchair

100 m. Dash – Girls

100 m. Dash - Boys

1600 m. Run – Girls

1600 m. Run - Boys

800 m. Relay - Girls

800 m. Relay - Boys

400 m. Dash - Coed Wheelchair

400 m. Dash - Girls

400 m. Dash - Boys

400 m. Relay - Girls

400 m. Relay - Boys

300 m. Low Hurdles - Girls

300 m. Intermediate Hurdles - Boys

800 m. Run - Girls

800 m. Run - Boys

800 m. Run - Coed Wheelchair

200 m. Dash - Girls

200 m. Dash - Boys

3200 m. Run - Girls

3200 m. Run - Boys

1600 m. Relay - Girls

1600 m. Relay - Boys

#### 3:45 p.m. Field Events:

Long Jump -

Girls first then Boys

**Triple Jump -**

Boys first then Girls

**Discus** – Boys first, then Girls

**Shot Put** – Girls first, then Boys

<u>High Jump</u> – Girls first, then Boys

Pole Vault – Boys first, then Girls